



# Champlain Valley Unitarian Universalist Society

November 2023 - Volume 26, Issue 4

2 Duane Court, Middlebury, VT 05753

(802) 388-8080

## Our Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- \* The inherent worth and dignity of every person;
- \* Justice, equity, and compassion in human relations;
- \* Acceptance of one another and encouragement of spiritual growth in our congregations;
- \* A free and responsible search for truth and meaning;
- \* The right of conscience and the use of the democratic process within our congregations and in society at large;
- \* The goal of world community with peace, liberty, and justice for all;
- \* Respect for the interdependent web of all existence of which we are a part.



## GENEROSITY: Nov. Worship Services

Sundays at 10 am in our Sanctuary

& on Zoom <https://zoom.us/my/cvuuservice/>

Stay for Social Hour in Fellowship Hall

**Nov 5 —Generous and Brave Go Together—**An ancient Buddhist tale illustrates what it means to live with a “generosity of spirit.” *The Brave Little Parrot* tells the story of a small bird who desperately wants to save the whole forest and all the animals - and how she fails, again and again. Will compassion, perseverance, and courage make a difference, in the end? Join us in a story-service for all ages, full of music and hope. Led by Rev. Tricia with Dir. of Rel. Exploration Poppy Rees. **CLOCKS BACK ONE HOUR!**

**Nov 12—Forgiveness: The Ultimate Act of Generosity** —What is this human capacity for forgiveness? Where does it come from? How can it save the world? Explore forgiveness through powerful stories & personal reflections on our own lives with Rev. Christina.

**Nov 19— The Art of Gratitude** —Guest Haitian American artist Sophia Domeville returns with Esther Charlestin.

**Nov 26—Opening to a New Way—**Change is hard. There’s way too much uncertainty in the world as it is -- why should we invite in any more? The answers have a lot to do with freedom, inspiration, and learning to grow, together. Led by Rev. Tricia.



### Save the Date! More Inside!

**CVUUS Dance (non-gendered!),** Sat. Nov 4, 7 pm, Sanctuary  
**CVUUS Open Mic Night,** Fri. Nov 10, 7 pm, Fellowship Hall  
**Radical Love Exchange Lunch,** Sun. Nov 12, Fellowship Hall  
**CVUUS Thanksgiving Dinner,** Thur. Nov 23, Fellowship Hall



Radical Love Exchange  
“To Do” List Inside!



## A Congregational Conversation: What Might Shared Ministry Look Like at CVUUS?

Following the service on Sun. Oct 22, about 30 CVUUS members and friends participated in a Congregational Conversation sponsored by the Council of Ministries and facilitated by Alan Moore and Rev. Tricia.

### “Shared Ministry—What Is It?”

Rev. Tricia began with a brief introduction to the discussion, noting that ideas about shared ministry have been evolving for a number of years, and that most recently congregations and ministers have been exploring together what shared ministry and shared congregational leadership might look like at a time when ministers are redefining their roles and spiritual communities are transforming themselves in a variety of ways.

Rev. Tricia emphasized the fact that each congregation must define for itself what shared ministry and leadership might look like, based on its own needs and circumstances. At CVUUS, the Board has set a goal of exploring with the congregation this important question, in collaboration with the Council of Ministries.

Rev. Tricia asked participants to offer their own particular understandings of what shared ministry and leadership might look like, and a rich conversation including a number of thoughtful observations ensued. These included the notions that this congregation “belongs to its members” and that its particular history has reinforced this notion for many members. After about an hour of conversation, Rev. Tricia suggested that this particular discussion might best be understood as “the beginning of an ongoing conversation” which could profitably be pursued over the coming months in a variety of forums, perhaps including at Coffee Hour. And the Board invites anyone who wishes to engage in this continuing conversation to reach out to Board or Council of Ministry members with their thoughts and interest. Below is an excerpt from one congregation’s response to the question of what Shared Ministry might mean, taken from the handout provided to participants at the Congregational Conversation:

**What is Shared Ministry?** *Shared ministry lives out the affirmation that all people are called to ministry. As members of a faith community, we are invited to serve together in a spirit of mutuality as partners. Working cooperatively, we strive to discover, develop, utilize, and support the gifts of each person and, as responsible stewards, to participate in the ongoing creative and restoring activity in our communities and the world.*

*Gifts are given to us both as individuals and as a people, and the complementary nature of our gifts is essential for ministering. We are interdependent. We minister as partners. Partners produce an overflow of energy that is greater than the sum of the parts.”*

**—UU Community Church of Washington County, Hillsboro, OR**

Copies of the full handout can be provided upon request by Doug Richards or Alan Moore.



## Welcome to CVUUS!

Visit us at [cvuus.org](http://cvuus.org), FB CVUUSVT, or email [office@cvuus.org](mailto:office@cvuus.org) to follow us.



## Arrange access to our spaces

Refer people to how to arrange for our spaces [here](#). They are well-ventilated and feature **wifi access (1BamaDiva!)** and gender inclusive bathrooms. We adjust the permitted attendance level and masking requirements depending on COVID conditions so ask the Office when you schedule. [Watch our online calendar](#) for when we are scheduled and when we are available for your small groups or events.

## What Are Your Pronouns?

**Celebrate gender identity** by designating your pronouns on your name tag. Can't find yours? Notify the Office, an usher, greeter or Ginny Ashenfelter. Check the Welcome Table basket in our lobby for collected and blank ones. Contact Poppy Rees about **CVUUS Our Whole Lives (OWL)** which helps youth explore their sexual identity.

## Honoring Indigenous People

CVUUS worship opens with a ringing of the bell and saying: *"We recognize that CVUUS gathers on the land of the Western Abenaki people. We respect their spiritual relationship to the land. We hope to learn from them how we can live together in peace and justice."* See [cvuus.org](http://cvuus.org)

## CVUUS Anti-Racism Covenant

*"We commit to journey toward spiritual wholeness by working to build a diverse multicultural Beloved Community through our actions that accountably dismantle racism and other oppressions in ourselves and our institutions." Adopted 3.6.23*



Rev. Tricia

Rev. Christina

## Welcome to Our New Ministers

Rev. Tricia Hart ([revtricia@cvuus.org](mailto:revtricia@cvuus.org)) and Rev. Christina Sillari ([revchristina@cvuus.org](mailto:revchristina@cvuus.org)) began in August for a year as part-time contracted ministers to bridge our search for a settled minister. See their video introduction at [cvuus.org](http://cvuus.org). Look for Rev.



Tricia in the pulpit most first and fourth Sundays of the month and Rev. Christina on most second Sundays of the month. Come say hello!

**New! Vespers**  
Celebrating Solstice  
Thurs. Dec 21, 7 pm,  
Sanctuary

Rev. Christina leads us for a second time in meditative poetry, silence and music accompanied by Ronnie Romano. Try it!





## RELIGIOUS EXPLORATION November 2023

**Connection. Joy. Action. Justice. Community. Join us!**



The theme of this year's LREDA (organization of UU Directors of Religious Exploration) Fall Conference in Milwaukee was **Make A Joyful Noise! Celebrate. Play. Resist.**

We celebrated the power of rest, play, and resistance through worship, workshops, field trips, and identity programming that helped us engage with **some of the most pressing issues in UU religious education today:**

- creating spaces for meaningful & joyful connection
- leading for anti-racism in majority-white spaces
- supporting LGBTQIA+ families
- resisting anti-trans legislation

### What else did we explore?

#### [America's Black Holocaust Museum](#)

- the first civil rights museum I have been to that included a section about the scope, ingenuity and wealth of many African nations before Slavery in the United States
- how to bring racial justice work to our congregation that take us beyond introspection and into action

[Preemptive Radical Inclusion](#) – leading as if everyone is already in the room and creating spaces and experiences that support them. For us, this meant we ALL took COVID tests at the hotel AND we all masked for all inside things.

#### **Trans Justice and Resilience Workshop** with Alex Kapitan, [Transforming Hearts Collective](#)

- learning about the current threats to trans people in the U.S.
- what UU leaders and congregations can do to advocate for trans justice
- creating spaces of safety and resilience for trans people of all ages in our Congregations

**Play and Faith Formation for children, youth and adults.** Heard from a congregation that plays a lot – games at Social Hour tables, multi-age game nights, lots of Ping Pong!

**Let's play and resist together, at CVUUS.**

**~ Love, Poppy - your Director of Religious Exploration**





# CVUUS Nov Newsletter

## Radical Love Exchange “To Do” List!

*What Would You Like to Win?*



Our 2023 Radical Love Exchange fall fundraiser led by Liam and Mike Greenwood and Mary Hadley helps deepen relationships and forms new ones. Give....and you shall receive! On Nov 12, 2023 we will announce winners after a special lunch following worship. Here's how it works:

- **VIEW THE OFFERINGS:** On display now in Fellowship Hall for you to peruse during social hour or whenever you are in the building before Nov 12. Peruse a PDF of the amazing raffle items at [cvuus.org](http://cvuus.org) [here](#). Thank you for your generosity and variety!
- **GET YOUR RAFFLE TICKETS:** Every household gets ten tickets. Kids of the household get an additional 10 tickets to share. Pick up your tickets from Liam or Mike and complete the back of each ticket with your NAME ONLY (by Sun Nov 5, if possible). You can also get tickets online to choose by midnight Thur Nov 9 [here](#).
- **CHOOSE** the items you want by placing your ticket in the corresponding container by Thurs Nov 9. Bid on silent auction items (6), if desired, by Nov 12.
- **WIN SERVICES & ITEMS:** For each item, the raffle team randomly selects winning tickets and notifies the donors and winners on Nov 12.
- **GIVE AS MUCH AS YOU CAN:** Consider the equivalent of 10% of your pledge. Your financial gifts are needed and will be deeply appreciated. But they won't affect anyone's ability to participate in the Exchange, which is more about staying in touch with each other. Make your financial donation online [here](#). That's how we make the exchange **open to everyone** and the winning odds equal for all, regardless of wealth.

## 2nd Annual CVUUS Thanksgiving Dinner Gathering! Thursday Nov 23, 2023

Last year over 25 individuals gathered in Fellowship Hall and celebrated what they were thankful for.



There was lots of food, conversation, and laughter. We'll have live music (Red Dog Riley) and a caller to teach dances! Arrive anytime, but gather for drinks and hors d'oeuvres at 1 pm. Dinner at 2 pm. Thanks to Paul Stone for donating turkey again. Sign up to bring side dishes and desserts during social hour or by contacting Alan Moore or Mike Greenwood.



# CVUUS Nov Newsletter

## Social Action Updates

### November "Share the Plate" Donee: Gedakina

**Gedakina** which means "*Our world, a way of life*" in the Wabanaki language, focuses on the challenges and hardships that Native American youth, women, and communities face daily, which are rooted in multi-generational exposure to systemic poverty, oppression and violence. Gedakina is a multigenerational endeavor to strengthen and revitalize the cultural knowledge and identity of Native American women and their families from across New England. "*We work to conserve our traditional homelands and places of historical, ecological, and spiritual significance and to educate others as to their importance.*" Gedakina initiatives focus on leadership development, education and cultural revitalization, including working with community organizations about how to give appropriate land acknowledgements, helping indigenous families around the Northeast become self-sufficient with Braiding Sweetgrass groups sharing traditional ecological knowledge, and providing educational opportunities in local schools to learn Indigenous language and heritage. See more about them at [gedakina.org](http://gedakina.org) and CVUUS efforts to honor indigenous peoples and hold Thanksgiving during Indigenous People's month [here](#).



*Thanks for your continued support of Donations Ministry. Thanks to all who gave to **ACORN Network Food Hub** in Oct and to **Not in Our Name** on our 5th Sunday. Track how much we contribute to donees at [cvuus.org/justice/sharing-donation-plate/](http://cvuus.org/justice/sharing-donation-plate/).*



### Donate items to Atria (formerly WomenSafe), HOPE, Have a Heart, Neat Repeats, JuneBug, Addison Allies!

Let them know you are donating on behalf of CVUUS. HOPE's food shelf is running very low. *Creamed corn* is a favorite. Thanks for your steady donations. Find our food cart in our lobby or bring directly to them. Atria needs self care items which are collected in the box on the food cart's lower shelf. Thank you!



**Everybody Wins VT** seeks reading mentors for Grades 3-5, especially at Mary Hogan Elementary School in Middlebury where there is a wait list of 40 kids seeking this literacy building and fellowship opportunity. Donate one hour a week during kids lunch time recess (~12-1 pm) on Tuesday or Thursday. Contact Sarah Urang at [middlebury@everybodywins.org](mailto:middlebury@everybodywins.org). CVUUS provides many mentors over the years, including Priscilla Bremser & Laura Asermily. Ask them.







## Volunteer & Know You Make a Difference with Your CVUUS Teams



**Charter House Dinner Prep Team** We make dinner for residents (25-40) every 2nd Monday of month. Sign up [here](#) or see [Alan Moore](#).

**Community Meal Prep Expands:** Friday Community Supper (free) resumes eat-in and continues take out at Congregational Church of Middlebury from 5—5:30 pm. CVUUS continues to provide nut-free baked goods (300 cookies) on FOURTH Friday of month. We look for 6 bakers to make 50 items each & occasional meals.

**Meals on Wheels** (9:30 to 11:30 am, week days). CVUUS has a longstanding team on Mondays who deliver meals to neighbors coordinated by [Mary Conlon](#).



Contact her to cycle in as a regular or sub.

## Affordable Housing for Addison County YOU CAN HELP EASE THE

HOUSING CRISIS Spread the word among your friends, family and neighbors in Addison County.

- **HomeShare Vermont** See Abi Sessions, Connie Kenna, Ellen Flight & <https://www.homesharevermont.org/>
- **Accessory Dwelling Unit (ADU)** Basic Info: <https://accd.vermont.gov/adu> Addison County Guide: <https://acrpc.org/regional-programs/housing/> See Mike Small.
- **Homes First (Tiny Homes)** <https://homesfirstvt.org/> See Jean Terwilliger.

Addison County Interfaith Affordable Housing Alliance meets the first Monday of the month at 7 pm in Fellowship Hall. See Mike Greenwood or Jean Terwilliger & [here](#).

## Staying Connected

**Sunday Morning Social Hour (~11 am):** Join exchanges after worship where we check in with each other.

**Weekly “Blast” (Wednesdays):** Provides pathways for connection with links to our upcoming worships, past services, events. Not getting this weekly email? Contact [office@cvuus.org](mailto:office@cvuus.org).

**Yellow Card Milestones & Passages:** Complete a “yellow card” in the lobby on Sunday morning or submit online [here](#).

## Council of Ministries:

Mary Hadley, with Susie Patterson and Louise Cadwell, convenes reps from our ministry groups on 1st Monday of month at 5 PM to brainstorm and update each other in Fellowship Hall.



Mary

**Need an update on your giving status?** Contact our bookkeeper Cara

Mosier at [fm@cvuus.org](mailto:fm@cvuus.org) or 203-314-3347 on Tuesdays when she works remotely.



## Have You Discovered Our CVUUS LIBRARY?

CVUUS has several wonderful adult and children’s titles and an [online reading list](#) for finding them. **Catalog:** There’s a link to our [library catalog](#) on the CVUUS website under the “Learning” heading. We’re happy to locate books for you. Arrange with Office or Artley Wolfson [awolfson@middlebury.edu](mailto:awolfson@middlebury.edu).





## CVUUS Nov Newsletter

### Thanks for Amazing Migrant Worker Support

CVUUS transformed to host the **Mexican Consulate Visit** on Oct 28 with displays and food while legal documents, the main focus for workers, were processed. *A record number of 164 families were serviced.* Thanks to those who provided food and helped us throughout this VERY long day that was supposed to end at 3:30 but extended to 8:30 pm to allow for as many more unscheduled people as possible to be processed. So many more young families with babies and toddlers came this year (lots of newly arrived workers in our midst) and, sadly, so many unscheduled people came as early as 7:30 pm and as far as St Albans and the Northeast Kingdom who couldn't be served due to time constraints or lack of adequate ID such as needed birth certificates and proof of address.

Fortunately, families could enjoy refreshments including pumpkin muffins made by our RE children. They also enjoyed fellowship and visiting with the many wonderful local organizations on hand who could help them with health checks and vaccines, farm safety, legal aid, free clothing and housewares, English practice, banking, financial aid, Spanish masses and holiday events, and pathways from agriculture to other careers.

Middlebury College Juntos students were invaluable as Spanish speaking greeters and line workers to prepare people for their appointments and cover childcare.

CVUUS' Mary Saudade single-handedly and cheerfully directed parking all morning. Lise Anderson provided much critical help in advance lining up volunteers and donations to assist Laura Asermily and Alan

Moore who put in long hours in overseeing the day. We'll call for more hands on deck for an event of this growing size and demand where another visit or extra day is proposed as greatly needed, as well as a separate Guatemalan consult visit for a growing number of workers from this region in our midst. **ESL classes** for migrant women continue on Tuesdays and Thursdays

(9-11) in Fellowship Hall. Follow efforts to support our migrant neighbors at [cvuus.org](http://cvuus.org) [here](#).







## Explore Small Ministry Groups: A Different Way to Do Church

**Small Ministry Groups** deepen and broaden personal spiritual growth. A group usually consists of 8-10 members who meet monthly. Each meeting is focused on a spiritual or religious topic. We have **four groups** that meet monthly. Most take off for the summer and resume in Sept. More on what small group ministry is all about at [cvuus.org](http://cvuus.org) [here](#). To join or form a group, contact Doug Richards ([drichard@keuka.edu](mailto:drichard@keuka.edu) or 802-989-9387).

**Or join one of our affinity groups.**

**UU Cingles** for those **aged 60+** to gather for fellowship at a local coffee house is **on hiatus** and may emerge as a new group. Stay posted.



**Writers Group** meets the second Monday of the month at 3 pm in Fenn Chapel in Sept. All welcome. Contact [Bobbi Loney](#) at to be added to list.



## CVUUS Sangha & Meditation

You're warmly invited to join us **Sunday evenings at 6 pm** when [Dinah Smith](#) gives guided meditations aimed at those who are new to this or already have a practice. Zoom link [here](#)

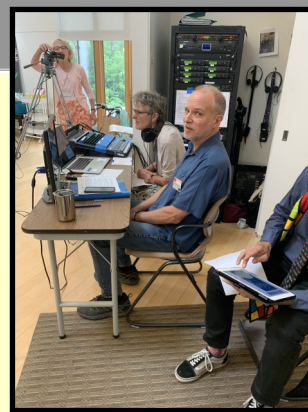
## Gather (Drop In Community Space)

Volunteer to cover shifts at this project of the Breadloaf Mountain Community Zen at 48 Merchants Row (open W-Sat 11-4:30, Sun 9-11). See [Colleen Brown](#) if interested. More [here](#).



## Worship Tech Team

needs some new volunteers. If you're comfortable with technology, we could train you to manage the room sound or manage the visual aspects of worship -- zoom and slides. Please be in touch with [abi.sessions@gmail.com](mailto:abi.sessions@gmail.com) if interested in learning more.



**Shiretown Walk and Talk** meets every other Thursday after school from 3:30 - 5 pm to stroll thru a book chosen by [Liam Battjes Greenwood](#). A round started Sept 14 on *7 1/2 Lessons about the Human Brain* by Lisa Feldman Barrett (2020) and finishes Nov 30.



## Let's Eat Together

Caring Network invites you to come to **Eastview** (off South St next to Porter) on the **4<sup>th</sup> Tuesday of the month** at noon to share lunch with them and the many Eastview residents there who are CVUUS members and friends so **next on Nov. 28**. Bring your own lunch. Juice/beverage will be provided by [Dale Birdsall](#) who you can contact with questions or if a ride is needed (377-1322).

**Flower Buds** Help decorate our sanctuary and Fellowship Hall with seasonal arrangements. We rotate weekend coverage. Contact [Dinah Smith](#) if you'd like to rotate in or could help with weeding our grounds. We welcome holiday decorating help beginning Dec. 2. **Fellowship Hall blooms** with new round tables and décor thanks to **Mike Greenwood & Marnie Wood**.



## Music & Choir

I am consistently amazed at how people in this community gather together so often and with so much enthusiasm to make music together. This, truly, is work that creates a better world for all of us!

### CVUUS Choir (ever-expanding!)

rehearses Thursdays, 5:30 pm in the sanctuary and 9 am before worship services in which they sing. Never too late to join. [Click here](#) for Choir Resources. Find me!

### CVUUS Home-made, Non-gendered Old-time Dance! (Saturday Nov. 4, 7 pm, Sanctuary)

*Homemade* because the musicians and callers are all associated with CVUUS. *Old-time* because the dances we do may be contras, longways sets like the Virginia Reel, big circle dances, or squares. *Non-gendered* because all our dances can be done comfortably with anyone in any role, and the roles are not gendered. *Please invite your friends.* We are not advertising the event to the general public. *All ages are invited.* The dances are suitable for children, but this is not specifically a children's dance. Pre-teens and younger should be accompanied by an adult. We will be dancing in the sanctuary on our lovely sprung wooden floor. People should enjoy dancing wearing soft-soled indoor shoes, slippers, socks, or even bare feet — rather than outdoor shoes, boots or heels. Thanks so much to **Richard Hopkins** for organizing this. Contact him with any questions.

**CVUUS Open Mic Night (Friday, Nov. 10, 7—9 pm, Sanctuary)** There's still time to prepare your "act" — will you (solo or with others) sing, play an instrument, tell a tale, read a poem, do a mime routine, dance, perform a skit? Sign up at a Sunday social hour or by email ([music@cvuus.org](mailto:music@cvuus.org)). Not inclined to perform? Save the date, join the fun as an audience member, and invite your friends. Thanks to **Carol Harden** for organizing this.

**CVUUS Holiday Sing-a-long (Sunday Dec 24, 10 am in place of worship)** I will lead this. Then come back warmed up for the Christmas Eve Pageant led by Poppy Rees at 4 pm followed by the Christmas Eve Service ~ 7 pm led by Rev. Christina. Contact me if you'd like to play an instrument in a Christmas Eve Orchestra I'm forming.

Love, Ronnie Dir. of Music [music@cvuus.org](mailto:music@cvuus.org) (201-388-4038)







## COUNCIL OF MINISTRIES AND BOARD GOALS FOR 2023-24

### 1. Fostering Community: Communication and Connection

- CoM Goal** to Focus on Strengthening our Communications for Connections
- CoM Goal** to Introduce Other Methods for Connecting on Sunday Morning
- CoM Goal** to Provide a Culture of Steadiness and Grounding for this Transition Period
- CoM Goal** to Develop Linkages/Intersections of Caring Network with the Co-Ministers
- Board Goal:** Promote an awareness among the Congregation of the concept of Shared Ministry and what it means during this time of transition, and for the future of CVUUS
- Board Goal:** Encourage joy and fun in congregational meetings and activities as a way of fostering community and connection

### 2. A Multi-generational and Family-Centered CVUUS: Rebuilding RE

- CoM Goal** to Rebuild the Religious Exploration Program
- Board Goal:** Encourage efforts to make our Congregation more multigenerational and family centered

### 3. Supporting Social Justice

- CoM Goal** to Determine How to Effectively Coordinate Social Justice Activities and
- Board Goal:** Further implementation of the Covenant on Antiracism and other Oppressions

### 4. Strengthening Financial Sustainability

- CoM Goal** to Develop Long-Term Financial Stability for CVUUS
- Board Goal:** Strengthen CVUUS financial sustainability

### 5. Working Together To Achieve Our Goals

- CoM Goal** to Ensure that Ministries are Making Progress toward CVUUS's Long Range Plan
- Board Goal:** Review tasks and responsibilities of staff members with the objective of prioritizing those which would make us more effective at achieving our goals.





## West African Dance Class

We're piloting this class in our sanctuary main level for a series of 6 Mondays starting Nov 6 through Dec 11 from 5:15-6:30 pm. Join Soriba "Simbo" Camara in a high energy, quick moving and joyful dance class celebrating the dynamic traditional rhythms from Guinea, West Africa. Live drummers will accompany the class taking the energy to the next level. Bring your loose, comfortable clothing, bare feet, and water! All levels and abilities welcome. Pay on a sliding scale of \$15-20 per session to cover his expense and rent. The organizers affiliated with this especially welcome those who identify as BIPOC and LGBTQIA.



## WHAT CVUUS SAYS ABOUT COVID

**If you have COVID symptoms**, please don't attend CVUUS events (unless you know you have allergies or something like that). Help us protect the many people who are high-risk for COVID who regularly come to CVUUS.

**If you have been exposed to someone with COVID**, it's fine to come to CVUUS but please follow the current CDC guidelines: mask inside around others for 10 days after exposure AND test on Day 5 (or earlier if symptoms).  
**3. If you need COVID tests but aren't able to get them for any reason**, please let us know and we'll get you one. Donate tests to CVUUS.

**CVUUS ZOOM:** Ask Laura (388-8080 or office@cvuus.org) how you can request a cvuus zoom meeting. **To "claim host" once you are in:** Click on your name in participants" and scroll down below the list of names and click "claim host" and where it asks for the "host key", put in these 6 numbers: **364568**. Click claim.

## CVUUS HOSTS RETREATS & EVENTS

We continue to welcome groups. Our next door neighbors Mary Johnson Child Care Center staff appreciate use of our parking lot during the week. Watch our online calendar .

--**Al-Anon** for families and friends of Alcoholics meets weekly on Wednesdays 1:30-2:30 pm in Fenn Chapel, seeks anonymity.

—**PEO (Philanthropic Education Organization)** meets 3rd Thursday of month at 4 pm in Fenn Chapel. Contact Anne Christie 388-4347

—**MUHS Soccer Team Banquet**, Tues Nov 7, 4-9 pm, Fellowship Hall

--**Counseling Service of Addison County** for trainings and retreats Nov 8 & Dec 4-6

—**VT Food Bank** returns for discussion Wed Nov 8 & 15, 1-3 pm in Fellowship Hall

--**Climate Economy Action Center** returns for updates on Wed Nov 8 in Sanctuary.

--**Otter Creek Audubon** Thur. Nov 9, 7 pm in our sanctuary for their annual meeting with speaker Amy Weidensaul on protecting nature for birds and people. All welcome.

—**Breath-Out Workshop** with Dorothea Langevin on Sat Nov 11, 1-3 pm in sanctuary.

--**Opera Company of Middlebury** for auditions Sun Nov 26 and a Youth Concert on Sun Dec 3 in our sanctuary.

—**American Red Cross Blood Drive** none for Nov, next one Dec 27 and monthly into 2024.



**RESERVED PARKING!** In our lot for those who need accessible spots.

**CARPOOL!** See map in Fellowship

Hall & Go! VT [connectingcommuters.org](https://connectingcommuters.org). **NO PARKING!** Along streets (Duane, Water, Charles) or at ACSD Building lot (208 Charles).



## NOVEMBER BIRTHDAYS



Pam Berenbaum 11/1  
Ted Scheu 11/2  
Caroline Carpenter 11/2  
Martha Soderberg 11/8

Declan Timmons 11/8  
Gayle Muenchow, 11/9  
Jason Duquette-Hoffman 11/11  
India Danyow 11/14  
Doug Smith 11/15  
Catherine Goldsmith, 11/17  
Layne Chant 11/18  
Steel Roark 11/20  
Sina Adam (Richards) 11/21  
Kathryn Schloff 11/22  
Tom Morgan 11/24  
Johanna Nichols 11/26  
Jude Stein 11/26  
*Missing you? Contact Office*

### CVUUS Seasons of Life Fund



Commemorate personal milestones and passages

through financial gifts to CVUUS that provide extra funds for us to fulfill our mission statement. Thank you for considering this .

**Wheel of Life** CVUUS commemorates births and deaths. **Milestones and Passages** are shared each Sunday. Also see **Seasons of Life Fund** above.

**Online Giving** <https://cvuus.breezechms.com/give/online> See how to choose options at [cvuus.org/connection/donate](https://cvuus.org/connection/donate) or by code.



for online giving

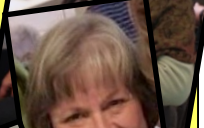
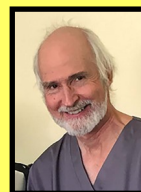


**Mezatanos—Frosty Ice Moon of the Western Abenaki (Nov. 13 - Dec. 11)** “Mezatanos” can also be translated as “Winter Making.” Can you feel the earth around us shifting to *make winter*? Consider sending some images to Liam Battjes Greenwood to use in worship during this month -- intriguing photos of frost on a window, catching a snow flake on the tongue, dark brooding clouds over the hills, ice forming at the edge of a pond or creek.



### Our Caring Network (CN) provides support, such as calls, visits, meals, and rides, to those in need. If you

think of a need that we could provide for you or any CVUUS member or friend, there are now **“pink cards”** on the foyer table in the sanctuary. Please fill one out and place in the nearby envelope marked *Confidential for the Caring Network*. We’ll check it weekly and do what we can to facilitate this need. Join Kathryn Schloff (802-349-5264 or [kathrynschloff@gmail.com](mailto:kathrynschloff@gmail.com)), Michele Lowy, Dale Birdsall, Ted Scheu, Ginny Ashenfelter, Morris Earle, Lynne Balman & Bethany Barry in this meaningful work. Come to our next meeting on **Thurs. Nov 9 at 10:30 am** in Fenn Chapel.



Visit [www.uua.org](http://www.uua.org) to learn about the wider work of UUA and our affiliates.

Visit [www.cvuus.org](http://www.cvuus.org) to explore our happenings and most current calendar.

## Champlain Valley Unitarian Universalist Society



2 Duane Court, Middlebury, VT 05753  
Located at Duane Court & Charles Avenue

FOR MORE INFORMATION:  
(802) 388-8080; [office@cvuus.org](mailto:office@cvuus.org)  
Office Hours: M–F, mornings  
Visit our web site at [www.cvuus.org](http://www.cvuus.org).  
And Facebook page CVUUSVT

MINISTERS  
Rev. Tricia Hart  
Email: [revtricia@cvuus.org](mailto:revtricia@cvuus.org)  
Rev. Christina Sillari  
Email: [revchristina@cvuus.org](mailto:revchristina@cvuus.org)

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Safety—Alan Moore 865-335-2028  
Small Group Ministry — Doug Richards 989-9387  
Worship Team — Abi Sessions 349-8147

### CVUUS Staff

Office Manager — Laura Asermily ([office@cvuus.org](mailto:office@cvuus.org), 388-8080)  
Bookkeeper — Cara Mosier ([fm@cvuus.org](mailto:fm@cvuus.org), 203-314-3347)  
Religious Exploration — Poppy Rees ([re@cvuus.org](mailto:re@cvuus.org), 349-8508)  
Music — Ronnie Romano ([music@cvuus.org](mailto:music@cvuus.org), 201-388-4038)  
Custodian— Keith Rickerby (989-6036)



**November Worship Services 10 am**  
In our sanctuary & on Zoom  
Followed by Social Hour  
**Radical Love Exchange Underway!**  
**CVUUS Thanksgiving Dinner & Contra**  
**Dancing planned! More inside!**

Champlain Valley Unitarian Universalist Society  
2 Duane Court  
Middlebury, VT 05753  
Return Service Requested

