



Champlain Valley Unitarian Universalist Society

March 2022 - Volume 24, Issue 8

2 Duane Court, Middlebury, VT 05753

(802) 388-8080

Our Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

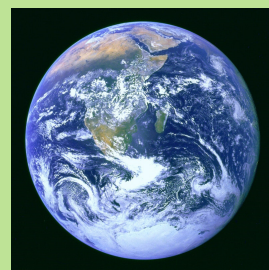
- * The inherent worth and dignity of every person;
- * Justice, equity, and compassion in human relations;
- * Acceptance of one another and encouragement of spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.

Nurturing Community March Worship Services

Sundays at 10 am Attend onsite OR online

<https://zoom.us/my/cvuusservice/>

Followed by CVUUS Social Hour



Mar 6—Stewardship Sunday: A Time to Think of Ourselves as Ripples Amplifying Love—Rev. Barnaby and others reflect on the many ways our ministries ripple throughout CVUUS and the wider world. With special music by our Choir and guests Jonathan March on drum and Hans Kindstedt on bass. We'll share our plate with *Planned Parenthood of Middlebury* for this month (see p. 6).

Mar 13—Holy Earth Day -- Rev. Barnaby offers the first of two reflections on whether Earth Day should rank with the two Christian holidays that shaped our denomination in the 19th Century: Christmas and Easter. What would the equivalent to Advent and Lent in traditional Christianity look like for Earth-centered religion? Let's start today, 40 days before Earth Day 2022. **Daylight Savings Time starts - clocks forward!**

Mar 20—Holy Earth Day --Rev. Barnaby reflects on the role of today's Spring Equinox in anticipating a truly sacred Earth Day.

Mar 27—Sabbatical: The Vacation Designed by God? Covid permitting, we will celebrate *Mud Communion*. And we will have time for everyone to put their Sabbatical questions and suggestions to Rev. Barnaby.

Rev. Barnaby on Sabbatical April-June. See special guest worship leaders during this time and about our Spring Canvass "Ripples" and more inside.



Words from Rev. Barnaby

A recent Valentine's Day poem posted on Facebook by Rev. Lynn Unger, my favorite living UU poet, depicts her noticing a perfect, back-lit, heart-shaped cloud formation emerging from a larger cumulus cloud. She accepts that the heart she sees is "in the beholder," not the sky. The Universe is not promising new romance for her. It's true, she says, that "we humans love stories, and finding shapes in vapor pulled by stratospheric winds is the oldest trick in the book." But, she concludes, the decisive question is what's to stop her from "taking to heart" an "unsent gift."

This is such a spot-on pandemic era poem. The generosity we extend others and ourselves is obviously more necessary than ever. It is also, for many of us, fraught with opportunities for second-guessing. Am I doing this in a safe way? Am I pushing myself too far or not far enough? Have I become so protective, unimaginative, and fearful that I'm losing connections with others that I need to thrive – and help the world to thrive?

In times like these, recognizing and taking to heart the abundant and unpredictable unsent gifts around and within us can be truly life saving. The poem looks at this from the perspective of the individual. But it got me thinking about the same issue in terms of the life of our congregation.

After all, CVUUS has been no less exposed to the pandemic than any of us as individuals. It is well designed to outlive us, but in some ways may be more vulnerable to pandemic damage. It could be, for example, that social distancing has been more threatening to the long-term health of a congregation like ours than to individuals.

That's why I suspect these weeks when we are increasingly meeting again in person before I go on sabbatical may be among the most eventful of my time as your minister. Re-opening with all the wisdom gained from the pandemic and all the obvious needs for a congregation like ours to flourish in Addison County involves a lot more than taking to heart the unseen gifts we encounter. But faith that we are a spiritual family longing to share "unsent gifts" will go a long way to enabling us to joyfully and energetically lean into Love that crosses generational, spiritual, and social boundaries.

rip*ple

1. a small wave or series of waves on the surface of water, especially caused by an object dropping on it.
2. a gentle rising and falling sound. Especially of laughter or conversation, that spreads through a group.
3. a particular feeling or effect that spreads through someone or something.

Blessed be, Rev. Barnaby



Welcome to CVUUS!

Visit us at cvuus.org, FB CVUUSVT, or email office@cvuus.org to follow us.



Arrange access to our spaces

Refer people to how to arrange for our spaces [here](#). They are well-ventilated and feature wifi access and gender neutral bathrooms. We adjust the permitted attendance level and masking requirements depending on COVID conditions so ask the Office when you schedule. [Watch our online calendar](#) for when we are scheduled and when we are available for your small groups or events.

What Are Your Pronouns?

Celebrate gender identity by designating your pronouns on your name tag. Can't find yours? Notify the Office, an usher, greeter or Ginny Ashenfelter. Check the Welcome Table basket in our lobby for collected and blank ones. Contact Poppy Rees about **CVUUS Our Whole Lives (OWL)** which helps youth explore their sexual identity.

Adult Religious See Rev. Barnaby about an orientation to UU and CVUUS history and values as well as our many small groups.

Honoring Indigenous People CVUUS worship opens with a ringing of the bell and

saying: "We recognize that CVUUS gathers on the land of the Western Abenaki people. We respect their spiritual relationship to the land. We hope to learn from them how we can live together in peace and justice." See more at cvuus.org/news/honoring-indigenous-people.

Worship Services during Rev. Barnaby's Sabbatical April-June

April 3—David Ruffin, Developmental Director of Youth and Creative Arts Ministries at UUS—Burlington, leads our service.



April 1--Joanna Nichols, former CVUUS minister now active in Montpelier where she lives, leads our Easter service.

April 24--Melody Brook of Atowi Group of Abenaki artists & activists leads our Earth Day service.



May 1—Mark Orten, Middlebury College's Dean of Religious Life, shares insights.



May 8—CVUUS Sangha leads our Buddhist service.



May 15 & 22—Christina Sillari returns to our pulpit.



June 5—Choir Favorites led by music director Ronnie Romano

June 12—Flower Communion

June 19—Juneteenth with Justice Elijah, Caitlin Gildrien & Esther Thomas (NAACP of Rutland members) and others.





RE THOUGHTS



RE HAS NEVER BEEN HERE BEFORE

Throughout the pandemic, our worship services have been able to fundamentally remain the same. Yes, they had to go online, add videos, figure out tech, go to zoom. The delivery methods had to dramatically change but the structure was able to stay the same: Prelude, Welcome, Call to Worship, music, Time for All Ages, Offering, Milestones and Passages, Meditation, Readings, Sermon/Words, music, Benediction, Postlude. Sometimes not quite like that, but mostly still there, right? And even with that, the changes have meant lots of innovating, extra work, new roles and more.

Our Religious Exploration program has a very different reality. The issue hasn't just been about needing a different delivery method. Practically everything about it has been and is a question:

- When we start RE for younger kids on March 6, how many kids will come?
- When kids don't come, is it because the parents don't feel it's safe? Or is the actual activity/topic/content not what they want? Or is it not about RE at all and they're just not going to much of anything?
- Safety – eat snack in RE? Start in the worship service like we used to?
- What might make a family break out of their two years of unscheduled Sunday mornings and come to CVUUS? What can we offer in RE that's worth that?
- What do kids and families need right now? How can we be of use?
- Does it make sense to focus on what RE used to focus on? Or have our priorities, as a program, as a community, changed? To what?

You get the idea. It's not like starting a RE program from scratch and slowly building it. But it's also not like all the people who were involved in RE will return to do what they were doing. Our lives have changed. We have changed. Our priorities. Our sense of safety. Our ability to socialize. What we think our kids need right now. For all of us, it has changed. And for parents with children at home, it has REALLY changed.

We are going to have RE again, for all ages (really grade 6 and down – including Nursery aged kids), on Sunday mornings, starting this month. It will be adaptive – we will adjust to the actual kids who show up. It might be 2. It might be 12. Toddlers or 6th graders. We will do it with the 5 people who have currently offered to help in RE and we will grow.

We don't know what RE will grow into this Spring. We don't know who will come. Or what those particular kids will need the most. We don't know a lot. But we DO know that it will be love-filled. It will be radically inclusive. It will be about holding up the kids in a way that empowers them to love themselves and help make the world better. And there will be snacks. Somehow.

REconnect. Hope. Joy. Action. Justice. Community.

And to everyone – I love you. I miss you. I am in this with you (this life).

~ Love, Poppy - your Director of Religious Exploration



CVUUS March Newsletter

Welcome to our 2022-23 Canvass

Creating Ripples to Amplify Love in Our World



What better a time than on the heels of a two-year pandemic to remember the ways that our community exists to love, to comfort, to challenge, and to nurture in a myriad of ways. When we could not worship together our work continued, and our collective efforts were a powerful and reassuring constant, as ripples across a surface.

Our Treasurer, Ann Webster, and the Finance Team are actively working, along with many others, to prepare the annual budget which allows us to fulfill our mission, reach out to the wider community and compensate our staff within the UUA recommended ranges. The goal is to provide a balanced budget for the congregation to approve in June. In order to reach our goal we anticipate seeking Canvass Pledges and Gifts totaling \$290,000 to \$300,000. These contributions make up 80 to 85% of our total income.

With a goal of simplifying future canvass undertakings, we also ask that you consider making yours a sustaining pledge – as Ann described in the February newsletter. As a sustainer, your pledge would be considered ongoing until you increased or decreased it - not requiring the CVUUS traditional annual pledge canvass process to "lock in" your gift giving in 1 year increments.

When making your pledge we would love for you to provide 3 words summarizing CVUUS. There's a spot for this on the online pledge form: "CVUUS is to me...". We'll collect responses from each of us as the canvass progresses. **Let's celebrate all the ways that the good work of CVUUS ripples through our hearts, our communities, and across generations!**



Online pledges are easiest for us to handle and technical assistance can be obtained by emailing Mary at mary@hadleykids.com.

Go to <https://cvuus.breezechms.com/form/ripple>

For a paper pledge form please reach out to Laura

at office@cvuus.org or (802) 388-8080.

Mary & Hannah and your Board of Trustees

CVUUS members since 2008 **Greg Bernhardt** and **Hannah Sessions** with their children **Hayden** and **Livia** who attended RE—as did Hannah years ago. Hannah's mother **Abi Sessions**, a CVUUS member with **Bill** since 1989, has helped with RE and other ministries over the years.





Social Action Updates

March "Share the Plate" Donee: Planned Parenthood of Middlebury



Planned Parenthood of Middlebury works to provide accessible, high quality, and compassionate healthcare to our community. Services include Well Person Check-Ups, STI Screening, Birth Control, Pregnancy Testing, Hormone Therapy, Immunizations, Peer Counseling, and other sexual and reproductive health services and referrals. They offer in house funds through the Access Plan that allows for free, confidential family planning services for those eligible. There is also a sliding fee scale, making services more accessible to lower income folks. Planned Parenthood is a safe and welcoming place to get healthcare and information, no matter your gender or sexual orientation. For more, speak with Ashleigh Hickey or visit plannedparenthood.org/health-center/vermont/middlebury



Thank you for your continued support of Donations Ministry. Thanks to all who gave to our UUA Affiliates last month: Church of Larger Fellowship questformeaning.org, UU RISE (Refugee and Immigrant Services and Education) uurise.org, DRUUMM (Diverse Revolutionary UU Multicultural Ministries) druumm.org and one of our newest congregations All Souls Palatka (Palatka, FL). Track how much we contributed to them and others at cvuus.org/justice/sharing-donation-plate/

Donate items to Neat Repeats, Buy Again Alley, JuneBug, WomenSafe, HOPE and Addison Allies! Let them know you are donating on behalf of CVUUS. *Look for the cart in our lobby.*



Volunteer and Know You Make a Difference with Your CVUUS Teams

Meals on Wheels provides more than just a meal. The friendly visit, safety check and nutritious meal are a lifeline. Age Well, which organizes Meals on Wheels, needs drivers. Delivery is typically 9:30 to 11:30 am, week days. Volunteer for a day or to be an occasional substitute driver. CVUUS has a longstanding team on **Mondays** coordinated by [Mary Conlon](#). Contact her.

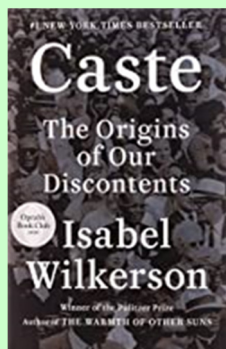


Charter House Dinner Prep Team We make dinner for Charter House residents (25-35) **every SECOND Monday of month**. Right now these are prepped ahead in the homes of volunteers and gathered at CVUUS



between 10 am and 1 pm for delivery to Charter House. In addition, we

provide **baked goods (250 cookies) for Community Dinner on the FOURTH Friday of month**. Contact [Alan Moore](#) to get on his list or sign up [here](#).



CVUUS Race In America Book Group on

Caste: The Origins of Our Discontents

Meeting 4th Wed of month
(Jan through April)
7 PM on Zoom [here](#)

Isabel Wilkerson, the Pulitzer Prize-winning, bestselling author of *The Warmth of Other Suns* examines the unspoken caste system that has shaped a number of countries including the United States and shows how our lives today are still defined by a hierarchy of human divisions. **Join the next discussion March 23, even if you missed the first ones!** Contact Jean Terwilliger at jtwigvt@gmail.com or Mike Greenwood at mike802vt@comcast.net

CVUUS has conducted other common reads on race including *Breath: A Letter to My Sons* by Imani Perry last year (Jan -April 2021), *White Fragility: Why It's So Hard for White People to Talk About Racism* by Robin DiAngelo and *Just Mercy: A Story of Justice and Redemption* by Byron Stevenson in other years. You can borrow a copy of these books and many others on race from the CVUUS Library located on lower level. We offer reading lists [here](#) on race. and related topics.

CVUUS conducts annual worship services, workshops and congregational conversations on the related topic of **classism** toward addressing UU's proposed "**8th**" *UU Principle: Dismantling Systemic Racism*. Thanks to those attended last month's worship service and congregational conversation on this. More at cvuus.org/news [here](#).

Ukraine Vigil for Peace & Freedom

Wed March 4, 7:15 pm, Sanctuary
CVUUS hosted a time for sharing concerns, compassion, and music. This was an interfaith (and no faith) event open to the wider community in which we heard moving testimonies from two Ukrainian students. See more and a recording of the event at cvuus.org/news [here](#).

Afghan Families Arriving in Rutland

The first family has arrived and the Rutland Welcomes storage facility is full (thank you!) and ready to accommodate many other Afghans due to arrive soon.



Stay posted by [Abi Sessions](#). If you want to work directly with new arrivals, you can email volunteer@uscrvt.org.

Viva el Sabor Cooks Get Training



CVUUS welcomes ESL teachers Becky Holmes and Joan Stevens on Tues and Thur at 10 am in our Fellowship Hall to help Addison County migrant women who are building a food collaborative **hone their English skills**. Viva el Sabor meets frequently at CVUUS to plan and receive other trainings. See efforts to help migrant workers at cvuus.org/news [here](#). Watch for a new ongoing **art project at Middlebury College memorializing undocumented people who have died attempting to cross from Mexico to the U.S.** in which CVUUS hopes to participate



Explore Small Ministry Groups: A Different Way to Do Church

Small Ministry Groups deepen and broaden personal spiritual growth. A group usually consists of 8-10 members who meet monthly. Each meeting is focused on a spiritual or religious topic. To join or form a group, contact Doug Richards (drichard@keuka.edu or 802-989-9387). **Or join one of our affinity groups.**



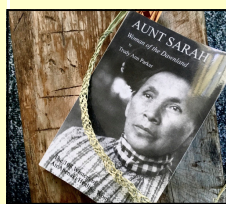
Writers Group meets the **second Monday of the month at 7:30 pm** on cvuus zoom. Contact Bobbi Loney at bobbiloney@gmail.com to be added to list.

UU Cingles gathers for those **aged 60+** to provide company and conversation. Meets every other Saturday at 1 pm currently at Middlebury's Little Seed Coffee (lower level) on Merchants Row. Watch the Blast. For more, call or email Monty Montgomery, Revell Allen or Marjorie Carson.



Music & Choir Come Wednesdays 5:30 pm to the Sanctuary or by Zoom. It is never too late to join.

Want to meet with Music Director Ronnie Romano one on one? Contact him at music@cvuus.org or 201-388-4038 to be added to his list. Look for email from choir@cvuus.org. **Seeking Instrumentalists!** Let Ronnie know if you'd like to play in an upcoming worship or event. Use your instruments or ours! More at [cvuus.org/worship/music & choir](http://cvuus.org/worship/music&choir) [here](#).



Native Moons Book Group *Zooming on the Full Moon*

We're learn about Abenaki history more deeply monthly until summer at 7 pm by reflecting on *Aunt Sarah, Woman of the Dawnland*. Led by Liam & Mike Greenwood.



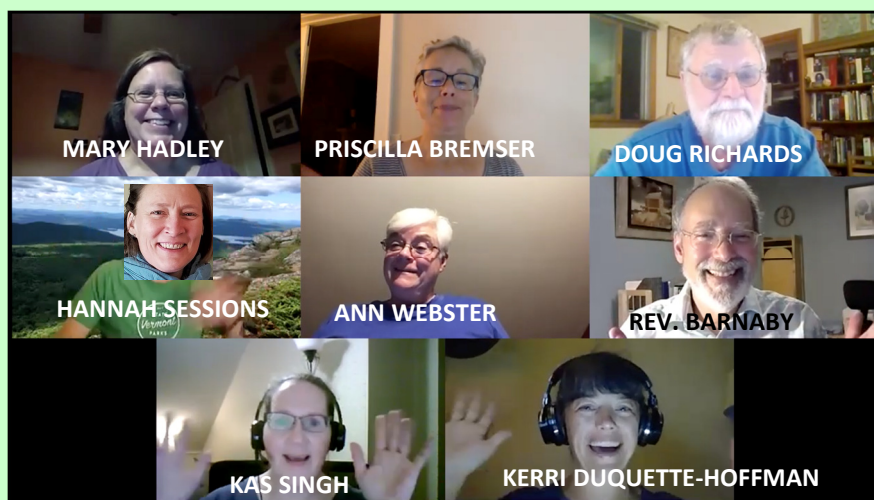
Green Sanctuary Ministry is seeking several people to serve on a new, temporary task force to research and determine the feasibility of purchasing and installing an **EV charging station in our parking area**. Preliminary research indicates that CVUUS could receive a \$750 credit toward the charging station. **We'd like to know how many congregants have an EV** or plan to get one soon. Contact [Elizabeth Golden](mailto:Elizabeth.Golden@cvuus.org) (802-598-2388) with this and if you are interested in this exciting project or in our Ministry.

The Green Sanctuary Ministry welcomes new members to join in its mission to engage in an ambitious Environmental Justice and Climate Justice movement that seeks to live fully our seventh principle and achieve our vision of a viable and just world for all. Track our efforts at reducing our carbon footprint in **response to climate change** and **environmental stewardship** at cvuus.org [here](#).



CVUUS Sangha & Meditation

If you're interested in developing a meditation practice, you're warmly invited to join us **Sunday evenings at 7 pm** when **Dinah Smith** gives guided meditations. It's aimed at those who are new to meditation or already have a meditation practice. Please feel free to contact Dinah with any questions. Zoom link [here](#)



FROM YOUR CVUUS BOARD *Feeling Brighter*

I don't know about you, but as this winter progresses, things are **feeling brighter**. Days are already noticeably longer and the light reflects off the snow so even cloudy days don't seem dreary.

Re-resuming in-person services in February (while continuing Zoom connections too) has felt like a

renewed blessing – especially since as a periodic videocaster I get the best of both worlds of being in the sanctuary and visiting with folks on Zoom at the same time.

As an at-large member of your CVUUS Board, while staying somewhat involved with the monetary stewardship of the congregation, I now also have the opportunity to explore other areas of involvement more fully – including ways to see myself and others into the future with the **Long Range Plan: [CVUUS Plan 2021](#)** I encourage everyone to **take a look** at the themes, purpose, and goals reflecting on one or two actions you can take with us to move CVUUS forward.

Fulfilling commitments with people I care about is important to me and I look forward to baking and delivering some “off season” rhubarb pies for lucky Radical Love winners this month. **I highly recommend Radical Love donors and winners to connect with each other if you haven't yet** – and would love to hear results of interactions via future “yellow cards” in services.

As the Board collectively chairs the Annual Canvass this year, I'm excited to hear from everyone as the Ripple theme rolls-out. Be on the lookout as we ask you for 3 words describing what CVUUS is to you (which we'll share back collectively to the congregation in a Wordle.)

I blinked my eyes and am now the person who is **currently on the Board who has been there the longest** – we are always interested in new perspectives and ideas, so if supporting the congregation as a Board member may be in your future – please reach out – we'd love to share more information.

May brightness reign! Mary Hadley



Mary Hadley (right) with **Brett Millier** making pies for **2021 Rhubarb Festival** which was a drive-by pie sale event with **\$2,000 in proceeds to HOPE**. Contact her to help with our **2022 Rhubarb Festival on Sat June 4**.



WORSHIP SERVICE OPPORTUNITIES

- Worship Associate:** Help create the service, welcome attendees, make announcements, light our chalice, etc. If you're interested, contact [Abi Sessions](#).
- Zoom Social Host:** Hold the space for online visiting. See Margy Young or Abi Sessions.
- Usher:** Greet, pass out bulletins, oversee donation collection when we're back onsite. See Mike Greenwood.
- Safety Volunteer:** Watch doors & walkways; oversee COVID protocols and emergency drills and procedures. See Alan Moore.
- Flower Co-op:** Bedeck our sanctuary with seasonal arrangements. See Marnie Wood or Dinah Smith.
- Hospitality:** Make or serve beverages and treats for social hour. Help clean up. See Alan Moore.



Need an update on your pledge or giving status?

Contact our bookkeeper Kris Butler at fm@cvuus.org or 802-989-7346 on Tues or Fri (10 am– 1 pm) when she works remotely.

Have You Discovered Our CVUUS LIBRARY & Library of Things(LoT) ?

Need UU fall reading material?
See our CVUUS Library reading lists at <https://www.cvuus.org/learning/library/reading-lists-2/>.

We're happy to locate books for you. Arrange with Office or awolfson@middlebury.edu. Library of Things (LoT) is a listing of useful items, owned by congregants, that they are willing to lend to other community members. Let Artley know what items you are willing to lend. Visit <https://www.cvuus.org/connection/library-of-things/> to view what's listed.



Staying Connected

Sunday Morning Zoom Social-Hour (~11 am): Join exchanges after worship where we check in with each other. Login <https://zoom.us/my/cvuuservice/>

Weekend Greeting (Fridays): Rev. Barnaby shares inspirational thoughts, music and readings in a regular email from revbarnaby@cvuus.org. Not getting these? Email office@cvuus.org.

Weekly Blast (Wednesdays): Provides pathways for connection with links to our upcoming worships, past services, events. Not getting these? Email office@cvuus.org.

Yellow Card Milestones & Passages: Submit them before Sunday at <https://cvuus.breezechms.com/form/YellowCard>

Council of Ministries: Lise Anderson and Brett Millier convene reps from our ministry groups on 1st Monday of month at 5 PM to brainstorm and update each other. Look for the link in our Blast and opportunities galore for you to promote, celebrate and stay connected with CVUUS.



Lise



Brett



Roses to...

...**Mike Greenwood** and **Jean Terwilliger** for leading the highly successful *Caste* book group and Mike for organizing the Classism worship service and congregational conversation that followed and all who participated.

...**Kathryn Schloff** for continuing to lead the Caring Network remotely while traveling in the western United States.

...**Margy Young** for organizing research on our options for upgrading the microphone set-up in the Sanctuary

...**Elizabeth Golden** for work to restart our Green Sanctuary environmental programs.

...**Hannah Sessions** for leading the Board's preparation of the Pledge campaign while simultaneously overseeing delivery of scores of kids during birthing season at Blue Ledge Farm (get the count from her) on the heels of recovering from Covid!

...**Joanna Colwell** and **Jordan Young** for leading 7-8 OWL which is such an important program.

...**Jess Rouse** for being willing to step into anything RE and at the last moment and all the kids and RE families who made valentines for some of our CVUUS community.

...**Marnie Wood** for the Valentine's flowers for staff.



...**Ann Webster** for her sustainable giving advice last month. preparation of our upcoming budget and service as our treasurer.

...**Mary Hadley** for her quick response tech work on the Ukraine vigil and others who helped plan, set up, greet and spoke.

General Assembly (GA)

is the annual UUA meeting. Participants worship, witness, learn, connect, and make policy for the Association through democratic process. Anyone may attend. It'll be a **multiplatform event**. Let's reach record-breaking attendance **June 23-27, 2022!** Visit



uua.org/ga. More next month.

UUA President Rev. Susan Frederick-Gray invites you!

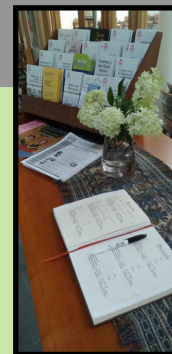
Whale Coast Alaska 2022 Have you ever wanted to visit Alaska? If so, this is for you! 4 Alaska UU congregations invite you to experience our unique environmental and spiritual tour program this summer. See Alaska through the eyes of local UUs, with friendly homestays and awe-inspiring tour activities. See wildlife, including moose, bears, caribou, whales, bald eagles, sea lions, etc. Visit Denali National Park. Experience Native Alaskan culture. More at: www.WhaleCoastAK.org. Don't miss this once-in-a-lifetime experience!

Live on an Island this Summer Many lives have been positively influenced and careers determined by spending a summer at **Star Island** off the shoals of NH. The powerful community that arises each summer is an outgrowth of common goals, hard work and mutual support. Visit or work there. More at: www.starisland.org.

Follow UUA and its affiliates on our CVUUS Facebook page with posts by Donna LaRose.

NURTURE Your Spirit.
Help HEAL Our World.





SAFE CONGREGATION TEAM TIPS

PERMISSION REQUIRED TO MEET: Anyone using CVUUS grounds or buildings MUST get clearance and schedule ahead of time with Laura. Contact her in the Office preferably M-F 8-12 office@cvuus.org. In an emergency, when Laura can't be reached, contact Rev. Barnaby 989-9303.

MEETINGS: We are still limiting attendance levels based on COVID conditions vaccination eligibility for all ages. See [here](#) for more about scheduling and renting our environmentally-friendly, award-winning well-ventilated spaces with wifi and media access for multi-platform meetings.

VACCINATION STRONGLY ENCOURAGED: CVUUS encourages all eligible congregants and friends to be fully vaccinated and boosted. Contact our Caring Network if you want a ride to and from or help scheduling your appointment or to be tested or help acquiring a home rapid test kit.

MASKING: Masking required for all CVUUS gatherings inside. Exception: speakers at designated microphones will be strongly encouraged to wear a mask, but not required, while using the mic. We encourage KN95 masks and have them available in the Sanctuary foyer and the metal box right outside the main Fenn House door. **Non-CVUUS groups may make their own masking and signing-in decisions.**

DISTANCING: Distancing is still a healthy safety measure and should be observed where convenient.

VENTILATION:

Sanctuary and Fellowship Hall – always turn on the ventilation systems

Smaller spaces when warm out – open windows

Smaller spaces when cold out – air purifiers on and windows closed

Don't use the ceiling fans in Sanctuary or Fenn House

SINGING: Singers must ALWAYS mask. Our vaccinated and masked choir sings a few songs at most worship services. The congregation, also masked, is invited to sing along with one song near the end of the service.

RELIGIOUS EXPLORATION WITH CHILDREN AND YOUTH: Everyone must mask while inside, except for children 2 and under and people who can't for some reason and have spoken with the DRE. People working with children and youth **must be vaccinated and boosted – the DRE will save a copy of their vaccination card.**

ICE/MUD: Please use caution when walking on our paths as weather delivers thaws and rains. We appreciate your effort to **clean off or change your footwear** to avoid tracking in grit & salt.

CVUUS ZOOM: Ask Laura (388-8080 or office@cvuus.org) how you can request a cvuus zoom meeting. **To "claim host" once you are in:** Click on your name in "participants" and scroll down below the list of names and click "claim host" and where it asks for the "host key", put in these 6 numbers: **364568**. Click claim.



Ken Levine, 3/1
 Bob Alberts 3/2
 Hayden Sessions Bernhardt 3/3
 Gloria Gonzalez Zenteno 3/3
 Frances Stone 3/3
 Baxter Harrington 3/4
 Ember Roark 3/5
 Kate Gridley 3/7
 Alan Moore 3/9
 Scott Barkdoll 3/10
 Priscilla Bremser 3/10
 Mary Claire DeHaven 3/12
 Becky Strum 3/12

Claire Molineau 3/13
 Tieran Santerre 3/13
 Doug Richards 3/14
 Julie Chippendale 3/16
 Jeannette Lampron 3/16
 Pat Todd 3/17
 Revell Allen 3/19
 Sonora Gildrien 3/20
 Cheyenne Ross 3/21
 Bennet Fuentes-George 3/23
 Laura Ferguson 3/25
 Sheila House 3/25
 Nan Crowell 3/29
 Finn Roark 3/30

Wheel of Life CVUUS commemorates births and deaths. **Milestones and Passages** are shared each Sunday. Also see **Seasons of Life Fund** below.

Online Giving <https://cvuus.breezechms.com/give/online> See how to choose options [here](#) or by code to right. Pledge for 2022-23 [here](#).



for online giving



CVUUS Seasons of Life Fund

Share your joy or concern with the CVUUS community. Members and friends can commemorate personal milestones and passages through financial gifts to

CVUUS that provide extra money for us to fulfill our mission statement. The names of the donors and the occasions of the gifts are noted in our monthly newsletter. There is no minimum amount and the size of your donation will not be made public. Please consider the Seasons of Life Fund the next time you—or someone you know—want to honor a birthday, marriage, retirement, anniversary, death, or achievement.

CVUUS welcomes in our sanctuary
American Red Cross Blood Drive
Thurs March 24 & Tues April 12, 12—4 pm,
 by appointment redcrossblood.org

Pastoral Care

CVUUS is blessed with wise and well-trained individuals providing support to members and friends in various kinds of distress.

See **Jordan Young** or **Marjorie Carsen**.



Our Caring Network provides support, such as calls, visits, meals, and rides, to those in need. We offer rides to any member or friend who might want a ride to and from their covid-19 vaccination appointment. If you or anyone you know could use a ride, **KN95 mask** or **rapid test kit**, please call or email Kathryn Schloff (kathrynschloff@gmail.com or 349-5264) and arrangements will be made.

Visit www.uua.org to learn about the wider work of UUA and our affiliates.

Visit www.cvuus.org to explore our happenings and most current calendar.

Champlain Valley Unitarian Universalist Society



2 Duane Court, Middlebury, VT 05753
Located at Duane Court & Charles Avenue

FOR MORE INFORMATION:
(802) 388-8080; office@cvuus.org
Office Hours: M–F, mornings
Visit our web site at www.cvuus.org.
And Facebook page CVUUSVT

MINISTER
Rev. Barnaby Feder
388-8080 (office)
989-9303 (cell)
989-7197 (home)
Email: revbarnaby@cvuus.org

CVUUS Board of Trustees

Doug Richards – President	Members At Large:
Kerri Duquette-Hoffman – Vice-President	Priscilla Bremser
Ann Webster – Treasurer	Mary Hadley
Kas Singh – Clerk	Hannah Sessions

CVUUS Leaders

Caring Network – Kathryn Schloff 349-5264
Council of Ministries – Lise Anderson 734-255-3434, Brett M
Donation Ministry – Allison Cutler 989-7792
Facilities – Bob House 989-5050
Fellowship—Mike Greenwood 349-5653
Finance—Ann Webster 388-7506
Green Sanctuary – Elizabeth Golden 598-2388
Library & Information Resources – Artley Wolfson 989-7081
Membership Ministry – Marjorie Carsen 453-8457
Music Ministry Team – Carol Harden 989-8783
Pastoral Care – Jordan Young, Marjorie Carsen
Religious Exploration Council – Tracey Harrington, Jess Rouse
Safe Congregation—Alan Moore 865-335-2028
Small Group Ministry – Doug Richards 989-9387
Worship Team – Abi Sessions 349-8147

CVUUS Staff

Bookkeeper – Kris Butler (fm@cvuus.org, 989-7346)
Music – Ronnie Romano (music@cvuus.org, 201-388-4038)
Religious Exploration – Poppy Rees (re@cvuus.org, 349-8508)
Office Manager – Laura Asermily (office@cvuus.org, 388-8080)
Custodian— Keith Rickerby (989-6036)

March Worship Services 10 am

Attend onsite OR online

<https://zoom.us/my/cvuuservice/>

CVUUS Social Hour follows

Creating Ripples! See page 5

Getting Brighter! See page 9

More inside & at cvuus.org

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Return Service Requested

