



Champlain Valley Unitarian Universalist Society

October 2023 - Volume 26, Issue 3

2 Duane Court, Middlebury, VT 05753

(802) 388-8080

Our Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- * The inherent worth and dignity of every person;
- * Justice, equity, and compassion in human relations;
- * Acceptance of one another and encouragement of spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.



TRANSFORMATION: Oct. Worship Services



Sundays at 10 am in our Sanctuary & on Zoom
<https://zoom.us/my/cvuusservice/>
Stay for Social Hour in Fellowship Hall

Oct 1—Our Changing Story: Why We're Here (Part 1)—Rev. Tricia Hart reviews the evolution of Western religion, how we Unitarian Universalists fit in, and what difference it makes in how we “do church.” We'll share our Oct. offering plate with ACORN Network.

Oct 8—Liminality—What is liminality? How does being in a liminal space impact us? Can we use liminality as a teacher? Theologian Richard Rohr believes, “*The unique and necessary function of religion is to lead us into this crazy, liminal time.*” We surely are living in crazy times. How do we become friends with liminality? Can we use it as part of our faith to support the transformation of our own beings and the world? Led by Rev. Christina.

Oct 15— Our Radical UU Roots—Led by Rich Wolfson.

Oct 22—Living Community: Why We're Here (Part 2)—Some thoughts on why each one of us is essential, and how we teach one another.



Oct 29—Honoring the Ancestors—How did you come to be who you are? Do you have an ancestor, an antecedent who perhaps determined or transformed the circumstances or destiny of your family, or you in particular. Karl Lindholm helps us share.



Save the Date! More Inside!

New! Vespers Thurs. Oct 5, 7 pm, Sanctuary with Rev. Christina
Radical Love Exchange underway with drawings Sun. Nov 12
CROP Hunger Walk, Sun. Oct 1, 12:30 pm, Midd Town Green
Mexican Consulate Visit, Sat. Oct 28, 9-3, Sanctuary, help us
Affordable Housing Community Conversation, Sun Oct 29, 4 pm



Happy Autumn Equinox!

My favorite turning of the wheel of the year! It is a time when things that once worked may no longer be effective. We may need to adjust the way we typically perceive our reality and let go of energies that no longer serve us, both as individuals and as a community. I like the way Lucille Clifton sees this in her poem *falling leaves*:



Photo by Kate Gridley

the leaves believe
such letting go is love
such love is faith
such faith is grace
such grace is god
i agree with the leaves



New! Vespers

Thurs. Oct 5
7 pm, Sanctuary

Rev. Christina leads us in meditative poetry, silence and music accompanied by Ronnie Romano. Try it!

It was so good to be with you all on Ingathering Sunday. I look forward to seeing you again in person soon. I will be in the area October 3rd through October 8th. If you are a leader and would like to meet with me or if you are a member in need of pastoral support, please reach out so we can schedule a time to be together when I am in town. If not this month, then hopefully in November when I will be with you from the 7th through the 12th.

As some of you know, I left First Parish in Portland Maine two years ago after serving them for eleven years. I thought I was done with parish ministry and took a year off to spend time with family, myself, and the natural world. Then I started my own business working as a shamanic practitioner and spiritual counselor. But the longing to be back in congregational life grew stronger for many reasons. One being that ministry makes me grow in powerful and interesting ways. I knew it was best for my life to serve part time and short term. Last year I served as a part time contract minister for the Unitarian Universalist Community Church in Augusta and found joy and healing with them. I discovered my new calling: part time minister and part time shamanic counselor. I am balanced and happy!

I hold a deep fondness for your congregation and the land in Vermont where many of you dwell. Ever since I spent a month with you a few years ago, when Rev. Barnaby and I did our exchange, I imagined serving you. When I was invited to serve you one quarter time, I knew it could work with my new life. So, thank you for inviting me to be one of your ministers. I am delighted to be part of your journey. I am also deeply grateful to Rev. Tricia. I am resonating with her and learning from her on many levels. We make an excellent team!

So, as we all move through this journey together, let us remember to be kind and patient, curious and questioning as we let go of all that does not serve us to make space for the blessing that is us to emerge.

Big Love, Rev. Christina



Welcome to CVUUS!

Visit us at cvuus.org, FB CVUUSVT, or email office@cvuus.org to follow us.



Arrange access to our spaces

Refer people to how to arrange for our spaces [here](#). They are well-ventilated and feature **wifi access (1BamaDiva!)** and gender inclusive bathrooms. We adjust the permitted attendance level and masking requirements depending on COVID conditions so ask the Office when you schedule. [Watch our online calendar](#) for when we are scheduled and when we are available for your small groups or events.

What Are Your Pronouns?

Celebrate gender identity by designating your pronouns on your name tag. Can't find yours? Notify the Office, an usher, greeter or Ginny Ashenfelter. Check the Welcome Table basket in our lobby for collected and blank ones. Contact Poppy Rees about **CVUUS Our Whole Lives (OWL)** which helps youth explore their sexual identity.

Honoring Indigenous People

CVUUS worship opens with a ringing of the bell and saying: "*We recognize that CVUUS gathers on the land of the Western Abenaki people. We respect their spiritual relationship to the land. We hope to learn from them how we can live together in peace and justice.*" See cvuus.org

CVUUS Anti-Racism Covenant

"We commit to journey toward spiritual wholeness by working to build a diverse multicultural Beloved Community through our actions that accountably dismantle racism and other oppressions in ourselves and our institutions." Adopted 3.6.23



Rev. Tricia

Rev. Christina

Welcome to Our New Ministers

Rev. Tricia Hart (revtricia@cvuus.org) and Rev. Christina Sillari (revchristina@cvuus.org) began in August for a year as part-time contracted ministers to bridge our search for a settled minister. See their video introduction at cvuus.org. Look for Rev. Tricia in the pulpit most first and fourth Sundays of the month and Rev. Christina on most second Sundays of the month. More in Rev. Christina's letter (p. 2). Come say hello!



Replaced Columbus Day in VT since 2016



RELIGIOUS EXPLORATION October 2023

Connection. Joy. Action. Justice. Community. Join us!



1. You are enough. Just as you are. You bring something to our community and world that no one else can bring. **The world needs YOU.**
2. **We will work to make this a place where everyone feels welcome and things are fair for all and we will fight racism and other oppressions** – our RE simplified version of the [8th UU Principle](#) aka the new CVUUS Social Action covenant.

These two beliefs guide our Religious Exploration program for children and youth.

We want everyone in RE (including the adults) to know that they matter and that we need to work to make things better – in ourselves, our CVUUS community, and the world.



Our younger RE group this year is **The Sparks**. Our spark is the light inside us that makes us US. It's what comes alive when we are doing something we love. We can share it. It can ignite big things. The Sparks will be helping RE and the Fenn House spaces live the 8th Principle.

Our older group will be doing ***Crossing Paths***, part 2 (formerly called *Neighboring Faiths*) this Fall. One of our UU values is PLURALITY: the many different ways that people think, desire, believe, live and ARE. *Crossing Paths* investigates religious plurality by looking at different religions through activities, discussions and FIELD TRIPS.

Which ties back into what The Sparks will be doing. Embracing plurality means intentionally making space for differences. This is what **Beloved Community** is – it is a place where ALL people have what they need and are welcome.

RE NEEDS YOUR SPARK!

We need people to LEAD some RE sessions. We have enough assistants now. You could do art, bake, go outside, make music, play games, or build things out of the huge pieces of cardboard I seem to hold onto but never use. The possibilities are endless. Talk to me if you have an idea. I can coach, support, and encourage you.

Be brave and share your spark!

~ Love, Poppy - your Director of Religious Exploration

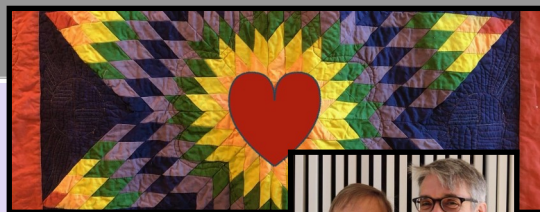




CVUUS Oct Newsletter

Radical Love Exchange Underway!

What Would You Like to Offer?



Our 2023 Radical Love Exchange fall fundraiser led by Liam and Mike Greenwood and Mary Hadley helps deepen relationships and forms new ones. Give....and you shall receive! You can post items you wish to offer through Oct 29, 2023 when we will begin to display raffle items in Fellowship Hall. On Nov 12, 2023 we will draw winners after a special lunch following worship. It will follow a format similar to last year. Here's how it works:

- **POST YOUR OFFERINGS** online [here](#) or ask Mike or Mary to do this for you.
- **CHECK OUT THE CATALOG:** Peruse a PDF of the amazing raffle items at cvuus.org later.
- **GET YOUR RAFFLE TICKETS:** Every household gets ten tickets at the Nov 12th service. You can also get tickets online to choose by midnight Thur Nov 9.
- **WIN SERVICES & ITEMS:** For each item, the raffle team randomly selects winning tickets and notifies the donors and winners on Nov 12.

Q. What could you contribute? Suggestions include baked goods, soups, shopping service, yard work, custom-decorated wreaths, hand knit accessories, housecleaning, ironing, mending, photography session, a hike or outing, dinner for a family. We welcome your creativity! A gift card to a local business is a welcome offering as well. We'll also have a few select items for silent auction, including two handmade quilts and are trying to limit these.

Q. Wait – how does this raise any funds for CVUUS? Good question! The Exchange focuses on the fun and fellowship of traditional fall fundraisers. Your financial gifts are needed and will be deeply appreciated. But they won't affect anyone's ability to participate in the Exchange, which is more about staying in touch with each other. Make your financial donation to support this event online [here](#). That financial donation is how we make the exchange **open to everyone** and the winning odds equal for all participants, regardless of wealth. Consider the equivalent of 5% of your pledge.

2nd Annual CVUUS Thanksgiving Dinner Gathering!

It is happening again, on Thurs, Nov 23, 2023. Last year over 25 individuals gathered in Fellowship Hall and celebrated what they were thankful for. There was lots of food, conversations, and laughter. Consider joining us this year. This year we hope to add some live music and contra dancing, too! Arrive anytime, but gather for drinks and hors d'oeuvres at 1 pm. Dinner at 2 pm. See Alan Moore and Mike Greenwood with questions and ideas.



CVUUS Oct Newsletter

Social Action Updates

October "Share the Plate" Donee: ACORN Network Food Hub



CVUUS seeks to support ACORN (the Addison County Relocalization Network) in its efforts to expand its Food Hub which is centrally located on Middlebury's Exchange Street. The ACORN Food Hub hosts an Online Market and local supply chain support to aggregate, market, and distribute food products from producers and farms around Vermont's Champlain Valley. It makes it easier for wholesale buyers (restaurants, schools, hospitals, retail outlets) and community members to source Champlain Valley products from small and medium sized farms. The Food Hub increases access to markets for local producers, increasing farm viability and contributing to a vibrant local economy. We are also undergoing a feasibility study to potentially add a community kitchen that could be accessed by Viva el Sabor chefs and other community members. For more, watch [here](#) and visit acornvt.org/foodhub.

Thanks for your continued support of Donations Ministry. Thanks to all who gave to [Resource VT](#) in Sept. Track how much we contribute to donees at cvuus.org/justice/sharing-donation-plate/.

*"Thank you so much for your kind note of support and financial donation to our **Flood Recovery Fund [in Aug]**! We've been working steadily to repair our building while also making it more resilient. It looks like we'll be back inside in Oct. In the meantime, our Sunday worship has been at the North Branch Nature Center, a lovely setting.*

With gratitude, Unitarian Church of Montpelier "



Donate items to WomenSafe, HOPE, Have a Heart, Neat Repeats, JuneBug, Addison Allies! Let them know you are donating on behalf of CVUUS. HOPE's

food shelf is running very low. *Creamed corn* is a favorite. Thanks for your steady donations. Find our food cart in our lobby or bring directly to them. WomenSafe needs self care items which are collected in the box on the food cart's lower shelf. Thank you!

Mexican Consulate Visit donations sought to support Viva el Sabor chefs in feeding visitors on Oct 28. Sign up links in Blast & cvuus.org.



Skamonkas

The Corn Moon

Sept. 17 (New Moon)
Sept. 24 (Waxing)
Oct 1 (Full Moon)
Oct. 8 (Waning)





Volunteer & Know You Make a Difference with Your CVUUS Teams

Charter House Dinner Prep Team We make dinner for residents (25-40) every **2nd Monday of month**. Sign up [here](#) or see [Alan Moore](#).



Community Meal Prep Expands: Friday Community Supper (free) **resumes eat-in** and continues take out at Congregational Church of Middlebury from 5—5:30 pm. CVUUS continues to provide nut-free **baked goods (300 cookies)** on **FOURTH Friday of month**. We look for 6 bakers to make 50 items each & occasional meals.

Meals on Wheels (9:30 to 11:30 am, week days). CVUUS has a longstanding team on **Mondays** who deliver meals to neighbors coordinated by [Mary Conlon](#). Contact her to cycle in as a regular or sub driver.



48th Annual Addison County CROP Hunger Walk Sun. Oct 1

Registration opens at 12 pm on the Middlebury Town

Green, with walking group “team photos” at 12:30. The two-mile walk through town begins at 1 pm. Congregants can **find Marnie Wood** who will be walking. You can walk with her and/or give her your donations of cash or check ahead or on the day. Checks should be made out to CWS-Crop. If you prefer to make an online donation, use this [link](#) which you can share with family and friends to donate early and often. More at [cvuus.org](#) [here](#).

Staying Connected

Sunday Morning Social Hour (~11 am): Join exchanges after worship where we check in with each other.

Weekly “Blast” (Wednesdays): Provides pathways for connection with links to our upcoming worships, past services, events. Not getting this weekly email? Contact office@cvuus.org.

Yellow Card Milestones & Passages: Complete a “yellow card” in the lobby on Sunday morning or submit online [here](#).

Council of Ministries:

Mary Hadley, with Susie Patterson and Louise Cadwell, convenes reps from our ministry groups on 1st Monday of month at 5 PM to brainstorm and update each other in Fellowship Hall.



Need an update on your giving status?

Contact our bookkeeper **Cara**

Mosier at fm@cvuus.org or 203-314-3347 on Tuesdays when she works remotely.

Have You Discovered Our CVUUS LIBRARY?

CVUUS has several wonderful adult and children’s titles and an [online reading list](#) for finding them. **Catalog:** There’s a link to our [library catalog](#) on the CVUUS website under the “Learning” heading. We’re happy to locate books for you. Arrange with Office or Artley Wolfson awolfson@middlebury.edu.





Affordable Housing for Addison County YOU CAN HELP EASE

THE HOUSING CRISIS Spread the word among your friends, family and neighbors in Addison County.

- **HomeShare Vermont** <https://www.homesharevermont.org/> See Abi Sessions, Connie Kenna, Ellen Flight
- **Accessory Dwelling Unit (ADU)** Basic Info: <https://accd.vermont.gov/adu> Addison County Guide: <https://acrpc.org/regional-programs/housing/> See Mike Small.
- **Homes First (Tiny Homes)** <https://homesfirstvt.org/> See Jean Terwilliger.

Community Conversation, Sun. Oct 29, 4 pm, The Congregational Church of Middlebury, UCC Hear case studies! This is a repeat of the community conversation held in June. Sponsored by the *Middlebury Area Interfaith Affordable Housing Alliance* which meets on the first Monday of the month at 7 pm in Fellowship Hall. See Mike Greenwood or Jean Terwilliger & [here](#).

Migrant Worker Solidarity Group: CVUUS will host the **Mexican Consulate Visit** on **Sat. Oct 28** near the Day of the Dead which we'll celebrate with displays and food while legal documents, the main focus for migrant workers, are processed. Sign up to bring food [here](#) and to help with greeting, translating, parking, set up, clean up and child care [here](#). Follow efforts to support our migrant neighbors [here](#). **ESL classes** for migrant women resume on Tuesdays and Thursdays at 9 am in Fellowship Hall in October.

CVUUS Climate Engagement Team Consider these:

Pizza & Power: Green & Just Electricity for VT, Tues. Oct 3, 5 pm, Sanctuary. Learn where VT's electricity actually comes from, why changes to current law and energy policies in VT are needed to be truly green and just, how this affects ratepayers, and how we can make sure— with your help!— that critical improvements are made this legislative session.

Skill Up to Power Up, Sat. Oct 14, 10-5 pm, Sanctuary Register at 350VT/events. In person training for climate activists.

Discerning Our Obligations to Respond to Climate Change, Wed.

Oct 25, 5 pm, Middlebury College Dana Auditorium. Chuck Collins, author of *Born on Third Base*, returns to Middlebury to discuss his new book, *Altar to an Erupting Sun*. The book has won praise from Bill McKibben, Kim Stanley Robinson and Winona LaDuke, among others, and asks us to confront our moral obligations to act in the face of climate change. Collins is an expert on economic inequality in the US, and has pioneered efforts to bring together investors and business leaders to speak out publicly against corporate practices and economic policies that increase economic inequality. *Altar to an Erupting Sun* is written to inspire young people to become politically aware and to take positive action.

SKILL UP TO

POWER UP!

IN-PERSON TRAINING DAY
FOR CLIMATE ACTIVISTS

SAT. OCT 14, 10AM-5PM
MIDDLEBURY, VT
REGISTER AT
350VT.ORG/EVENTS

QUESTIONS? EMAIL
TRAININGS@350VT.ORG

Build the skills, knowledge, and power
you need to take action for climate
justice in VT this year!



Explore Small Ministry Groups: A Different Way to Do Church

Small Ministry Groups deepen and broaden personal spiritual growth. A group usually consists of 8-10 members who meet monthly. Each meeting is focused on a spiritual or religious topic. We have **four groups** that meet monthly. Most take off for the summer and resume in Sept. More on what small group ministry is all about at cvuus.org [here](#). To join or form a group, contact Doug Richards (drichard@keuka.edu or 802-989-9387).

Or join one of our affinity groups.

UU Cingles gathers for those **aged 60+** to provide company and conversation. Meets **every other Saturday at 1 pm** often at a coffee shop (Little Seed Coffee). Watch the Blast. For more, call or email Monty Montgomery or Revell Allen.



Writers Group meets the second Monday of the month at 3 pm in Fenn Chapel in Sept. All welcome. Contact [Bobbi Loney](#) at to be added to list.



CVUUS Sangha & Meditation

You're warmly invited to join us **Sunday evenings at 6 pm** when [Dinah Smith](#) gives guided meditations aimed at those who are new to this or already have a practice. Zoom link [here](#)

Gather (Drop In Community Space)

Volunteer to cover shifts at this new project of the Breadloaf Mountain Community Zen at 48 Merchants Row (open W-Sat 11-4:30, Sun 9-11). See [Colleen Brown](#) if interested. More [here](#).

UU Membership Explore UU history and principles at our Oct 15 worship service led by Rich Wolfson. See [here](#) for an overview of UU beliefs. Find Mike Greenwood, Mary Hadley or Martha Fulda with your questions.

Shiretown Walk and Talk emerged in spring 2023 by [Liam Battjes Greenwood](#) and meets every other Thursday after school from 3:30 - 5 pm to stroll thru a book chosen by Liam. The next round started Sept 14 on *7 1/2 Lessons about the Human Brain* by Lisa Feldman Barrett (2020) and finishes Nov . 30. See him!



Let's Eat Out Caring Network invites you to come to **Eastview** (off South St next to Porter) on the **4th Tuesday of the month** at noon to share lunch with them and the many Eastview residents there who are CVUUS members and friends so **next on Oct 24**. Bring your own lunch. Juice/beverage will be provided by [Dale Birdsall](#) who you can contact with questions or if a ride is needed (377-1322).

Flower Buds Help decorate our sanctuary and Fellowship Hall with seasonal arrangements. We rotate weekend coverage. Contact [Dinah Smith](#) if you'd like to rotate in or could help with weeding our grounds.



Music & Choir

Happy fall, everyone! We have had an exciting month of music at CVUUS including a one-day choir retreat, productive rehearsals, and thought-provoking Sunday worship services. I am consistently amazed at how people in this community gather together so often and with so much enthusiasm to make music together. This, truly, is work that creates a better world for all of us!

The Music Ministry Team is excited to announce two musical events: a new **Vespers service (Thursday, Oct. 5th @ 7pm)** and an **Open Mic Night (Friday, Nov. 10th @ 7pm)**. We also plan to host a **contradance**—stay tuned for more info about that! In addition, music with dancing is brewing for the CVUUS Thanksgiving Dinner on Nov 23 (see p. 5).

Do you have other ideas for music events? Reach out to me directly or find me or a Music Ministry Team member at worship on Sunday. Our members are: Chris Murphy, Carol Harden, Lynne Balman, and Revell Allen.

The CVUUS Sanctuary will also continue to host many community music events, including the **Wellspring Hospice Singers** and the **Middlebury College Community Chorus**. This month we also hosted the **Opera Company of Middlebury Orchestra** as they prepared for *Glory Denied*. It's extra special for me to see our space used by so many groups around town. It feels as though we are becoming a real beacon or "hub" for community music-making in Middlebury. Nothing could make me prouder!

Our **House Band** is also off to a great start this year. They played at Ingathering on Sept. 10th. We had a great day combining the band, choir, and congregation to sing together. More coming soon! I also have plans to assemble a **Christmas Eve Orchestra** comprised of CVUUS community members. Please contact me if you are an instrumentalist interested in playing.

As always, please don't hesitate to be in touch with me about all things music, or anything else. Love, Ronnie Dir. of Music music@cvuus.org (201-388-4038)

[Click here](#) for Choir Resources





YOUR CVUUS BOARD 2023-2024



FIRE DRILL during worship this month (hint, hint)

In case of the need to evacuate, please remain calm and exit the facilities quickly. In order to facilitate the fire department's access, we gather across Charles St in Martha Soderberg's yard. If snow or other inclement weather make it impossible for us to gather there, we gather in Martha's home, 107 Water St. We ask that everyone gather there, rather than leaving for home, until all are present and accounted for, and until you're notified that it's safe to return to the Sanctuary and Fenn House. **Parents especially are asked NOT to depart with their children without notifying the RE leaders.** To make evacuation as quick and safe as possible, no one is to return to their seats to collect objects left behind or to try to find relatives or friends.

Parents with children in the Nursery are asked to exit the sanctuary building through the Nursery if it is safe to do so, in order to assist the nursery staff in safely evacuating all children. **RE leaders of groups meeting in the Fenn House:** Gather children hand-in-hand and exit the building through the nearest safe exit. Please take the daily attendance sheet, so we can assure all children are accounted for and all family members find one another. When parents and children have been reunited, the RE leader (s) may leave the children in their parents' care, noting the child's departure with their parent on their attendance sheet.

Those with Mobility Issues: An usher or other appropriate person(s) will assist those with mobility issues to be escorted to the furthest corner of the patio area in front of the Sanctuary (by the large CVUUS sign). From that spot, they can be easily identified by emergency personnel and assisted in further exiting. Those who may slow down the evacuation should wait until others are out. **The Safety Volunteer will be last to leave the Sanctuary** and make a final sweep of all rooms, ensuring no one is left in the sanctuary or other areas of the building, and closing all doors.



WHAT CVUUS SAYS ABOUT COVID

We encourage you to care for yourself and each other in whatever ways you can.

1. **If you have COVID symptoms**, please don't attend CVUUS events (unless you know you have allergies or something like that). Help us protect the many people who are high-risk for COVID who regularly come to worship and groups.

2. **If you have been exposed to someone with COVID**, it's fine to come to CVUUS but please follow the current CDC guidelines: mask inside around others for 10 days after exposure AND test on Day 5 (or earlier if you develop symptoms).

3. **If you need COVID tests but aren't able to get them for any reason**, please let us know and we will get you a test.

EVERY HOUSEHOLD CAN GET 4 FREE TESTS IN MAIL AGAIN!

Go HERE to order them. DONATE TESTS YOU DON'T NEED TO CVUUS We have them for folks who can't find any in stores (often a problem) or are too sick to go get them. DON'T THROW OUT "EXPIRED" TESTS! Tests may show "expired" dates on the box, but FDA has extended those dates; look up YOUR tests to see the updated expiration dates.

TAKE CARE! LET IN THE AIR!

CVUUS ZOOM: Ask Laura (388-8080 or office@cvuus.org) how you can request a cvuus zoom meeting. To "claim host" once you are in: Click on your name in participants" and scroll down below the list of names and click "claim host" and where it asks for the "host key", put in these 6 numbers: **364568**. Click claim.

CVUUS HOSTS RETREATS & EVENTS

We continue to welcome groups. Our next door neighbors Mary Johnson Child Care Center staff appreciate use of our parking lot during the week. Watch our online calendar .

--**Al-Anon** for families and friends of Alcoholics meets weekly on Wednesdays 1:30-2:30 pm in Fenn Chapel, seeks anonymity.

—**PEO (Philanthropic Education Organization)** meets 3rd Thursday of month at 4 pm in Fenn Chapel. Contact Anne Christie 388-4347

--**American Red Cross** for blood drives on Wed Oct 18 (10-5), Fri Nov 24, Wed Dec 27.

--**Counseling Service of Addison County** returns for trainings and retreats Oct 3 & 10.

--**350VT** returns for climate change events and trainings on Tues Oct 3 and Sat Oct 14.--

Wedding Reception (Zuki Mahmulin), Sat. Oct 7, 1-5, Fellowship Hall

--**Sonora** (small band) rehearses in our sanctuary once a month next on Oct 15.

--**Pollinator Pathways of Addison County** in our sanctuary Mon Oct 16, 7 pm to inspire us on gardening measures. See Bethany Barry.

--**Breath-Out Workshop** with Dorothea Langevin on Sat Oct 21, 1-3 pm in sanctuary.

--**Green Mountain Club** returns with talks including one on **living with bears** on Oct 24, 7 pm in our sanctuary.

--**Quilters** continue to use our Fellowship Hall for sewing and events. See Dorothy Mammen.



RESERVED PARKING! In our lot for those who need accessible spots.

CARPOOL! See map in Fellowship Hall & Go! VT connectingcommuters.org. **NO PARKING!** Along streets (Duane, Water, Charles) or at ACSD Building lot (208 Charles).



OCTOBER BIRTHDAYS



Bobbie Carnwath 10/2
Ronnie Romano 10/3
Rich Hennessey 10/4

Kas Singh 10/4
David Durgin 10/5
Eric Nelson 10/5
Alice Berninghausen 10/8
Seth Gibson 10/10
Simone Duquette-Hoffman 10/11
Jameson Sylvia Oct 11
Jennifer Barker 10/13
Clara Chant 10/14
Lise Anderson 10/15
Steve Butterfield 10/17
Joanna Colwell 10/18

Dee Carroll Oct 20
Chris Mason 10/20
Keith Rickerby 10/23
Brian Mason 10/24
Stella Raishart 10/24
Neily Jennings 10/25
Anne Christie 10/26
Barbara Karle 10/26
Pat Schmitter 10/28
Eleanor Raishart 10/29
Milo Rees 10/30
Cady Baker-Rouse 10/30
Missing you? Contact Office

Wheel of Life CVUUS commemorates births and deaths. **Milestones and Passages** are shared each Sunday. Also see **Seasons of Life Fund** below.

Online Giving <https://cvuus.breezechms.com/give/online> See how to choose options at cvuus.org/connection/donate or by code.



for online giving



CVUUS Seasons of Life Fund

Share your joy or concern with the CVUUS. Members and friends can commemorate personal milestones and passages through financial gifts to CVUUS that provide extra money for us to fulfill our mission statement. The names of the donors are noted in our monthly newsletter. There is no minimum amount and the size of your donation will not be made public. Thank you for considering this if you—or someone you know—want to honor a birthday, marriage, retirement, anniversary, death, or achievement.



Our Caring Network (CN) provides support, such as calls, visits, meals, and rides, to those in need. Please contact Kathryn Schloff (802-349-5264 or kathrynschloff@gmail.com) to make arrangements or to join her, Michele Lowy, Dale Birdsall, Ted Scheu, Ginny Ashenfelter, Morris Earle and Lynne Balman in this meaningful work. **Refer to the Caring Network (CN) Survey Report** at cvuus.org [here](#) for feedback collected in May 2023 on better utilizing the Library of Things and providing for the needs of those at CVUUS. Look for **"pink cards"** in our sanctuary and our bulletin board in Fellowship Hall for ways to let us know your needs. Caring Network meets on the **2nd Monday of the month at 10:30 am** in the Blue Room if you'd like to join our team.



Visit www.uua.org to learn about the wider work of UUA and our affiliates.
Visit www.cvuus.org to explore our happenings and most current calendar.

Champlain Valley Unitarian Universalist Society



2 Duane Court, Middlebury, VT 05753
Located at Duane Court & Charles Avenue

FOR MORE INFORMATION:
(802) 388-8080; office@cvuus.org
Office Hours: M–F, mornings
Visit our web site at www.cvuus.org.
And Facebook page CVUUSVT

MINISTERS
Rev. Tricia Hart
Email: revtricia@cvuus.org
Rev. Christina Sillari
Email: revchristina@cvuus.org

CVUUS Board of Trustees

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Hannah Sessions– Vice-President	Doug Richards
Mary Conlon – Treasurer	Brett Millier
Kas Singh — Clerk	Alan Moore

CVUUS Leaders

Caring Network — Kathryn Schloff 349-5264
Climate Engagement — Lise Anderson 734-255-3434
Council of Ministries — Mary Hadley 377-2270
Donation Ministry — Jean Terwilliger 377-1849
Facilities — Bob House 989-5050
Fellowship/ Membership—Mike Greenwood 349-5653
Finance—Mary Conlon 349-0512
Library & Information Resources — Artley Wolfson 989-7081
Music Ministry — TBD
Religious Exploration Council — Tracey Harrington, Jess Rouse
Safe Congregation—Alan Moore 865-335-2028
Small Group Ministry — Doug Richards 989-9387
Worship Team — Abi Sessions 349-8147

CVUUS Staff

Office Manager — Laura Asermily (office@cvuus.org, 388-8080)
Bookkeeper — Cara Mosier (fm@cvuus.org, 203-314-3347)
Religious Exploration — Poppy Rees (re@cvuus.org, 349-8508)
Music — Ronnie Romano (music@cvuus.org)
Custodian— Keith Rickerby (989-6036)



Radical Love Exchange Underway! More inside!

Followed by Social Hour

In our sanctuary & back on Zoom

October Worship Services 10 am

Champlain Valley Unitarian Universalist Society
2 Duane Court
Middlebury, VT 05753
Return Service Requested

