



# Champlain Valley Unitarian Universalist Society

March 2024 - Volume 26, Issue 8

2 Duane Court, Middlebury, VT 05753

(802) 388-8080

## Our Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- \* The inherent worth and dignity of every person;
- \* Justice, equity, and compassion in human relations;
- \* Acceptance of one another and encouragement of spiritual growth in our congregations;
- \* A free and responsible search for truth and meaning;
- \* The right of conscience and the use of the democratic process within our congregations and in society at large;
- \* The goal of world community with peace, liberty, and justice for all;
- \* Respect for the interdependent web of all existence of which we are a part.



## Beloved Community: March Worship Services

Sundays at 10 am onsite & online

Stay for Social Hour in Fellowship Hall

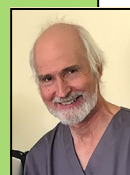


**March 3—Our Neighbors Are Not Our Enemies --** How can we live in peace with our neighbors and avoid seeing them as enemies to our vision of the Beloved Community? Ironically, it is in how we understand and treat our neighbors that we shape the Beloved Community. Led by Elio Farley with Liam Battjes Greenwood.

**Be a Peacemaker while Working for Justice!** De-escalation Training with social activist Kenzie follows in the sanctuary at 11:30 after social hour. Learn how to maintain peaceful interactions with neighbors who are feeling disagreeable. Become a certified member of the Vermont Safety Team and a valuable part of social action.

**March 10—Classism: What Is Class? What Is Classism?—** Rev. Christina explores class and classism from a personal and emotional perspective looking at it through the lens of behavior and language.

**March 17— Diversity, Equity & Inclusion at Doctors Without Borders—**Morris Earle shares his experience learning about global justice. Followed by a congregational conversation in which we preview & discuss our proposed 2024-25 budget.



**March 24—What Can Save Us Now?—** Rev. Johanna Nichols reflects on a poem by Rebecca Ann Parker of this title that Nick Page later put to powerful music that our Choir will sing.

**March 31—Practicing Resurrection—**It's Easter, & there is so much wrong in the world. As people of values, faith & principles, our work is to call out injustice, protest inequity, refuse to give in to lies or fear. But resistance also shows up as a choice to believe in ourselves & one another. Can we still be startled into joy? Led by Rev. Tricia

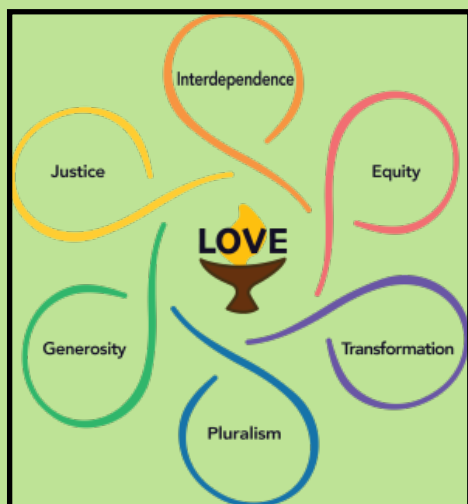


# CVUUS March Newsletter

## Building a Culture of Inclusion

Join UUA's **Paula Cole Jones** Sat. March 2, 10 am – 2 pm presenting on Zoom for an important interactive discussion on living into the 8<sup>th</sup> UU Principle which she helped craft. Listen to her [here](#).

**Calling All Artists!** As you might recall, our ministers have the summer off, and the Worship Team organizes Sunday services from late June until early September. Our **summer theme** will be **Spirituality and the Arts**. This might sound familiar, as we have used this theme before. We love Spirituality and the Arts for its flexibility and its ability to inspire members of the congregation to share their passions and pursuits. Whatever your art form ... music, crafts, drawing, painting, politics, theater, cooking, protesting, designing, sculpture, leadership, wood carving, listening, building, dancing .... really! ... think outside the "art" box! We want YOU to share your passion with us. To find out more, speak with any member of the worship team: Liam Battjes-Greenwood, Becky Strum, Donna Blaszczyk, Karl Lindholm, Ellen Flight or Abi Sessions. We will be glad to help you shape your passion into a worship service.



## How Your Donations Center Love: Preview Our Proposed Budget

The Congregational Conversation on Sun. March 17<sup>th</sup> will be about all you ever wanted to know about the CVUUS budget. The Finance Committee has been working hard to finalize a budget for the 2024-25 year. While it is not yet final, this would be an opportunity for you to ask questions and begin to understand what goes into the budget. The Finance Committee and Personnel Committee will be present to answer your questions. The Congregation needs to approve a budget proposal at our Annual meeting in June, so get a head start on understanding it by attending this discussion after the service.

## 63<sup>rd</sup> UUA General Assembly (GA)

### Love Unites, Stories Ignite Virtual Only, June 20-23, 2024

Participants worship, witness, learn, connect, and make policy for the UU Association. Anyone may attend. More at <https://www.uua.org/ga> for an exciting intro video, to register (reduced rates before March 15), and see the program and items to be discussed and voted on including the final version of the [proposed revision to Article II of the UUA Bylaws](#).

MAKE CVUUS BETTER!

come be part of our interactive  
WHOLE CONGREGATION WORKSHOP

## building a culture of inclusion

SATURDAY, MARCH 2

from 10am to 2pm

presented on Zoom

join from home or in the Sanctuary



led by Paula Cole Jones  
UU leader • gifted speaker  
co-author of the 8th UU Principle

STEPS FOR CVUUS TOWARD  
multicultural change  
dismantling oppression  
living the 8th UU Principle

we'll provide  
drinks and snacks  
bring your own lunch





## Welcome to CVUUS!

Visit us at [cvuus.org](http://cvuus.org), FB CVUUSVT, or email [office@cvuus.org](mailto:office@cvuus.org) to follow us.



## Arrange access to our spaces

Refer people to how to arrange for our spaces [here](#). They are well-ventilated and feature **wifi access (1BamaDiva!)** and gender inclusive bathrooms. We adjust the permitted attendance level and masking requirements depending on COVID conditions so ask the Office when you schedule. [Watch our online calendar](#) for when we are scheduled and when we are available for your small groups or events.

## What Are Your Pronouns?

**Celebrate gender identity** by designating your pronouns on your name tag. Can't find yours? Notify the Office, an usher, greeter or Ginny Ashenfelter. Check the Welcome Table basket in our lobby for collected and blank ones. Contact Poppy Rees about **CVUUS Our Whole Lives (OWL)** which helps youth explore their sexual identity.

## Honoring Indigenous People

CVUUS worship opens with a ringing of the bell and saying: "*We recognize that CVUUS gathers on the land of the Western Abenaki people. We respect their spiritual relationship to the land. We hope to learn from them how we can live together in peace and justice.*" See [cvuus.org](http://cvuus.org)

## CVUUS Anti-Racism Covenant

*"We commit to journey toward spiritual wholeness by working to build a diverse multicultural Beloved Community through our actions that accountably dismantle racism and other oppressions in ourselves and our institutions." Adopted 3.6.23*

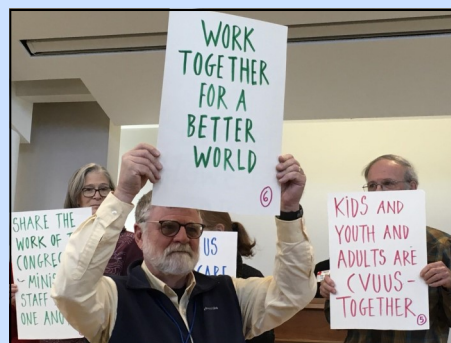


Rev. Tricia

Rev. Christina

## Welcome to Our Ministers

Rev. Tricia Hart ([revtricia@cvuus.org](mailto:revtricia@cvuus.org)) and Rev. Christina Sillari ([revchristina@cvuus.org](mailto:revchristina@cvuus.org)) began in August as part-time contracted ministers to bridge our search for a settled minister. See their video introduction at [cvuus.org](http://cvuus.org). Look for Rev. Tricia in the pulpit most first and fourth Sundays of the month and Rev. Christina on most second Sundays of the month. They're guiding us in meeting our Board's goals for this year. Say hello!







## RELIGIOUS EXPLORATION March 2024

Connection. Joy. Action. Justice. Community. Join us!



### HERE'S WHAT WE HAVE BEEN DOING THESE PAST FEW MONTHS IN RE...

- learned about the proposed **Shared UU Values** and what UUs stand for
- dealt with the emotional hardship of not getting to hold **Jet Pig** as much as we wanted to - and I am talking about all ages of kids, not just the younger ones
- shared our experiences of times where someone did something for another person because it was the right thing to do > **love is at the center**
- raised \$545 (thru ornament sale) for **Charter House Emergency Shelter**
- collected, sorted, folded, packed, and delivered a careful of **donated** hats, sleeping bags, backpacks, gloves, boots, socks, underwear (!), and coats to Charter House
- made small notes which we tucked into every. single. item. A surprise for someone to find later. A reminder that **someone is thinking about the person** who ends up with each thing.

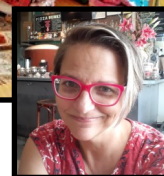


- decorated **cookies** for Charter House Valentine's Day lunch (thanks Michele Lowy and Bobbi Loney for baking)
- nail-biter Ping Pong games with attempts to teach people how to properly serve the ball and not just **whack it as hard as you can** at the other person (this one will take a lot of practice...)
- made and mailed **45 Valentines** to CVUUSers who live alone or could use some extra love (we all could, but that would be a LOT to make)

- **important science experiment** to find out just how many Fenn Chapel cushions someone can sit on before you fall over (11 - not sure how clean the data is if Ted holds the stack up?)
- made a **Dream Mobile** showing dreams we have (or had) for when we are older: atmospheric scientist, pugs, being an activist "which means getting people the resources they need"...
- every RE we start in **our circle**, light the chalice, and someone carefully takes attendance in scrabbly kid handwriting

- we share **Joys and Concerns** - you can share a Joy, and/or a Concern, just silently put your stone in the middle, or pass - at the end, we put all the stones in "for the Joys and Concerns which are unsaid but in our hearts"

**BIG THANKS** to Bobbi Loney, Jess Rouse, Ted Scheu, Micaela Tully, Gina Thomas, Brett Millier, Kas Singh, and Carol Harden for being part of RE in January and February!



~ Love, Poppy,  
your Director of Religious Exploration





## Social Action Updates



### March "Share the Plate" Donee: Atria Collective (formerly WomenSafe)



***Advocacy, education, and social change to end gender-based violence.***

**Our Story:** In 1982 the *Addison County Battered Women's Project* was incorporated as its own entity. It's purpose was "promoting the social welfare of Addison County by reducing the incidence of domestic violence, and primarily, the incidence of abuse against women." From 1988—2001, it was called Addison County Women In Crisis (ACWIC). In 2001, the name "WomenSafe" was officially adopted to signify the mission of the organization, and to acknowledge that intimate partner violence disproportionately affects women and girls (and especially women of color). They purchased the present Middlebury office building in 1998 and an additional building in 2018. The office provides a safe, comfortable setting for support groups and individual meetings with trained staff. We are gender neutral and survivor-centered. Listen first, act second. Survivors know what is best. They are the experts of their own experiences. Our work is rooted in active listening and empowerment. More at [atriavt.org](http://atriavt.org) & by asking board members **Elaine Orozco Hammond & Becky Strum** (above).

**Donate Personal Care Items:** They're in need of a variety of items: Hairbrushes, combs, toothpaste, toothbrushes, soap, hand lotion, chap stick, gift cards to drug stores...anything that will help them care for themselves. Leave in box on the bottom shelf of the grocery basket in the foyer or arrange pick up with **Dottie Nelson**.

### **5th Sunday Donee Easter March 31—Women for Women: Gaza Support**

The global community of Women for Women International (WFWI) invests in women where inequality is the greatest by helping women who are forgotten— survivors of war and conflict, providing them with social and economic skills to transform their own lives. To address the urgent humanitarian needs of women in Gaza, WFWI is working with Wefaq Society for Women and Child Care, a local women's organization that has managed to remain operational, even in this deadly and unstable environment. Through them, they are providing: Hot meals from community kitchen, winter clothes and shoes, blankets and mattresses, hygiene kits, and other essential items like menstrual supplies, milk, diapers for babies and food vouchers, hotlines for trauma informed counseling. More at [womenforwomen.org](http://womenforwomen.org).





## Volunteer & Know You Make a Difference with Your CVUUS Teams



**Charter House Meal Prep Teams** We make dinner for residents (25-40) every 2nd Monday of month and lunch every Wednesday following this which we also serve. Sign up [here](#) or see [Alan Moore](#).

**Community Meal Prep Expands:** Friday Community Supper (free) offers eat-in and continues take out meals at Congregational Church of Middlebury from 5—5:30 pm. CVUUS provides nut-free **baked goods (300 cookies)** on **FOURTH Friday of month**. We look for 6 bakers to make 50 items each & occasional meals. Thanks to our steadfast ones! Join them!

**Meals on Wheels** (9:30 to 11:30 am, week days). CVUUS has a longstanding team on **Mondays** who deliver meals to neighbors coordinated by [Mary Conlon](#). Contact her.



**Habitat for Humanity of Addison County** Join several congregants volunteering to build housing and fundraise. See **Bob House**.

**Everybody Wins VT** seeks reading mentors for Grades 3-5, especially at Mary Hogan Elementary School in Middlebury where there is a wait list of 40 kids seeking this literacy building and fellowship opportunity. Donate one hour a week during kids lunch time recess (~12-1 pm) on Tuesday or Thursday. Contact Sarah Urang at [middlebury@everybodywinsvermont.org](mailto:middlebury@everybodywinsvermont.org). CVUUS provides many mentors over the years, including Priscilla Bremser, Alan Moore & Laura Asermily.



**Tri-Valley Transit Dial-a-Ride** volunteers make a difference in transporting those in need to appointments and shopping. You get reimbursed for mileage and can opt for specific day to drive. Ask Dorothy Mammen for more or go to [trivalleytransit.org/dial-a-ride](http://trivalleytransit.org/dial-a-ride).

**Gather (Drop-In Community Space)** Volunteer to cover shifts at this project of the Breadloaf Mountain Community Zen at 48 Merchants Row in Middlebury. Join our community living room, where everyone is welcome. Open Wednesday to Sunday, Gather is a place to relieve loneliness and connect with others from different backgrounds. Interested? Contact Colleen Brown at [jishu@breadloafmountainzen.org](mailto:jishu@breadloafmountainzen.org). More at [gatheronthegreen.org](http://gatheronthegreen.org)



**Donate Items to HOPE, Have a Heart, Neat Repeats, JuneBug, and Addison Allies!** Tell them you are donating on behalf of CVUUS. Look for the food cart in our foyer for HOPE. **Special collection Sunday March 10!** Bring juice, cereal, granola bars, and soups, especially! *Let's fill the cart!*



## Affordable Housing for Addison

### County YOU CAN HELP EASE THE

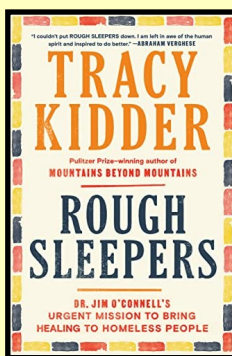
**HOUSING CRISIS** Spread the word among your friends, family and neighbors in Addison County.

- **HomeShare Vermont** See Abi Sessions, Connie Kenna, Ellen Flight & <https://www.homesharevermont.org/>
- **Accessory Dwelling Unit (ADU)** Basic Info: <https://accd.vermont.gov/adu> Addison County Guide: <https://acrpc.org/regional-programs/housing/> See Mike Small.
- **Homes First (Tiny Homes)** <https://homesfirstvt.org/> See Jean Terwilliger.

*Addison County Interfaith Affordable Housing Alliance* meets the first Monday of the month at 7 pm in Fellowship Hall. See Mike Greenwood or Jean Terwilliger & [here](#). Look for & distribute our new brochure.

## **Rough Sleepers: Dr. Jim O'Connell's Urgent Mission to Bring Healing to Homeless People by Tracy Kidder**

**Book Group** concludes Wed Mar 13 in Fellowship Hall. ZOOM option [here](#). Facilitated by Ellen Flight, Tom Morgan, Mike Greenwood. We've mulled ways to support our unhoused guests including how we might open our doors further and honoring those who have died whom we got to know, like Chad.



**Memorial Service for Chad Alsphaugh** (self portrait to right) Thurs. March 7 at 9:30 am at Gather by Charter House Coalition.



## **Migrant Worker Support Continues**

CVUUS hosts Addison Allies ESL class on Tuesday and Thursday mornings (9-11 am) in our Blue Room. Drop by with interest.



## Staying Connected

### Sunday Morning Social Hour

(~11 am): Join exchanges after worship where we check in with each other.

### Weekly "Blast" (Wednesdays):

Provides pathways for connection with links to our upcoming worships, past services, events. Not getting this weekly email?

Submit your news & queries to

[office@cvuus.org](mailto:office@cvuus.org). Our communications assistant Jess Danyow handles this, our website and more on Tues & Thurs afternoons.



### Yellow Card Milestones &

**Passages:** Complete one in the lobby on Sunday morning.

### Council of Ministries:

Mary Hadley, with Susie Patterson and Louise Cadwell, convenes reps from our ministry groups on 1st Monday of month at 5 PM to brainstorm and update each other in Fellowship Hall.



### Need an update on your giving status?

Contact our book keeper **Cara Mosier** at [fm@cvuus.org](mailto:fm@cvuus.org)



or 203-314-3347 on Tuesdays when she works remotely.





# CVUUS March Newsletter

## Music & Choir

Lots of exciting music events happening at CVUUS this spring! Last week, we hosted another **contra dance** with a riveting band and over 50 folks dancing on the Sanctuary floor. We hope to continue planning several contra dances each year!



**Vespers** services are back this spring, with one each month in March, April, and May. Stay tuned for more info about this time for readings, silence, music, and contemplative prayer led by Rev. Christina accompanied by me. Next one **Thur. March 7 at 7 pm**.

On **Fri. March 22 at 7 pm** in our sanctuary, we will host another **Open-Mic Night**. Come play an instrument, sing, dance, tell jokes, read poetry, or whatever makes you come alive! We still have spots available. Sign-up in advance [here](#). Or just attend. Bring friends.

In April, we are trying a new **Noontime Concert Series** each **Wednesday at 12 pm** in the Sanctuary. There will be varied styles and performers. Come take your lunch break by enjoying some live music!

As always, our **choir** is thriving and accepting new singers at any time. We always have room for more instrumentalists, vocalists, and choir members to add music to our services and beyond. Contact me ([music@cvuus.org](mailto:music@cvuus.org)) for more info.

**Middlebury College Community Chorus** continues to rehearse biweekly at CVUUS on Sun and Wed, 7—8:30 pm. It's simply the best rehearsal space in town! Contact me ([rromano@middlebury.edu](mailto:rromano@middlebury.edu)) for more info on singing with chorus. This spring, we are preparing the Faure Requiem performed at the college on Mother's Day May 15 at 5 pm.

**Drumming Abounds!** West African Dance Class with live drumming goes to the college's Wilson Hall for a free 6-week series before returning to us on Mondays at 5 pm while Korean Drumming Class continues on Mondays at 6:30 pm for the rest of March. Try it!

**Opera Co of Middlebury** returns with a Youth Concert on Sat. April 13 at 2 pm and Meet the Singers (of their adult spring opera) on Sat. May 18 at 5 pm with their orchestra rehearsing with us on May 24-25.



CVUUS continues to be a home for community music making of all kinds. We strive to promote and support the arts by providing a communal space for art to be made together. Please reach out if you are interested in hosting your community arts-focused event with us.

Love ,Ronnie



## Explore Small Ministry Groups: A Different Way to Do Church

**Small Ministry Groups** deepen and broaden personal spiritual growth. A group usually consists of 8-10 members who meet monthly. Each meeting is focused on a spiritual or religious topic. We have **four groups** that meet monthly. Most take off for the summer and resume in Sept. More on what small group ministry is all about at [cvuus.org](http://cvuus.org) [here](#). To join or form a group, contact Doug Richards ([drichard@keuka.edu](mailto:drichard@keuka.edu) or 802-989-9387).

**Or join one of our affinity groups.**



**Writers Group** meets the second Monday of the month at 3 pm in Fenn Chapel in Sept. All welcome. Contact [Bobbi Loney](#) at to be added to list.



### CVUUS Sangha & Meditation

You're warmly invited to join us **Sunday evenings at 5 pm** when [Dinah Smith](#) gives guided meditations aimed at those who are new to this or already have a practice. Zoom link [here](#)



**Flower Buds** Help decorate our sanctuary and Fellowship Hall with seasonal arrangements. Contact [Dinah Smith](#) if you'd like to rotate in or could help with our grounds.

Last month featured their theme of empty vessels as symbolic of the option to pour out love, in which we celebrated **Love**, and always. This month features emergence in honor of spring.



## Let's Eat Together

Caring Network invites you to come to **Eastview** (off South St next to Porter) on the **4<sup>th</sup> Tuesday of the month** at noon

so **next on Mar 26** to share lunch with them and the many Eastview residents there who are CVUUS members and friends. Bring your own lunch. Juice/beverage provided by [Dale Birdsall](#) who you can contact with questions or if a ride is needed (377-1322).



## Facilities

**Team** meets the third **Wed of the month** at **10:30 AM** in

the Blue Room and is working hard on several projects from continuing research on cold climate heat pump options to roofing repairs and much more. Let Bob House know if interested.



**Adopt a spot!** We could use extra eyes and hands on keeping us clean and tidy as we host ever more activities and groups

in our buildings. Thanks to Marnie Wood for initiating this idea of adopting a spot that you could help us pay attention to more closely. She watches our ledges, edges, doors and floors to compliment what our sexton Keith Rickerby cleans and clears within his contracted weekend hours (Fri 1-3 pm, Sat ~7-10 am, Sun ~2-4 pm). We appreciate that Keith adjusts his weekend hours to work around scheduled events, clears snow as needed and often pitches in with extra time. Let Marnie or the Office know what spot you could adopt.





## Offering Our Radical Love Gifts

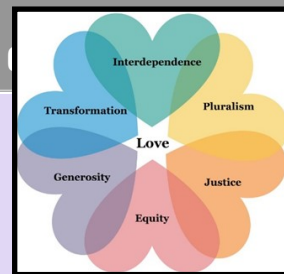
Offerings from our fall exchange have been spreading warmth, cheer, and love throughout the dark winter months. See below for a spirited game night with 4 families hosted by the Greenwoods. To check out the catalog of **RAD LOVE** offerings or to see who won what, look for it in the Fellowship Hall or [check here](#).



## CVUUS Activity Fair & HOPE Food Drive March 10, 11:30 am

Come to Fellowship Hall during social hour following worship. The Council of Ministries invites you to display and recruit for your affinity group and ministry team. Join our tech team (some below) and many, many others.

Bring an item for HOPE food shelf for our lobby cart. They are in particular need of juice, cereal and granola bars (or snacks like that). They ALWAYS like getting canned soup.



## JOIN A VOLUNTEER TEAM!

Volunteer service is part of our mission at Champlain Valley UU and the heartbeat of our spiritual community. Regardless of your gifts or commitment level, we welcome your smiling face, joyful voice, and helping hands.

- Board of Trustees
- Worship Team
- Hospitality
- Religious Exploration (teach and/or assist)
- Community Outreach
- Worship and event tech
- Share the Offering Team
- Green Sanctuary Committee
- Welcome Team/Greeters
- Small Group Ministry
- Special Events
- Caring Network
- Library (of Books and Things)
- Facilities
- Landscaping/Gardening
- Choir
- Music Ministry

SCAN TO LEARN MORE ABOUT ALL OF OUR VOLUNTEER TEAMS



If you want to learn more about our volunteer opportunities, visit [cvuus.brazzschms.com/form/volunteer](https://cvuus.brazzschms.com/form/volunteer) or contact us at [office@cvuus.org](mailto:office@cvuus.org) or 802-388-8080



## Have You Discovered Our CVUUS LIBRARY? Library of Things?

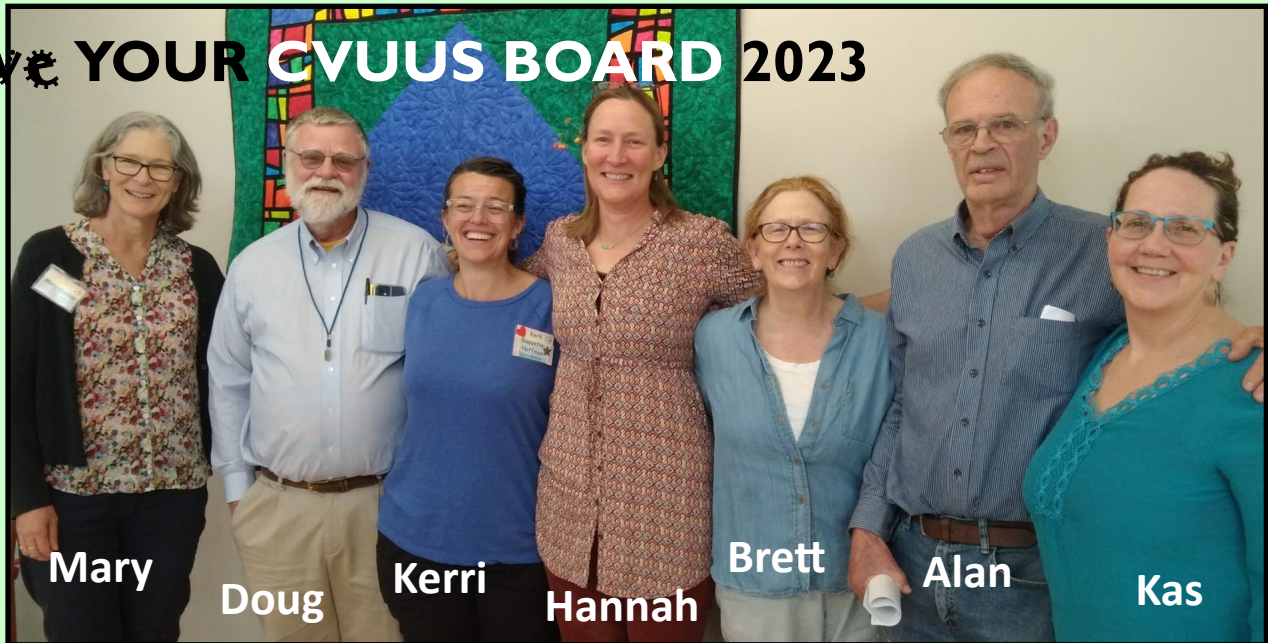
CVUUS has several wonderful adult and children's titles and an [online reading list](#) for finding them. **Catalog:** There's a link to our [library catalog](#) on the CVUUS website under the "Learning" heading. We're happy to locate books for you. Arrange with Office or Artley Wolfson [awolfson@middlebury.edu](mailto:awolfson@middlebury.edu). We also have a **library of things** we are hoping to review and expand. These are items (cribs, camping and sporting equipment, tools, wheel chairs, etc.) we keep in our homes that we are willing to loan others on a short term basis. Let Artley know if you'd like to help with this project. See <https://www.cvuus.org/connection/library-of-things/> for our current inventory of things. Ilsley Library also has a library of things to explore including e-bikes and snowshoes.







## Love YOUR CVUUS BOARD 2023



### Communication Is Key

During our February Board meeting, the Board engaged in a lively discussion about how often and in what ways the Board can best communicate with members and friends of CVUUS. Over the past several years, we've done so in several ways, for example through informational announcements in the Weekly Blast or at the Sunday morning service, by including a monthly Board newsletter article, as well as at coffee hour through informal conversations or by making ourselves available at an "Ask the Board" table. We decided to ask the congregation what might work best for YOU. For example,

- Do you find that the monthly Board article is a good way for you to keep up with Board activities?
- Are there other ways that might be better for you as a means of keeping informed about the Board and what we're up to?
- Do you believe that posting the minutes of Board meetings on a bulletin board in the Sanctuary would be helpful for you?
- Are there other ideas you have about how the Board might communicate with the congregation, or how the congregation might share its thoughts and feelings with the Board?

If you have responses to these questions--or questions or ideas of your own—feel free to contact Doug Richards at [drichard@keuka.edu](mailto:drichard@keuka.edu) or approach any member of the Board either at coffee hour or at some other time. Let's keep the channels of communication open!

Doug Richards, for the CVUUS Board of Trustees





**CARE FOR YOUR HEALTH!** It's prudent for those at risk to wear masks (KN95 remains best).

Testing is fundamental if you have symptoms or feel you've been exposed. **We have extra COVID tests** which we keep in our sanctuary closet. Donate ones to us to refresh our supply. It's worth **getting COVID boosters**. Remember to **use our ventilation systems** when meeting (air purifiers, mechanical ones in sanctuary). May you be well. Call on us if you need help.

**CARE FOR PARKING!** Our lot reserved for those who need accessible spots. **CARPOOL!** See Go! VT [connectingcommuters.org](https://connectingcommuters.org).

**NEED A NAME TAG?** We refreshed the name tag rack. Are you unable to find one you took home? There may be a duplicate for you in the welcome table back drawer. Are we missing you still? Prefer a string or magnet version? Tell one of our Welcoming Hosts (people with yellow name tags).



Laura

## CVUUS HOSTS RETREATS & EVENTS

We continue to welcome groups. Watch our online calendar for availability and see our rates at [cvuus.org](https://cvuus.org). Schedule with Office Manager Laura Asermily ([office@cvuus.org](mailto:office@cvuus.org) or 802-388-8080)

--**Al-Anon** for families and friends of Alcoholics meets weekly on Wednesdays 1:30-2:30 pm in Fenn Chapel, seeks anonymity.

—**PEO (Philanthropic Education Organization)** meets on 2nd Thursday of month at 2 pm in Fenn Chapel. Contact Anne Christie 388-4347

--**Counseling Service of Addison County** back for weekday training (Mar 4-6) and a **Youth Cooking Class** on Fridays 3-5 pm in our lower level kitchen assisted by Jordan Young.

—**Korean Drumming Class** Mondays at 6:30 pm in sanctuary.

--**Grief Group** hosted by Addison County Home Health and Hospice Tuesdays (3-4:30 pm) continuing in our Blue Room.

—**Green Mountain Club** Fri Mar 29 in our sanctuary with speaker Jim Andrews at 7 pm

--**Quilters** (Dorothy Mammen) back for another sit and sew Mon Mar 18 (9-4) in Fellowship Hall and **Rug Hookers** (Kris Andrews) for on Mar 7 & 21 (9:30-12) for a sit and hook. Bring your crafting to us.

--**American Red Cross Blood Drive** on Wed Mar 27 (10-3) and Mon Apr 8 (8:30-1:30)

—**ACORN Energy Co-op Board Retreat**, Thurs Mar 7, 3:30 pm, Fellowship Hall

—**Suicide Prevention Training**, Mon Mar 11, 4:30 pm, Fellowship, avoid access

**Pathways to Joy: Meditation Retreat**, Mar 15-16, Fellowship Hall, register [here](#)

—**Middlebury Rotary Netherlands Dinner Fundraiser**, 6 pm, Fellowship Hall

**CVUUS ZOOM:** Ask Laura (388-8080 or [office@cvuus.org](mailto:office@cvuus.org)) how you can request a cvuus zoom meeting. To "claim host" once you are in: Click on your name in participants" and scroll down below the list of names and click "claim host" and where it asks for the "host key", put in these 6 numbers: **364568**. Click claim.





Missing you?  
Contact Office

Hayden Bernhardt 3/3  
Gloria Gonzalez Z 3/3  
Frances Stone 3/3  
Baxter Harrington 3/4  
Ember Roark 3/5  
Kate Gridley 3/7  
Alan Moore 3/9  
Scott Barkdoll 3/10  
Priscilla Bremser 3/10  
Becky Strum 3/12  
Tieran Santerre 3/13  
Doug Richards 3/14  
Julie Chippendale 3/16

Jeannette Lampron 3/16  
Pat Todd 3/17  
Revell Allen 3/19  
Sonora Gildrien 3/20  
Cheyenne Ross 3/21  
Bennet Fuentes-George 3/23  
Laura Ferguson 3/25  
Sheila House 3/25  
Lynne Balman 3/27  
Andrea Sambrook 3/28  
Jay Harrington 3/29  
Finn Roark 3/30

**Wheel of Life** CVUUS commemorates births and deaths. **Milestones and Passages** are shared each Sunday. Also see **Seasons of Life Fund** above.



for online giving

**Online Giving** <https://cvuus.breezechms.com/give/online> See how to choose options at [cvuus.org/connection/donate](https://cvuus.org/connection/donate) or by code.



Brett and Martha help usher and count our offering. You, too?

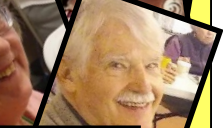
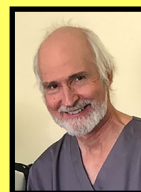


CVUUS Seasons of Life Fund Commemorate personal milestones and passages through financial gifts to CVUUS that provide extra funds for us to fulfill our mission statement. Thank you for considering this .



**Our Caring Network (CN)** provides support, such as calls, visits, meals, and rides, to those in need. If you

think of a need that we could provide for you or any CVUUS member or friend, there are **"pink cards"** on the foyer table in the sanctuary. Please fill one out and place in the nearby envelope marked *Confidential for the Caring Network*. We'll check it weekly and do what we can to facilitate this need. Join Kathryn Schloff (802-349-5264 or [kathrynschloff@gmail.com](mailto:kathrynschloff@gmail.com)), Michele Lowy, Dale Birdsall, Ted Scheu, Ginny Ashenfelter, Morris Earle, Lynne Balman & Bethany Barry in this meaningful work. We meet next on **Tues March 5 at 3 pm** in Fenn Chapel & Zoom.



Visit [www.uua.org](http://www.uua.org) to learn about the wider work of UUA and our affiliates.  
Visit [www.cvuus.org](http://www.cvuus.org) to explore our happenings and most current calendar.



## Champlain Valley Unitarian Universalist Society



2 Duane Court, Middlebury, VT 05753  
Located at Duane Court & Charles Avenue

FOR MORE INFORMATION:  
(802) 388-8080; [office@cvuus.org](mailto:office@cvuus.org)  
Office Hours: M–F, mornings  
Visit our web site at [www.cvuus.org](http://www.cvuus.org).  
And Facebook page CVUUSVT

MINISTERS  
Rev. Tricia Hart  
Email: [revtricia@cvuus.org](mailto:revtricia@cvuus.org)  
Rev. Christina Sillari  
Email: [revchristina@cvuus.org](mailto:revchristina@cvuus.org)

### CVUUS Board of Trustees

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Hannah Sessions– Vice-President	Doug Richards
Mary Conlon – Treasurer	Brett Millier
Kas Singh — Clerk	Alan Moore

### CVUUS Leaders

Caring Network — Kathryn Schloff 349-5264  
Climate Engagement — Lise Anderson 734-255-3434  
Council of Ministries — Mary Hadley 377-2270  
Donation Ministry — Jean Terwilliger 377-1849  
Facilities — Bob House 989-5050  
Fellowship/ Membership—Mike Greenwood 349-5653  
Finance—Mary Conlon 349-0512  
Library & Information Resources — Artley Wolfson 989-7081  
Music Ministry — Chris Murphy 236-1145  
Religious Exploration Council — Tracey Harrington, Jess Rouse  
Safety—Alan Moore 865-335-2028  
Small Group Ministry — Doug Richards 989-9387  
Worship Team — Abi Sessions 349-8147

### CVUUS Staff

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Religious Exploration — Poppy Rees ([re@cvuus.org](mailto:re@cvuus.org), 349-8508)  
Music — Ronnie Romano ([music@cvuus.org](mailto:music@cvuus.org), 201-388-4038)  
Custodian— Keith Rickerby (989-6036)



March Worship Services 10 am  
Beloved Community  
in our sanctuary & on Zoom  
Followed by Social Hour

Return Service Requested  
2 Duane Court  
Middlebury, VT 05753  
Champlain Valley Unitarian Universalist Society

