

Champlain Valley Unitarian Universalist Society

February Theme: *Embodying Resilience*

What's Your Question ~ February 1, 2026

** Congregation is invited to rise.*

***Gathering Song** *#95 There Is More Love Somewhere*

Welcome & Land Acknowledgement

Ellen Flight

***Chalice Lighting**

May this hour of tender and courageous connection help us fall
again in love with this wild world.

May it reignite our trust that the path ahead will be gentle.

May it lure us back to belief in the always returning light.

Opening Words

Joy by Lynn Ungar

Rev. Tricia Hart

Anthem

Standing Stone by Melanie DeMore

Questions to Start With

Offering

Shared with *Green Mountain Justice*

***Response**

#402 From You I Receive

Milestones and Passages

Pathways to Connection

Questions to Ponder

Rev. Tricia Hart

***Hymn**

#170 We Are a Gentle, Angry People

Silence

Questions to Take with Us

***Song**

1020 Woyaya

Closing Words

Extinguishing the Chalice

We extinguish this flame, remembering always to keep Love at the center.

Postlude

Precious Lord

Sung by Dr. Francois S. Clemmons

Stay for Social Hour in the Fellowship Hall!

Many thanks to Evan Cooper, Karen Cooper, and Jake Loven for gathering today's questions.



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Pathways to Connection

Stay in Touch: Complete a **Yellow Card** to share a milestone and put in an offering plate; fill out a **Pink Card** to reach the Caring Network; or a **Blue Sheet** if you're new, so we can be in touch. Cards are in the lobby.

CVUUS Directory: Find Mary Hadley for help with Breeze online directory access where you can also track your donations. Find instructions at cvuus.org also. Ask a welcoming host for a print copy with new photos taken by Claire Tessier for those that were missing or seeking updates. Find Claire if you want one taken and Mary if you have contact info corrections or updates needed.

Coming up for February Sunday Worship Theme: Embodying Resilience

-Feb 8 Meaning Making & Resilience with Rev. Christina Sillari

-Feb 15 Intergenerational Service: Honoring the Moon Rev. Christina/Julia

Followed by a Congregational Conversation on where we're headed with ministry & our finances

-Feb 22 From Abolition to Black Lives Matter (& Beyond) with Rev. Tricia

Followed by the next in *Adult RE: Stories that Got Us this Far* series discussion following Rev. Tricia's services

Death Cafe Online 2nd Wed of month at 6 pm (Jan-May) and next on Feb 11. Look for materials to guide you at cvuus.org & in our library (with new QR code).

Charter House Meal Prep! Come to lower level kitchen Mon Feb 9 @ 10 am or Wed Feb 11 @ 9:30 am to help or sign up to bring items in the link in the Blast.

Valentine's Day Open Mic Night Coming up soon on Sat Feb 14, 7 pm in the sanctuary. Open to all ages & guests to attend and perform. Start thinking of your offerings--music, readings, skits, sketches. See Carol Harden by Feb 11.

Positively Pan! Steel Drum Lessons, Wednesdays 7-8 pm throughout March with Jen Cohen. Register online at cvuus.org/learning/adults/.

Game Night, 3rd Fridays of month with potluck at 6 pm and games at 7 pm. Bring friends to next one Fri Feb 20. RSVP Greenwoods or Spohnheimers (helpful).

Gather, Middlebury's drop-in living room welcomes guests Tues/Thur/Fri /Sat 10-2 at 76 Court St. See Colleen Brown about hosting & Dinah Smith about food.

CVUUS Charles Ave Community Cupboard is open Wed/Thurs/ Fri/Sun 9-5 for anyone to take what they need. Place donations in the food cart in our lobby.

Want to receive a weekly update from CVUUS? Email office@cvuus.org.

Visit uua.org to learn about the wider work of UUA and our affiliates.

Visit cvuus.org to explore our happenings and most current calendar.