Champlain Valley Unitarian Universalist Society

Religion and Science: A Living Tradition

Land Acknowledgement Karl Lindholm, Worship Associate			
Welcome & Pathways to Connection Karl			
Gathering Song	ng Enter, Rejoice, and Come In (#361)		
Call to Worship		Karl	
Chalice Lighting		Karl	

At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us.

Time for All Ages		Karl and Rev. Barnaby
Hymn	There Is More Love Somewh	ere (#95)

Offering

Rev. Barnaby

Today we share our plate with **Soul Fire Farm.** Please write all checks to CVUUS. Cash and checks not otherwise specified will be split between CVUUS and our donee.

Offering Music	Ronnie		
Receiving the Offering From You I F	From You I Receive (#402)		
Milestones & Passages	Rev. Barnaby		
Testimony	Skylar Franklin		
Meditation	Rev. Barnaby		

Hymn May Nothing Evil Cross This Door (#1)

ReadingsKarlI) I Don't Understand Black Holes No Matter How Many Times
Cody Explains Them to Me
by Courtney LeBlanc2) The Proposed UUA 8th PrincipleSermonUp to a PointRev. BarnabyChoir AnthemTrue ColorsRonnie & ChoirClosing WordsRev. Barnaby

Postlude

Ronnie

Credits: Thanks to Karl Lindholm for assisting worship; our Choir for music; and our guest Skylar Franklin for Testimony; Revell Allen for seasonal decorations and all who stepped up to help with music, tech, ushering, greeting, safety and social hour.

Hearing Assistance: Headsets to amplify sound or for hearing the worship service audio while elsewhere in this building are available in the back of the Sanctuary by the sound system.

Masking optional for worship. Those who wish to mask can sit anywhere or in a reserved-for-masking area toward the west wall. Rapid tests are available in our lobby, and we accept donations of your spare tests. See our policy at cvuus.org.

Opportunities to Volunteer: Look for the posters and scan the QR code to express your interests and to sign up. Or go to cvuus.breezechms.com/form/volunteer. Thank you!

Our Hospitality Team has store-bought goodies for Social Hour, but we love to also offer homemade cookies, cake, or bars or even healthy vegetables. No need to sign up. Just bring them on Sunday morning whenever the spirit moves you.



RELIGIOUS EXPLORATION (RE) FOR CHILDREN AND YOUTH

Nursery is open and staffed from 9:45-11:15 Sunday mornings
Weekly Sunday morning RE programs for preschool to grade 7
Youth Group (Gr 8-12) meets twice a month, usually Sundays
For info, contact Poppy Rees, Director of Religious Exploration

Stay Connected!

Weekly Blast (Wednesdays) provides links to our upcoming worship service, past services, and events and Weekend Greeting (Fridays) offers inspirational thoughts.

Contact Us: 2 Duane Court, Middlebury VT 05753 Phone: 802-388-8080; Email: office@cvuus.org Facebook: CVUUSVT; Web: cvuus.org

Minister: Rev. Barnaby Feder, revbarnaby@cvuus.org Director of Religious Exploration: Poppy Rees, re@cvuus.org Bookkeeper: fm@cvuus.org; Music Director: Ronnie Romano, music@cvuus.org



CHAMPLAIN VALLEY UNITARIAN UNIVERSALIST SOCIETY

Science and Religion: A Living Tradition Led by Rev. Barnaby Feder

November 20, 2022

Champlain Valley Unitarian Universalist Society exists to spiritually nourish, challenge, and sustain people of all ages and circumstances, so that they might lead lives of meaning, integrity, and service.

Pathways to Healthy Connections

Radical Love Party: Look for the information table on how you can participate in the Fellowship Hall during Social Hour.

If you are thinking, "What am I going to do for Thanksgiving this year?" then join us for a **CVUUS Thanksgiving Dinner.** Mike Greenwood and Alan Moore, our hospitality coordinators, and Liam and Carol, their spouses, are organizing a vegetarian friendly, traditional/non-traditional feast with group cooking here at CVUUS starting around 10 am. You can also come around 1 pm as we set the table and give thanks, or you can drop in for drinks, desserts and games around 3 pm. Please contact Mike Greenwood or Alan Moore so we can set a place for you. Feel free to bring a friend, some food, drink or snack to share, a CD of music or a game to play, or some other (surprise us!) expression of Thanksgiving. Suggested attire: comfortable shoes and a warm flannel shirt -- weather permitting, we may include an option for a short hike on the TAM in our gathering.

Holiday Help for HOPE & Charter House: CVUUS will provide baked goods THIS Fri. Nov 25 for the take-out Thanksgiving community meal provided by Rosie's and distributed at Congregational Church of Middlebury back door. Thanks to those who signed up to provide a nut-free dessert (50 items toward the 300 we are providing). You can also volunteer to assemble and pass out meals at the Congregational Church. Show up at the back door between 2 and 4 pm and ask what is needed. HOPE has **pumpkins and squash** that you are welcome to take to make into baked goods or process and freeze for future meals. **HOPE's food shelf** can use: Progresso soups, canned black & kidney beans, canned fruits, snacks (rice cakes, crackers, granola bars and such) **Womensafe** can use personal care items. Put them in the box on the lower part of the lobby cart.

Every Christmas the **Helen Porter** long-term nursing care facility reaches out to the community to provide each and every resident with a **holiday gift**. CVUUS hopes to provide such a gift to each of ten selected residents. Each has created a wish list of three items to choose among. Most common wishes are for a comfortable top or pants. Gayle Muenchow is coordinating the CVUUS response. Contact Gayle (gmuenchow@comcast.net or 850-894-9212) to "adopt" a recipient. When your gift is ready (the deadline is Dec. 15), she'd collect it from you, wrapped or unwrapped, and deliver it to Helen Porter. Please consider doing this. It's one holiday gift purchase that always feels really good.

Are you interested in joining a **small group ministry** that's on zoom for those who want this experience of reflection and sharing but cannot meet in person? Our first zoom meeting will be **Tues. Dec 13, 6 pm.** See Helene Vanderburgh.

Affordable Housing: CVUUS Race in America book group members from *Caste* discussion invite you to begin a conversation with them on what we at CVUUS can do to help address the critical need for affordable housing. We'll convene on **Mon. Nov 28 at 7 pm** in Fellowship Hall and Zoom. For more, see Mike Greenwood and cvuus.org/news and the newsletter.

When Rev. Barnaby retires in June, CVUUS expects to have an interim minister chosen by the Board in May ready to lead us while we prepare to search for Barnaby's long-term successor. The **Board's Interim Minister team** would like to expand to five members by having a couple of congregants join it. If you would consider volunteering and expect to have time in May, please let Kas Singh know.