

**Champlain Valley
Unitarian Universalist Society
Spirituality and the Arts Summer Series**

Land Acknowledgement Becky Strum

Welcome & Pathways to Connection

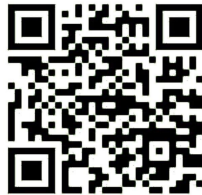
Opening Song *Turn The World Around (Teal #1074)*
Chuck Miller

Call To Worship *Reading Aloud* by Sarah Ruhl Becky

Chalice Lighting *Across the Distance* by Laura Thomson
Across the distance, the light from within me shines,
sending love to all
Across the distance, your light is fuel that warms me
and helps to keep my own light burning
Together, we keep the flame of community burning bright.

Time for All Ages *Mirror Exercise* Gina Stevensen

Offering Becky
Our July share-the-plate donee is **New Yorkers Against Gun Violence Education Fund**. Please write checks to CVUUS. Cash and checks not otherwise specified will be split between CVUUS and the donee. You can donate online with the QR code.



Offering Music Chuck

Receiving the Offering *From You I Receive* (Gray #402)

Milestones & Passages Becky

Meditation *Meditation on Breathing* (Teal #1009)
Lead by Revell Allen, Marjorie Carsen, Kate Gridley, Ann Webster

Reading Scene from *Breakfalls* by Gina Stevensen
Irena Morgan & Kate Gridley

Reflection *Making & Watching Theatre as a Spiritual Practice*
Gina

Hymn *Let It Be A Dance* (Gray # 311) Chuck

Closing Words *Letter from Martha Graham to Agnes DeMille*
Gina

Postlude Chuck

Welcome Special Guest –Gina Stevensen is a playwright, dramaturg, performer, and writing instructor. She received a 2023 Vermont Arts Council Creation Grant to develop her new play *Breakfalls*, which will premiere at Vermont Stage in their upcoming season. She was a 2022 artist in residence with the Ragdale Foundation and the 2021 winner of the Kernodle New Play Award. Gina received her BFA in Drama from NYU Tisch and her MFA in Playwriting from Columbia University. Since moving to Vermont in 2020, she has performed with Vermont Stage, Middlebury Acting Company, and three years in Burlington’s annual New Year’s Eve celebration. Gina is the director of Middlebury Acting Company’s American Dreaming New Play Festival, back for a second year and coming up August 11-13.

Thank you! Thanks to Becky Strum; Margy Young & Liam Battjes Greenwood for tech help; Chuck Miller, Irena Morgan, Kate Gridley, Marjorie Carsen, Revell Allen, Ann Webster for music and readings; Alice Berninghausen for flowers; Irena and Welsley for ushering; and all others who made today possible.

Hearing Assistance: Headsets to amplify sound or for hearing the worship service audio while elsewhere in this building are available in the back of the Sanctuary by the sound system.

FREE THINKER'S SPACE



RELIGIOUS EXPLORATION (RE) FOR CHILDREN AND YOUTH

Nursery is open and staffed from 9:45-11:15 Sunday mornings, Older children may also choose to sit with their adults or at the table on the west side of the sanctuary or go to the nursery.

Stay Connected!

Weekly Blast (Wednesdays) provides links to our upcoming worship service, past services, and events.

Contact Us: 2 Duane Court, Middlebury VT 05753

Phone: 802-388-8080; **Email:** office@cvuus.org

Facebook: CVUUSVT; **Web:** cvuus.org

Co-Minister: Rev. Tricia Hart, revtricia@cvuus.org

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CHAMPLAIN VALLEY UNITARIAN UNIVERSALIST SOCIETY

Spirituality and the Arts

**When We Breathe Together:
Relationship & Intimacy In Theatre**

Gina Stevensen - Guest Speaker

July 23, 2023

Champlain Valley Unitarian Universalist Society exists to spiritually nourish, challenge, and sustain people of all ages and circumstances, so that they might lead lives of meaning, integrity, and service.

Pathways to Connection

NEXT Sunday July 30–Seeing Beauty in the Uncomfortable--Art Instructor and Fabric Artist, Jenny Muskopf, invites us to see beauty in the uncomfortable. When Jenny lived in CA, she'd go to sites that experienced deadly shootings and create a 3-D mandala on the sidewalk to invite healing thoughts. She also has a whole family of giant cockroaches — fabric sculptures that are at 12-18 inches long of various species of them. Her fifth grade class at Shoreham elementary has enjoyed her artwork & inspiration, and we hope you will too!

Summer Social Hour: We welcome volunteers to help sustain this. You can put out or augment snacks and drinks you find in lower level kitchen. It is fine to opt to offer cold drinks only. Feel free to share your extra veggies and herbs during social hour or donate it to our food shelves.

Impacted by flooding and need help? Contact Caring Network's Kathryn Schloff 802-349-5264. **Want to give help?** Donation Ministry is identifying organizations with whom we will pivot to share our plate for July 30th, our "5th Sunday" and August. We'll divide evenly what we collect among:

Capstone Community Action, Emergency Response Fund- the CVOEO of the Montpelier region: <https://capstonevt.org/>

Unitarian Church of Montpelier – basement flooded

Rainbow Bridge- LGBTQ+ community center in Barre which is doing lots of relief work right now: <https://rainbowbridgevt.org/>

NOFA- Flood relief for farmers around the state, including the Intervale: <https://www.nofavt.org/donate-now>

United Way Flood Relief Effort Fund- local chapter of our choice

YOU CAN HELP EASE THE HOUSING CRISIS Spread the word among your friends, family and neighbors in Addison County.

1) **HomeShare Vermont** <https://www.homesharevermont.org/>

2) **Accessory Dwelling Unit (ADU)** Basic Info:

<https://accd.vermont.gov/adu> Addison County Guide:

<https://acrpc.org/regional-programs/housing/>

3) **Homes First (Tiny Homes)** <https://homesfirstvt.org/>

Part-Time Ministers Rev. Tricia Hart and Rev. Christina Sillari begin Aug 2023. Both ministers are very experienced, and we believe that their presence here at CVUUS, and their participation with all of us, will both enrich our congregational life and aid us in welcoming a settled minister at the end of our two-year period. Rev. Hart and Rev. Sillari have already begun planning how they will share their ministry. Between the two of them, they will lead 30 worship services annually, and cover most other normal ministerial responsibilities. See cvuus.org.

Community Supper Cookies: CVUUS continues to provide nut-free **baked goods (300 cookies) for on FOURTH Friday of month.** We look for 6 bakers to make 50 items each and have Alice, Gayle and Sheila signed up so far. See sign-up link in Blast

3rd Annual Fiesta: Please join **Viva el Sabor**, our migrant women collective, for an evening of delicious food, children's activities, and a cash bar run by American Flatbread on **Sun July 30, 3-8 pm** in the **Marbleworks**. We encourage guests to bring their own picnic blankets, lawn chairs, and reusable dishes. Cost: \$6 per piece, with 11 chefs selling varied menus. Let Lise Anderson know if you would like help with the Fiesta.

HOPE TO BORROW: Portable freezer to store ice cream for a social event. Needed September 1&2 at Ilsley Public Library by the Friends organization. If you can loan one, we Friends will pick it up. Contact Sheila House (house.sheila@gmail.com).