



Housing & Drop In Services

Charter House: 27 N. Pleasant St. 989-8621. 24/7

Homeless Shelter & Social Services Agency, Dec 1 - Apr 1, night by night shelter, 7PM intake  

HOPE: 282 Boardman St. Shower, Food Shelf (M-F: 9-3:30), 388-3608; Thrift store, assistance.  

CVOEO: 50 Industrial Ave. (off Exchange St.) tenant, heat/utility weatherization support services (M-F 8-4 closed 12-12:30), 388-2285

Agency of Economic Services: 156 S Village.

800-479-6151 M-F: 7:45-4:30

John Graham Housing & Services: 69 N. Main, Vergennes. 877-2677 (call 24/7) M-F: 8:30-4:30

Addison Housing Works: 877-2626. Affordable housing **HomeShare Vermont.org:** 863-5625. Need reference + background check + car (usually)

Tech Help

Tech Medic: 12 Main St. 377-9930; T & Th, & F 9-5 (cell/computer repairs & sales)

lislely Library: 30 Main St, 388-4095. computer & cell phone navigation help/application completion

Ask Age Well or Atria Collective about if you qualify for a free cell phone

Finance/Legal/Tax Prep (VITA) Help

AC Restorative Justice 282 Boardman St 2nd Fl;

388-3888 record expunging/license restoring legal help
Finance Help: Contact Guthrie 860-1417, x113 or gharthfield@cvoeo.org. Register for zoom classes: cvoeo.org/learn/growing-money-classes

Public Defenders Office 802-786-5823

VT Legal Aid 800-889-2027

Children's Crisis Line Services 802-773-4225

Adult/Elder Protective Services 800-564-1612

Laundry/Showers  

Desabrais: 1232 Exchange St. Open 24/7. Washers: ~\$2.25-\$7.50/load. Dryers: ~\$5. 388-9079

See Housing listings/Gather & Churches (ask)

Town Notices

Opt in for text notifications & to be added to town email list @ townofmiddlebury.org (road closures, winter parking ban notices)

Clothing

Buy Again Alley: 10 Washington St. (next to Retro Realm Arcade) 11-5 M-Sat; Sun 12-4.

Junebug (children/mothers): 211 Maple St (Marbleworks) M-F: 9-5; Sat: 10-4

Marion's Place (HOPE): 334 Boardman 9-4:30 (closed Sun/Mon) 388-3608; hope-vt.org

Neat Repeats: 1428 US Rte 7, M-Sat: 12-4.

Round Robin: 211 Maple St #28 (Marbleworks), 10-5 (closed Sun/Mon)

Food

Community Supper: 2 Main St. Congregational Church of Middlebury. 388-7634; 5-6pm on Fridays. 

3SquaresVT: 54 Creek Road, M-F: 8-4 (closed 12-12:30) 388-2285. Food stamp benefit program

Charter House : 27 N. Pleasant St., 989-8621. Take-out daily lunch 11:30 AM and dinner Sat-Th 5:30 PM

Age Well (Meals on Wheels) 39 Court, M/W/F 9-1, 800-642-5119

Feeding Champlain Valley (CVOEO): 616 Exchange St, 377-3741, M-F 10-3:30, visits 1 per month

Charles Ave Community Cupboard Thur/F/Sun 9-5 & as requested calling 388-8080

Safety/Medical:

Atria Collective: 388-4205. 24/7 confidential hotline for victims/survivors of domestic and sexual violence

CARE Registry (e911.vermont.gov/care)

Mt Health Community Health: 50 Industrial Ave (@CVOEO) walk-in inquiries Tu 8-2:30, call 453-3911 for primary/dental care no-wait intake & 453-6841 (Kelly) for addiction help

Open Door Clinic: 100 Porter Dr. By appt. 388-0137

Porter Medical Express Care: 115 Porter Dr. M-F: 9-6:30; Sat: 9-4:30; Sun: 9-2:30. Walk-in for minor injuries. 388-5678

Parent-Child Center: 126 Monroe St. 388-3171.

Childcare, home-visits, playgroups, counseling
Turning Point: 1590 Rt 7S (returning to 79 Court Dec-Jan), 24/7 by phone 388-4249, drop-in M-F

VT Helplink (vthelplink.org, 565-5465) connects you & loved ones rapidly with substance use treatment

Warm Up/Power Up

Overnight Help (see Housing & Drop In Services)

- **Charter House & John Graham Shelter**

Daytime

- **Gather** 76 Court St; 10-2 Tu/Th/Sat, drop-in community living room
- **Town Buildings** see Public Restrooms listings on front
- **Health Clubs** (daily passes)
- **Churches** (ask) daytime, Sunday mornings
- **Memorial Sports Center** (when open for games)
- **College Library** (hours posted online)

Showers/calls/charging at many above locations (ask)

Transportation

Tri-Valley Transit: Bus stop on Academy St. Bus Routes & Door to Door Rides, trivalleytransit.org

Dial-a-Ride: 388-2287 Usually free. Call 48h in advance to schedule.

Frog Hollow Bikes: 74 Main St. M-Sa: 10-5. Bike rentals & used bikes for sale. 388-6666

Amtrak: 30 Middle Seymour St. Train connects NYC-Burlington amtrak.com

Power Outage Tips

GMP 888-835-4672 or greenmountainpower.com















Items To Have On Hand

battery flashlight portable radio
extra batteries first aid kit
glow sticks can/box food
emergency phone numbers bottled water

Plan where to go if you need to evacuate

Keep phone charged when risk of outage is high

LEGEND

 Narcan	 Needle disposal
 Clothing	 Wifi
 Warming center	 Outlets
 Showers	 Computers
 Housing	 Public phone
 Laundry	 Back Up Power
 Food	 Near bus stop

PARKS (day use)

- Cannon Park: across from 72 Main St
- College Park: 94 S Main St
- Recreation Park: 77 Mary Hogan Dr
- Happy Trail (down Mill St and along river)
- Otter View Park: Intersection of Weybridge St and Pulp Mill Bridge Rd
- Village Green/Triangle Park: Merchants Row and Main St

Scan to see Tri-Valley Transit Bus & Door to Door Ride Options



SIGNS OF HYPOTHERMIA & SEEKING HELP

- Shivering
 - Chattering Teeth
 - Exhaustion
 - Clumsiness!
 - Confusion
 - Sleepiness
 - Rapid breathing, weak pulse
 - Pale skin
 - Trouble speaking/slurred speech
- Frostbite Stages
- Cold/sore/painful
 - Pins & needles
 - Numbness

Move person to a warm, dry location. Remove wet clothes/replace with dry. Cover with jacket/hat/blanket. Apply heat.

CALL 911 and warm the person until help arrives

LOOKING FOR...



MIDDLEBURY

Community Resources and Services

See inside & back to find:

- Housing & Drop-In Services
- Where to Warm Up
- Food/Clothing
- Safety/Medical/Mental Health
- Tech Help/Phone/Computer Access
- Transportation Options
- Finance/Legal/Tax Prep

Public Restrooms

Town Office: 77 Main (front entrance)

M-F: 8-5; 388-8100

Town Library (Isley): 30 Main St M-Th: 9-4; F: 9-5,

Sat: 9-4. 388-4095

Town Police Station: 1 Lucius Shaw Lane

M-Sat: 6AM-10PM, 388-3191

Free cell phone available for use

Midd Recreation Center: 154 Creek Rd. M-F: 8-4

458-8015

Rec Park: 77 Mary Hogan Dr, at the Teen Center

facing the fields; seasonally/variable

Portalettes: (24/7) Midd Rec Park by courts, Village

Green Triangle Park, Mill St. parking lot

Not sure where to start for help?

Try findhelp.org or call 211 (24/7) or text your zip code to 898211 (M-F 8-10) or visit vermont211.org for extensive database

In case of emergency CALL or TEXT 911

Updated Nov 2025

MENTAL HEALTH SUPPORT

Counseling Service of Addison County (CSAC)

main line 8AM - 4PM; 802-388-6751

CSAC Crisis Line 802-388-7641. (24/7)

National Suicide & Crisis Hotline 988

Interlude (peer-led urgent care) 99 Maple St

Suite 16 (Marbleworks), walk-in M-F 10-6 or

458-8219

LBGTQ Hotline 866-488-7386

Veterans Crisis Line - 988 OR 800-273-8255

Orient yourself: Map of Middlebury's Key Resource Centers

