

May each of us who long for peace in the world  
commit to working with the anger and fear  
in our own hearts.

May each of us who long for a world with less conflict  
commit to resolving the conflicts in our own lives,  
however small.

May each of us who long for social harmony  
commit to being a good neighbor,  
close to home.

May each of us who long for a world where everyone belongs  
commit to coming closer  
to those we fear, avoid, or have turned away from.

May each of us who long for children to be safe and cared for  
commit to supporting the parents and caregivers we know  
who are struggling.

May each of us who are troubled by violence  
commit to ensure no one lives in hopelessness and despair.

May each of us who want a safer place to live  
commit to repairing relationships and practicing restorative justice,  
remembering that without healing,  
there can be no true peace for anyone.

May each of us who weep for the lonely, the lost, and the left behind  
commit to widening our hearts  
for ourselves, for one another,  
especially those we find most difficult to love.

May each of us who want to heal the planet  
awaken to the interdependence of all that is,  
and remember that our own health and happiness  
depend on the health and happiness of all others.

May we practice peace by staying close—  
to this place,  
to these people,  
to this moment.

May all beings know peace.  
Here.  
There.  
Everywhere.



Remembering Those We  
Have Lost

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