

Our Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- * The inherent worth and dignity of every person;
- * Justice, equity, and compassion in human relations;
- * Acceptance of one another and encouragement of spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.

Champlain Valley Unitarian Universalist Society

July-Aug 2023 - Volume 26, Issue 1

2 Duane Court, Middlebury, VT 05753 (802) 388-8080



Spirituality & the Arts Summer Worship Services

Sundays at 10 am in our Sanctuary (no Zoom, limited recordings) Stay for Social Hour in Fellowship Hall

Kids of all ages are invited to come to worship. We love kids! They can sit in chairs, on the floor, or over in our Kid Area. Our Nursery (all ages) is open, with a changing table, and supervised.

July 2—Stringing Our Heart Along: Music as Sanctuary in the Search for Self—Hilary Hatch, a retired Vermont Symphony violinist and new CVUUS member reflects on how the arts can be our life-line. We'll share our offering plate with two organizations working to reduce gun violence (in



with two organizations working to reduce gun violence (inside).



July 9—Making Music with Friends—Chamber music with Richard Hopkins, Carol Harden and Janie Wulff.

July 16—Crafting Saves Lives—Ellen Flight with creative crafters of all ages.



July 23—Breathing Together: Relationships & Intimacy in Theatre-- Playwright Gina Stevensen reflects on how the ancient practice of communal story telling



allows for connection, empathy & meaning.

July 30th — Seeing Beauty in the Uncomfortable--Art Instructor and Fabric Artist, Jenny Muskopf, in-

vites us to see beauty in the uncomfortable. When Jenny lived in CA, she'd go to sites that experienced deadly shootings and create a 3-D mandala on the sidewalk to invite healing thoughts. She also has a whole family of giant cockroaches — fabric sculptures that are at 12-18 inches long of various species of them. Her fifth grade class at Shoreham elementary has enjoyed her artwork & inspiration, and we hope you will too!



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Spirituality & the Arts Summer Worship Services (cont'd)



Aug 6--The Artist's Way: A Spiritual Path to Higher Creativity-- "One of the great misconceptions about the artistic life is that it entails great swathes of aimlessness. The truth is that a creative life involves great swathes of attention. Attention is a way to connect and survive"- Julia Cameron from The Artists Way. Understanding that attention is a form of meditation and prayer, and simple draw-

ing with no judgment or pre-conceived thoughts is a pure form of attention (and FUN!). Starting June 6 Hannah committed herself to making a sketch a day for 60 days. She will discuss the effects of this practice from her perspective and others, share her sketches, and hopes that all in attendance will join her in her final sketch on August 6 - view from the pulpit. A fun and celebratory service about the power of art to inspire attention and gratitude!



Aug 13—Dancing through Life and Understanding Life Through Dance— With Christal Brown, Middlebury College Dance Professor.



Aug 20 — Giving Thanks for the Unnoticed or Forgotten--Larry Vanderburgh will invite us to see the unnoticed or forgotten, and notice its beauty and its life story. He will do this by sharing his artwork of powerful locomotives, rusty tractors or Afghan ship-breakers. But he will also do this by inviting us into Mussorgsky's "Pictures at an Exhibition" which was a musical response to visual artwork and a tribute to a recently deceased friend — Victor Hartman. Kate Gridley will be playing selections from Mussorgsky's composition which

was originally written for piano. Worship Associate, Liam Battjes-Greenwood will provide a Time for All Ages and explore how simple objects can trigger memories with older friends.



Aug 27—Celebrating the Poetry of Ruth Stone—With Brett Millier and others.



Sept 3—Gardening at Birdsong—with Bethany Barry who has dedicated herself, with others, to the sacred work of protecting pollinators. See more of those efforts <u>here</u>.

Sept 10—Ingathering of Principles & Water—Bring your summer waters to pour into our communal bowl. Led by our new interim minister with music from our



Choir. Kids start with Poppy and then will join the adults. Zoom resumes.



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Welcome to CVUUS!

Visit us at cvuus.org, FB CVUUSVT, or email office@cvuus.org to follow us.



Arrange access to our spaces Refer people to how to arrange for our spaces here. They are well-ventilated and feature wifi access (1BamaDiva!) and gender inclusive bathrooms. We adjust the permitted attendance level and masking requirements depending on COVID conditions so ask the Office when you schedule. Watch our online calendar

for when we are scheduled and when we are available for your small groups or events.

What Are Your Pronouns?

Celebrate gender identity by designating your pronouns on your name tag. Can't find yours? Notify the Office, an usher, greeter or Ginny Ashenfelter. Check the Welcome Table basket in our lobby for collected and blank ones. Contact Poppy Rees about **CVUUS Our Whole Lives (OWL)** which helps youth explore their sexual identity.

Honoring Indigenous People CVUUS

worship opens with a ringing of the bell and saying: "We recognize that CVUUS gathers on the land of the Western Abenaki people. We respect their spiritual relationship to the land. We hope to learn from them how we can live together in peace and justice." See **cvuus.org/**

CVUUS Anti-Racism Covenant

"We commit to journey toward spiritual wholeness by working to build a diverse multicultural Beloved Community through our actions that accountably dismantle racism and other oppressions in ourselves and our institutions." Adopted 3.6.23

Affordable Housing for Addison County

YOU CAN HELP EASE THE HOUSING CRISIS



Spread the word among

your friends, family and neighbors in Addison County. Housing advocates say that only about 1,000 people in Addison County know about these resources.

1) <u>HomeShare Vermont https://</u> www.homesharevermont.org/

2) <u>Accessory Dwelling Unit (ADU)</u> Basic Info: <u>https://accd.vermont.gov/adu</u> Addison County Guide: <u>https://acrpc.org/regionalprograms/housing/</u>

3) <u>Homes First (Tiny Homes)</u> <u>https://</u> homesfirstvt.org/

Come Sunday Oct 22 at 4 pm to The Congregational Church of Middlebury, UCC to hear case studies. This is a repeat of the community conversation held in June. Sponsored by the Middlebury Area Interfaith Affordable Housing Alliance which meets on the first Monday of the month at 7 pm in Fellowship Hall (resuming Aug 7). See Mike Greenwood or Jean Terwilliger for more or <u>here</u>.



CVUUS KIDS THIS SUMMER

CHOICES FOR KIDS DURING WORSHIP

RELIGIOUS EXPLORATION

1. Sit with family and be part of worship (sitting on the floor is totally fine!)

2. **Hang out in Sanctuary Kid Area** where we have a low table and chairs, cushions, books, fidget toys, stuffies, Bristle Blocks, coloring pages, and drawing supplies.

3. Go to Nursery Space for All Ages which is open for older kids and staffed by a great group of UU high schoolers and friends. Unstructured play, art, building, etc. with lots of available materials. Kids will have snack at Social Hour, with their families. Hours: 9:45-11:15

RELIGIOUS EXPLORATION FOR CHILDREN AND YOUTH IN THE FALL

We do our best to base our offerings on our actual CVUUS kids, in terms of numbers, ages, etc. We have been limited by a lack of volunteers since COVID and are considering how best to deal with that reality. Information will come out at the end of the Summer.

UU AT HOME – ONLINE FAMILY RESOURCES

There are many, many ways to live your UU faith at home with your kids. Check these out and let me know if you come across other resources that you recommend to families.

My UU Pinterest boards

If you like SEEING ideas more than just reading about them, Pinterest is for you. Activities, book lists, traditions, craft projects, and a lot more.

<u>UU stuff in general</u> <u>8th Principle: Anti-Racism, Anti-Oppression</u> <u>crafty stuff - not all UU</u> <u>LGBTQIA+</u> <u>for Youngers - Spirit Play, etc.</u> <u>REinvention ideas</u> <u>Undercover Kindness Agents</u> <u>coloring pages</u>

CVUUS Anti-Racism Covenant Kid wording (draft) *"We will work to make this a place where everyone feels welcome and things are fair for all and we will fight racism and other oppressions." Adopted 3.6.23*

<u>Growing Young Justice-Makers - UUA.org</u> Resources and ideas to help families talk about and engage children in living UU values through social justice.

<u>Revolutionary Humans</u> A Black-run organization supporting social justice efforts in parenthood for all families. Includes activities, printouts, posters. Their mission: "to advance social equity in every community through art, allyship, and action in every family."

What Is the 8th Principle? A Message for All Ages - video 2.5 minute video about the new 8th Principle that CVUUS just adopted – also called our new Anti-Racism/Social Justice Covenant.



~ Love, Poppy - your Director of Religious Exploration



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Social Action Updates



Summer "Share the Plate" Donees: Reducing Gun Violence

July: <u>New Yorkers Against Gun Violence Education Fund</u> informs the public, particularly youth, about the dangers of gun violence and ways to prevent and reduce it. It works in schools and communities to educate New Yorkers about the root causes and impact of gun violence, as well as holistic solutions to the problem. Their signature in-school program, ReACTION, is one of many programs empowering students disproportionately affected by gun violence to become leaders for safe and just communities.

<u>Giffords Center for Violence Intervention</u> was created to champion the community organizations working to save lives on the ground, because such organizations are remarkably effective when given the proper funding and support. The team <u>researches and pro-</u> <u>motes</u> community violence intervention strategies, connects community organizations to policymakers and to one another, and helps secure funding for violence intervention initiatives nationwide. Gifford's, led by former Congresswoman Gabby Gifford, believes gun violence is a complex problem requiring a range of solutions. It inspires the courage of people from all walks of life to bring an end to gun violence, a uniquely American Epidemic.

August: VT Flood Relief In response to recent floods driven by climate change, we'll split between several organizations targeted on Montpelier/Barre. See Blast & cvuus.org.

Thanks for your continued support of Donations Ministry. Thanks to all who gave to our June Donee **Rutland Area Chapter of NAACP.** Track how much we contributed to them and others at **cvuus.org/justice/sharing-donation-plate/.**

"Have-a-Heart Food Shelf (HAH) is so grateful for your most generous donation. We were so excited to be selected as a recipient of your May 2023 donation. Thank you for welcoming me to speak on Mother's Day. It was wonderful to share with you all. Allison P" P.S.—Help us weed and glean at New Leaf Organics in Monkton



Donate items to WomenSafe, HOPE, HAH, Neat Repeats, JuneBug and Addison Allies!



Let them know you are donating on behalf of CVUUS. Look for our lobby cart. HOPE's food shelf provides basic personal

care items as well as food to families in need. They're *really low on condiments and jams* and could also use *Depends/Poise products*, toilet paper, dish soap, laundry detergent pods, etc. Donations can be brought to CVUUS or 282 Boardman Street in Middlebury, Monday-Friday, 9-4. Or, if you're shopping at the Hannaford or Shaw's in Middlebury, there are donation boxes for HOPE at the front of the stores. WomenSafe needs self care items also. Thanks!

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Volunteer & Know You Make a Difference with Your CVUUS Teams

Charter House Dinner Prep Team We make dinner for residents (25-40) **every SECOND Monday of month**. Sign up <u>here</u>.

Community Meal Prep Expands: Friday Community Supper remains take-

out only with pick up at back door of Congregational Church of Middlebury from 5-6 pm. During COVID, meals were prepared by local restaurants and cookies/baked goods were provided by local faith groups and organizations. As COVID funding expired this spring, faith groups and organizations have been asked to resume meal preparation. CVUUS agreed to cover June 16th for the 300+ take-out meals. Thanks to those who worked with organizers **Kathryn Schloff** and **Alan Moore** to make delicious shepards pie.



CVUUS continues to provide nut-free **baked goods (300 cookies) for on FOURTH Friday of month.** We look for 6 bakers to make 50 items each. Thanks to **Michele Lowy, Revell Allen, Gayle Muenchow, Andrew Menkart, Barbara Merz, Gail Borden, Lynne Balman, Morris Earle, Alice Berninghausen, Mary Conlon** and **Sheila House** for consistently signing up over the past months. We hope more will. See <u>Alan Moore</u>. Sign up <u>here</u>.

Caring Network/Abolition Kitchen Meals: Michele Lowy feeds us in so many ways. Find her with others providing soups, dishes, and cookies for not only community meals and pies for our Rhubarb Festival, but also for her CVUUS family and BIPOC

neighbors. Here she is pictured in 2019 leading a Caring Network effort to pre-stock soups.

Meals on Wheels (9:30 to 11:30 am, week days). CVUUS has a longstanding team on **Mondays** who deliver meals to neighbors coordinated by <u>Mary Conlon</u>. Contact her to cycle in as a regular or sub driver.

Wermont Affliates **Habitat for Humanity** Join many longtime CVUUS congregants who pitch in to build first homes. Speak with <u>Bob House</u> if interested.

Tri-Valley Transit Dial-a-Ride Help transport your Addison County neighbors to their needed appointments. You get reimbursed for gas. Speak with <u>Dorothy Mammen</u> for more.

Gather (Drop In Community Space): Volunteer to cover shifts at this new project of the Breadloaf Mountain Community Zen at 48 Merchants Row (open W-Sat 11-4:30, Sun 9-11). See <u>Colleen Brown</u> if interested. More <u>here.</u>







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CVUUS has Pride! Middlebury College student and Midd Pride organizer **Elio Farley** spoke at the well-attended gathering of those witnessing Transgender rights in Vergennes on June 20, including many CVUUS congregants. More here. Elio also kicked off Midd Pride Parade on June 25 in which CVUUS marched, led by Poppy Rees and Jessica Rouse. Find Elio when he/they joins us for worship.



Climate Engagement Group: Our E-tool Garden and Landscape Social Hour was postponed from June till the fall. We are considering a film showing for the community from Vermont Interfaith Power and Light and accessing or funding a climate action grant newly



available from them. Locally, the Climate Economy Action Center of Addison County (CEAC) is focusing on residential weatherization to reduce energy use. Visit the <u>CEAC website</u> for more.

Migrant Neighbors Celebrated W e reflected on the lessons of <u>A</u> <u>Most Costly Journey: Stories of Migrant Farmworkers in VT</u> while enjoying AMAZING food prepared by one of the Viva el Sabor chefs last Fri-

day in Fellowship Hall on June 23. Remember that Addison Allies Network (AAN) is looking for volunteers to provide rides to migrant workers and their families for medical and dental ap-

pointments. AAN sends out emails to a list of potential drivers with the date, time, and location of the ride requested. If you can provide the ride, you respond to the request and AAN provides further details. If you can't just hit delete. Masks are commonly worn by drivers and passengers. Let <u>Lise Anderson</u> know if you would like to join the list of potential drivers. Our area migrant workers are glad to call us home and will be back for the next Mexican Consulate visit on Oct 28.

UUA General Assembly (Covenant Work Advanced) We gathered for Social Hour *before* Worship on June 25 to enjoy fruit crisps (thank you bakers!) before streaming worship live from GA. This ena-

bled us to connect with the thousands of UU's watching the closing worship service of our denomination's annual gathering and to hear from some of our national leaders. We wondered if we could see our delegates who traveled to Pittsburgh, including **Tom Morgan** and **Brett Millier** (pictured). See <u>uua.org</u> for GA highlights. *See <u>here</u> for what it means to be a UU.*





Explore Small Ministry Groups: A Different Way to Do Church

Small Ministry Groups deepen and broaden personal spiritual growth. A group usually consists of 8-10 members who meet monthly. Each meeting is focused on a spiritual or religious topic. We have **four groups** that meet monthly. Most take off for the summer and resume in Sept. More on what small group ministry is all about at cvuus.org <u>here</u>. To join or form a group, contact Doug Richards (drichard@keuka.edu or 802-989-9387).

Or join one of our affinity groups.

UU Cingles gathers for those aged 60+ to provide company and conversation. Meets every other Saturday at 1 pm often at a coffee shop (Little Seed Coffee). Watch the Blast. For more, call or email Monty Montgomery, Revell Allen or Marjorie Carson.



Writers Group will take off for

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the summer and resume meeting on the second Monday of the month at 3 pm in Fenn Chapel in Sept. All welcome. Contact Bobbi Loney at to be added to list.



CVUUS Sangha & Meditation You're warmly invited to join us **Sunday evenings at 6 pm** when <u>Dinah Smith</u> gives guided medita-

tions aimed at those who are new to this or already have a practice. Zoom link <u>here</u>



Flower Buds Help decorate our sanctuary and Fellowship Hall with seasonal arrangements. We rotate weekend coverage. Contact <u>Dinah Smith</u>.

<mark>រររររររ</mark>រ I <mark>Music & Choir</mark>



Ronnie's Successor FOUND! With great joy and relief, we are pleased to inform you that Ronnie Romano will NOT be stepping aside after all and be staying with us for another year. Email <u>music@cvuus.org</u> to be added to the choir list. Rehearsal resumes Sept.



World Music Day We gathered in our sanctuary on to jam for this annual event held traditionally on the first day of summer as a way to celebrate music and summer hosted by Counseling Service of Addison County's Community Bridges
Program with us. CSAC calls us home.



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You're Invited to these Summer Opportunities

Sacred Earth Sacred Soul with John Philip Newell Sunday, July 16, 7-9 pm All Souls Interfaith Gathering in Shelburne

Celtic Spirituality teacher, John Philip Newell, will be giving a talk. His talk will include selections of Sam Guarnaccia's music performed by a chorus of twelve Vermont singers. Tim Guiles will conduct and accompany them on the piano. John Philip will be talking from the wisdom of his recent book, <u>Sacred Earth Sacred Soul</u> with music to include pieces from Sam's Emergent Universe Oratorio and the Celtic Mass for Peace. Registration information: <u>https://www.allsoulsinterfaith.org/</u> To cover their expenses, All Souls will be charging a nominal entrance fee.

SACRED EARTH SACRED SOUL

JOHN PHILIP NEWELL

All Souls Interfaith Gathering, Sunday, July 16th 7:00 pm to 9:00 pm

loin us for an evening with renowned Calif: Spirituality teacher John Philip Newall, John Philip will speak from his new book, **Sacred Earth Sacred Soul**, which was the 2022 Gold Winner of the Nautifus BookAward for Spirituality and Religious Thought of the West

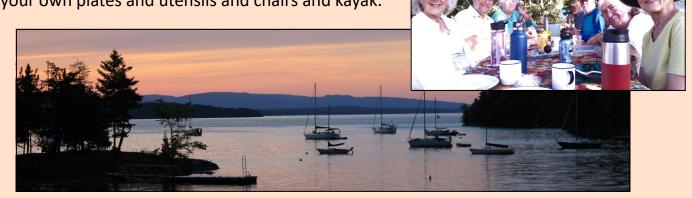
Neweli will be accompanied by a specially convened chorus performing selections from Sem Guarneccia's compositions, A Cellic Mass for Peace and the Emergent Universe Oratoria.



Interfaith Summer Potluck Picnic @ Kingsland Bay State Park Saturday July 22 gathering at 11 am & eating at 12 pm

Middlebury Friends Meeting (Quakers) are hosting a picnic to which **CVUUS** and **Havurah** (Jewish congregation) is also invited. Our three faith groups had a long tradition of gathering for a potluck picnic at Button Bay so this is a resurrection of that. Admittance to park is \$4 or free for seniors with Green Mountain State Park pass (age 62+) which you can get

at your town clerk's office. Some games will be provided and encouraged, but bring yours, as well as your own plates and utensils and chairs and kayak.





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Thanks for sharing your abundance!

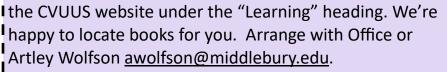
Thanks so much to the over 100 people who pledged and those who also offered extra one-time gifts toward meeting our 2023-24 Budget goal.

Planned Giving Have you included CVUUS in your will? We hope you'll consider including a gift to CVUUS. A will provision allows you to make a significant contribution without diminishing the assets available to you during your life. It is easy to arrange and can be easily modified to address your changing needs. Just a few sentences in your will or trust are all that is needed to leave a specific amount or a percentage to CVUUS. Since bequests are deductible from your taxable estate, significant estate tax sav- I Passages: Submit them before ings are possible. Let us know so we can thank you! For more information, contact Mary Conlon.

Donating Funds from Your IRA Do you have a traditional IRA (Individual Retirement Account)? If so, then you've I made a deal with the Internal Revenue Service: Your IRA grows, tax free, until you reach a certain age (70½ if your 70th birthday was before July 1, 2019, and 72 if your 70th birthday was later). Starting with the year in which you reach that age, you're required to withdraw a minimum amount every year—the *required minimum distribution*, or RMD. There's a provision in the tax code that allows you to donate funds directly from your IRA to a qualified charity, like CVUUS. For more, ask Rich Wolfson.

Have You Discovered Our CVUUS LIBRARY?

CVUUS has several wonderful adult and children's titles and an online reading list for finding them. Catalog: There's a link to our library catalog on



Staying Connected

Sunday Morning Social Hour (~11 am): Join exchanges after worship where we check in with each other.

I Weekly "Blast" (Wednesdays): Provides pathways for connection with links to our upcoming worships, past services, events. Not getting this weekly email? Contact office@cvuus.org.

Yellow Card Milestones & Sunday at Sunday at https:// cvuus.breezechms.com/form/ YellowCard

Council of Ministries:

Convenes reps from our ministry groups on 1st Monday of month at 5 PM to brainstorm and

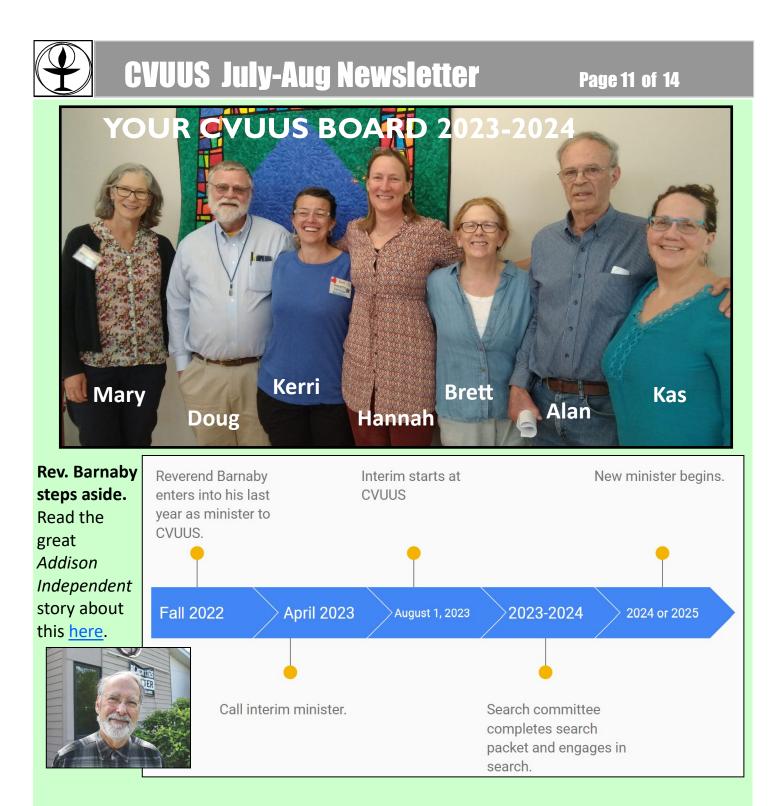


update each other in the Blue Room and on Zoom. Look for the link in our Blast and opportunities galore for you to promote, celebrate and stay connected with CVUUS.



Need an update on your pledge or giving status? Contact our

bookkeeper Cara Mosier at fm@cvuus.org or 203-314-3347 on Tuesdays when she works remotely.



Thanks to all who attended our **CVUUS Annual Meeting** Sunday June 4 following our annual flower communion service. We **approved a balanced budget** (\$385,920), discussed our **endowment reserve fund, thanked outgoing board members Mary Hadley** and **Ann Webster** and **recognized Rev. Barnaby's service** as he retires June 30th. See more on the meeting <u>here</u>. The Board meets on the second Tuesday of the month at 6:30 pm in the Blue Room & Zoom. *Stay posted for an update in early July on the minister search. Contracts are underway.* Thanks to our search team: **Hannah Sessions, Alan Moore, Kas Singh, Tom Morgan** and **Heidi Sulis.**



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TAKE CARE! LET IN THE AIR! SUMMER VENTILATION TIPS

HVAC always check the hall switch to make sure HVAC system is turned on, even if someone else already opened windows, etc.

OPEN WINDOWS open EVERY window you can reach, including the one in the Foyer, near the name tags

WINDOWS AFTER WORSHIP & EVENTS

1) close them all if it will rain,

2) leave them all open if something else is happening in the space THAT DAY,

3) if space is done for the day, close all windows that would be reachable by someone from outside (so leave higher up ones open)

SANCTUARY DOORS all the doors should be kept open (remember to close & lock when leaving

FANS turn on for worship or events, turn off afterThe Sanctuary has a modern HEPA-13 ventilation system. We have <u>excellent HEPA-</u> <u>13 air purifiers</u> for other spaces. Standing fans, if used, should be positioned to move inside air to the outside.

CVUUS Safe Congregation Team: Alan Moore, Will Porter, Mike Greenwood, Poppy Rees, Laura Asermily, Ronnie Romano

CVUUS ZOOM: Ask Laura (388-8080 or office@cvuus.org) how you can request a cvuus zoom meeting. <u>To "claim host"</u> <u>once you are in:</u> Click on your name in "participants" and scroll down below the list of names and click "claim host" and where it asks for the "host key", put in these 6 numbers: **364568**. Click claim.

CVUUS HOSTS RETREATS & EVENTS

We continue to welcome groups. Our next door neighbors Mary Johnson Child Care Center staff appreciate use of our parking lot during the week. <u>Watch our online calendar</u>. --**Al-Anon** for families and friends of Alcoholics meets weekly on Wednesdays 1:30-2:30 pm in Fenn Chapel, seeks anonymity.

—**PEO (Philanthropic Education Organization)** meets 3rd Thursday of month at 4 pm in Fenn Chapel. Contact <u>Anne Christie</u> 388-4347

--Wellspring Singers (Hospice) rehearse on Tuesday at 5 pm in our sanctuary until June 13 and take off for the summer. Contact Priscilla Baker if you want to join them in the fall.

-Milk & Honey Quilters Guild gather to sew in Fellowship Hall on July 18 and Aug 20 & 26. See Dorothy Mammen if interested in this or hanging a quilt you've made or acquired in Fellowship Hall for this summer.

—**Sanctuary Boston House Concert**, Fri Aug 11, 7 pm, Fellowship Hall . \$10 free will donation.

-Breadloaf Mountain Zen Center Retreat, Wed Aug 30-Sept 2, Fellowship Hall (avoid access)

Point Counterpoint Faculty Concert, Fri
 Sept 1, 7:30 pm

NO PARKING! Along streets (Duane, Water, Charles) or at ACSD Building lot (208 Charles). No parking at MUHS lot when school is in session unless permission cleared by Office. **RE-SERVED PARKING!** In our lot for those who need accessible spots.



CARPOOL! See map in Fellowship Hall and visit Go! VT <u>con-</u> <u>nectingcommuters.org</u>.





Rory Timmons 7/2 John Barstow 7/4 Jean Terwilliger 7/4 Asa Baker-Rouse 7/7 Joan Soper 7/7 Mary Hadley 7/15 Laura Asermily 7/15 Gail Lyall 7/16

Dottie Nelson 7/20 Sue Rasmussen 7/24 Abi Sessions 7/25 Mary Conlon 7/27 Virginia Douglas 7/28 Viviana Hammond 7/28 Paul Vaczy 7/31 Dorothy Mammen 8/1 Meredith Anderson 8/2 Frankie Sylvia 8/4 Neil Chippendale 8/5 Rosalie Cryan 8/5 Joyce Ross 8/9 Allison Cutler 8/12 Curtis Borden 8/13 Julia Tarbell 8/14 Jordan Young 8/14 Missing you? Contact Office.

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Judy (Sperry) Gibbs 8/14 Elaine Orozco-Hammond 8/15 Kiki Singh 8/16 Callie Rees 8/17 Colleen Smith 8/18 Marty Kulczyk 8/19 Rev. Tricia 8/21 Lawrence Thomas 8/23 Heidi Sulis 8/24 Richard O'Donohue 8/25 Johanna Vaczy 8/25 Valerie Lebenso'hn 8/25 Theodora Porter 8/27 Scott Smith 8/28 P'Nina Stein 8/29 Paul Stone 8/31



Wheel of Life CVUUS commemorates births and deaths. Milestones and Passages are shared each Sunday. Also see Seasons of Life Fund below.

Online Giving https://cvuus.breezechms.com/give/online See how to choose options at cvuus.org/connection/donate or by code.

for online giving



CVUUS Seasons of Life Fund

Share your joy or concern with the CVUUS community. Members and friends can commemorate personal milestones and passag-

es through financial gifts to CVUUS that provide extra money for us to fulfill our mission statement. The names of the donors are noted in our monthly newsletter. There is no minimum amount and the size of your donation will not be made public. Thank you for considering this.

Sat. July, 8, 11 am, Sanctuary We'll honor Gerry who died on May 25, 2023 after struggling



with Covid-caused illnesses.

Gerry Loney Celebration of Life

Our Caring Network (CN) provides support, such as calls, visits, meals, and rides, to those in need. Please contact Kathryn Schloff (802-349-5264 or (kathrynschloff@gmail.com) to make arrangements or to join her, Michele Lowy, Dale Birdsall, Ted Scheu, Marjorie Carsen, Ginny Ashenfelter, Morris Earle, Tom Morgan and Lynne Balman in this meaningful work. Thanks for completing the Caring Network (CN) Survey (yellow form) in May for feedback on utilizing the Library of Things and providing for the needs of those at CVUUS. Stay posted on findings. Our next meeting is Mon. July 10 at 10:30 am in the Blue Room if you'd like to join our team.

Visit www.uua.org to learn about the wider work of UUA and our affiliates. Visit <u>www.cvuus.org</u> to explore our happenings and most current calendar.

Middlebury, VT 05753 2 Duane Court Champlain Valley Unitarian Universalist Society



Return Service Requested

Summer Worship Services 10 am Spirituality & the Arts

Followed by Social Hour In our sanctuary (no Zoom, limited recordings)

Unitarian **IRTURE Your Spirit.**



(802) 388-8080; office@cvuus.org Office Hours: M–F, mornings Visit our web site at www.cvuus.org. And Facebook page CVUUSVT **MINISTER** 388-8080 (office) Email: minister@cvuus.org

2 Duane Court, Middlebury, VT 05753 Located at Duane Court & Charles Avenue

FOR MORE INFORMATION:

Champlain Valley

Unitarian Universalist Society

CVUUS Board of Trustees Kerri Duguette-Hoffman – President Hannah Sessions-Vice-President Mary Conlon – Treasurer Kas Singh — Clerk

Climate Engagement — Lise Anderson 734-255-3434

Library & Information Resources – Artley Wolfson 989-7081

Pastoral Care — Jordan Young, Marjorie Carsen, Tom Morgan

Religious Exploration Council – Tracey Harrington, Jess Rouse

CVUUS Staff Office Manager – Laura Asermily (office@cvuus.org, 388-8080) Bookkeeper – Cara Mosier (fm@cvuus.org, 203-314-3347) Religious Exploration – Poppy Rees (re@cvuus.org, 349-8508)

Caring Network – Kathryn Schloff 349-5264

Donation Ministry — Jean Terwilliger 377-1849

Membership Queries — Marjorie Carsen 453-8457

Safe Congregation—Alan Moore 865-335-2028

Music – Ronnie Romano (music@cvuus.org) Custodian— Keith Rickerby (989-6036)

Small Group Ministry — Doug Richards 989-9387

Fellowship—Mike Greenwood 349-5653

Music Ministry — Carol Harden 989-8783

Worship Team – Ellen Flight 989-3062

Council of Ministries - TBD

Facilities – Bob House 989-5050

Finance—Mary Conlon 349-0512

CVUUS Leaders

Members At Large: **Doug Richards Brett Millier** Alan Moore