

# Champlain Valley Unitarian Universalist Society

February Theme: *Embodying Resilience*

***Meaning Making & Resilience ~ February 8, 2026***

*Congregation is invited to rise.*

**\*Gathering Song**    *One Foot in Front of the Other* by Melanie DeMore

**Welcome & Land Acknowledgement**

Jordan Young

**\*Chalice Lighting**

Our life we live by the light we find  
And follow it on as well as we can,  
Carrying through darkness wherever we go  
Our one little fire that will start again.

**Opening Words**

*One Love*

Rev. Christina Sillari

**\*Hymn**

#121 *We'll Build a Land*

**Time for All Ages**

*Broken Bowl*

Julia Santerre

**Sing Kids Out**

*Let Us Open Our Eyes*

**Pathways to Connection**

**Offering**

Share with *Green Mountain Justice*

**\*Response**

#402 *From You I Receive*

**Milestones and Passages**

**Pastoral Prayer**

**\*Hymn**

#123 *Spirit of Life*

**Silence**

**Sermon**

*Meaning Making & Resilience*

Rev. Christina Sillari

**Anthem**

*Rejuvenation* by Tobin Stokes

**Closing Words**

**Extinguishing the Chalice**

*We extinguish this flame, remembering always to keep Love at the center.*

**Postlude**

*Blue Bossa* by Kenny Dorham

Addison Tate on sax, Jonathan March on drumset

**Stay for Social Hour in the Fellowship Hall!**



# Champlain Valley Unitarian Universalist Society

## Pathways to Connection

**Stay in Touch:** Complete a **Yellow Card** to share a milestone and put in an offering plate; fill out a **Pink Card** to reach the Caring Network; or a **Blue Sheet** if you're new, so we can be in touch. Cards are in the lobby.

**Coming up for February Sunday Worship Theme: Embodying Resilience**

*-Feb 15 Intergenerational Service: Honoring the Moon* Rev. Christina/Julia  
Followed by a Congregational Conversation on where we're headed with ministry & our finances

*-Feb 22 From Abolition to Black Lives Matter (& Beyond)* with Rev. Tricia  
Followed by the next in *Adult RE: Stories that Got Us this Far* series discussion following Rev. Tricia's services  
Followed by *New Members Luncheon* 12-3 pm, Fenn Chapel

**Charter House Meal Prep THIS week, seeking more hands!** Come to lower level kitchen Mon 10 am or Wed 9:30 am to help or sign up to bring items in the link in the Blast & at [cvuus.org/news](http://cvuus.org/news). See Alan Moore, Revell Allen or Michele Lowy.

**Death Cafe Online** 2nd Wed of month at 6 pm (Jan-May) with Rev. Christina & next THIS Wed Feb 11. See blast or [cvuus.org](http://cvuus.org) for zoom link & support materials.

**Valentine's Day Open Mic Night** Come THIS Sat Feb 14, 7 pm in the sanctuary. Open to all ages & guests to attend and perform. Register your offerings--music, readings, skits, dances, sketches by THIS Wed Feb 11. See Carol Harden.

**Interfaith Peace Vigil**, Fri Feb 20, 5-6 pm, Town Hall Theater outdoor plaza

**Game Night**, 3rd Fridays of month with potluck at 6 pm and games at 7 pm. Bring friends to next one Fri Feb 20. RSVP Greenwoods or Spohnheimers (helpful).

**Positively Pan! Steel Drum Lessons**, Wednesdays 7-8 pm throughout March with Jen Cohen. Register online at [cvuus.org/learning/adults/](http://cvuus.org/learning/adults/) for this & other offerings

**Gather, Middlebury's drop-in living room** welcomes guests Tues/Thur/Fri /Sat 10-2 at 76 Court St. See Colleen Brown about hosting & Dinah Smith about food

**CVUUS Charles Ave Community Cupboard** is open Wed/Thurs/ Fri/Sun 9-5 for anyone to take what they need. Place donations in the food cart in our lobby.



**Let's Read Together!** Use our new library catalog QR code here and posted in the library. Don't miss helpful thematically organized reading lists. See Artley Wolfson or Lise Anderson for help.

**Want to receive a weekly update from CVUUS?** Email [office@cvuus.org](mailto:office@cvuus.org).

Visit [uua.org](http://uua.org) to learn about the wider work of UUA and our affiliates.

Visit [cvuus.org](http://cvuus.org) to explore our happenings and most current calendar.