



Champlain Valley Unitarian Universalist Society

February 2021 - Volume 23, Issue 7

2 Duane Court, Middlebury, VT 05753

(802) 388-8080

Our Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

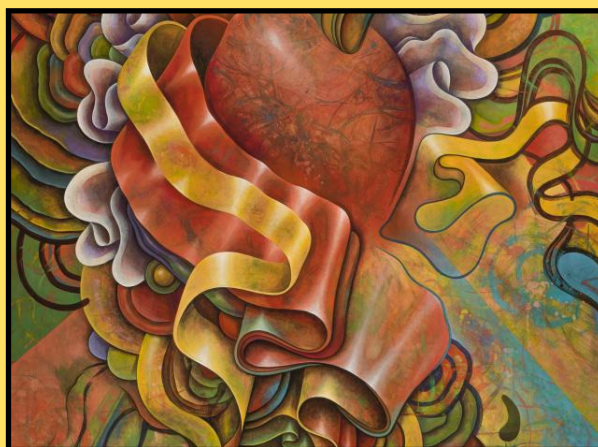
- * The inherent worth and dignity of every person;
- * Justice, equity, and compassion in human relations;
- * Acceptance of one another and encouragement of spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.

Join Us for Worship Services Online

Sundays at 10 am <https://www.cvuus.org/worship/watch-online/> OR <https://zoom.us/my/cvuusservice/>

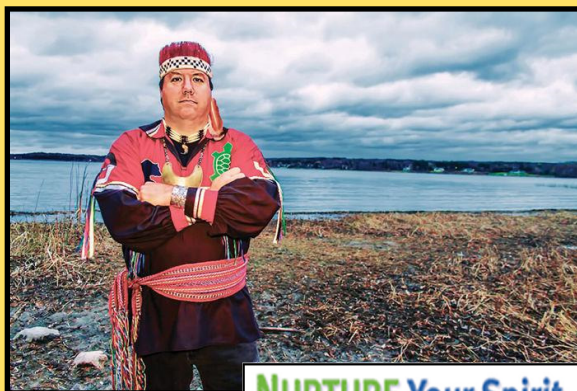
Generosity

Feb 7 —The Truth Shall Set You Free? -- Rev. Barnaby says, "Yes, but ..." Join us for a reflection on how generosity of spirit is vital to the *when* and *how* of gaining freedom. We'll collect for our UUA affiliates this month starting with Church of the Larger Fellowship. See page 8.



Feb 14 —Space, Time, and Generosity—Rev. Barnaby reflects on what science and reason have to say about generosity. We'll collect for First Parish of Portland ME.

Feb 21 —Good Intentions—Everyone suffers from disconnects between their intentions and the impact of their actions. Let's look at the hazards of generosity and how to avoid them. Followed by a Congregational Conversation (TBD). We'll collect for UU Rise.



Feb 28 — Baby Bear Moon Service—Honoring Indigenous traditions and lunar cycle led by Liam Greenwood with guest Abenaki Chief Don Stevens. We'll collect for DRUUMM. In March we'll collect for Vermont Abenaki Artists Assn.

NURTURE Your Spirit.
Help HEAL Our World.





Words from Rev. Barnaby:

My emotional “new year” usually begins in February. It's my birthday month, and that is amplified by the fact that my birthday falls on the eve of my mother's. Earlier in the month, over a period of a few days, pitchers and catchers traditionally migrate to Florida and Arizona for the beginning of baseball's annual spring training period, to be followed within a week by the rest of their teammates. In my native California as well as New England, February marks the turning of our northern hemisphere toward warmer weather as the peak cold, on average, of January is left behind.

This sense of beginning again in February has been amped up still further by my becoming a minister. February is the month when the groundwork is laid for our annual pledge drive. Through pledging, we settle on what each of us intends to contribute financially to CVUUS in the 12 months starting July 1. We start in February with organizing to imagine together what we want CVUUS to be doing for us and the wider community in the near future.

I was thinking about all of this as I read a review of the Biden-Harris Inauguration by James Poniewozik, the New York Times television critic. He noted that this inaugural was more than ever an event fashioned for a virtual space where all Americans could gather via television and other media because it was unsafe for even a small percentage of us to do so physically. He wrote, “Like so many public and personal events over the last year, it tried to re-create the emotional experience of **being there**, to voice the pain of separation and to point to a time when we might be together for real.” It was, he said, both “defiantly normal” and “strikingly unusual.”

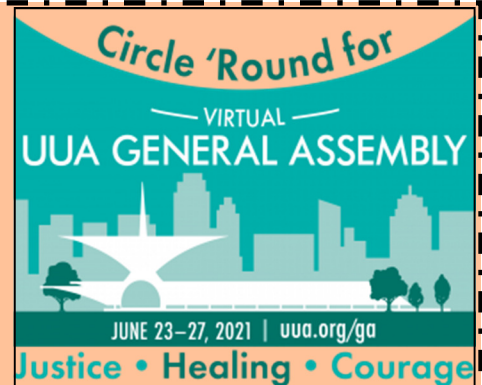
I think that review pretty much nailed it. It's not a bad description of much of what we have been aiming for as a congregation throughout the pandemic and it offers an agenda. May we “**be there**” for each other emotionally, voice the pain of separation, and point to the time later this year when we will be “together for real.” That would make for a great February at CVUUS.

Blessed be, Rev. Barnaby

General Assembly (GA)

is the annual UUA meeting. Participants worship, witness, learn, connect, and make policy

for the Association through democratic process. Anyone may attend. It'll be a **100% virtual event**. Let's reach record-breaking attendance **June 23-27, 2021!** Visit uua.org/ga



Whale Coast Alaska 2021 Have you ever wanted to visit Alaska? If so, **WhaleCoast Alaska 2021** is for you! 4 Alaska UU congregations invite you to experience our unique environmental and spiritual tour program this summer, when it will be safe to travel again. See Alaska through the eyes of local UUs, with friendly homestays and awe-inspiring tour activities. See wildlife, including moose, bears, caribou, whales, bald eagles, sea lions, etc. Visit Denali National Park. Experience Native Alaskan culture. WhaleCoast Alaska is an inspirational way to visit our beautiful state. More at: www.WhaleCoastAK.org. This is a once-in-a-lifetime experience you won't want to miss!

Live on an Island this Summer Many lives have been positively influenced and careers determined by spending a summer at **Star Island** off the shoals of NH. The powerful community that arises each summer is an outgrowth of common goals, hard work and mutual support. Visit or work there. More at: www.starisland.org.



From UUA President

Rev. Susan Frederick-Gray [A Prayer for Inauguration Day 2021](#)

From Braver/Wiser [Saving Democracy](#)



CVUUS Feb Newsletter

This congregation is

BOUND FOR JOY

(the joy of being together again)



2021-22 CVUUS Annual Canvass

Coming Soon!

Want to help?

Contact Brett Millier

(millierb@gmail.com) or

Karl Lindholm (lindholm@middlebury.edu)



Staying Connected... Virtually

Sunday Morning Zoom Coffee Hour (~11 am):

Join exchanges after worship where we check in with each other. Login <https://zoom.us/j/7444444444>

Weekend Greeting (Fridays): Rev. Barnaby shares inspirational thoughts, music and readings in a regular email from revbarnaby@cvuus.org. Not getting these? Email office@cvuus.org.

Weekly Blast (Wednesdays): Provides pathways for connection with links to our upcoming worship service, past services, and events. Not getting these? Email office@cvuus.org.

Facebook CVUUSVT follow us here with news and links to our Sunday worship service.

Yellow Card Milestones & Passages: Submit them at <https://cvuus.breezechms.com/form/YellowCard>

Virtual Visit: Request one with Rev. Barnaby at <https://cvuus.breezechms.com/form/VirtualVisit> or arrange for one on one time with him in our Sanctuary at revbarnaby@cvuus.org

Small Groups: Some meet remotely. Contact Laura at office@cvuus.org if your group wants to schedule **Zoom meetings**. Ask Laura how you can become the host for your cvuus zoom meeting. Explore *small group ministry* and our *affinity groups* on page 7 and [here](#).

Council of Ministries: Reps from our ministry groups convene online, now on 1st Monday of month at 4:30 PM, to brainstorm and update each other. Their missions are described [here](#). Look for opportunities galore for you to promote, celebrate and stay connected with CVUUS.



Social Action Updates



February “Share the Plate” Donee: UUA Affiliates

Feb 7— Church of Larger Fellowship Wherever you are in the world, wherever your truth takes you on your spiritual journey, the Church of the Larger Fellowship (CLF) is there to keep you connected with Unitarian Universalism (UU). Our 3,500 online members, with their children, live all over the world. What brings us together is the desire to connect, seek, share and grow within Unitarian Universalism. Look for *The Quest* in our lobby (coat rack area) or visit questformeaning.org.



Feb 14 —First Parish of Portland ME with whom we shared a minister exchange in 2019 with Rev. Christina Sillari. Visit firstparishportland.org.

Feb 21—UU RISE (Refugee and Immigrant Services and Education) offers direct legal services, particularly to those who have few resources to obtain legal assistance. Visit uurise.org for more.



Feb 28—DRUUMM (Diverse Revolutionary UU Multicultural Ministries) is a People of Color Ministry and anti-racist collective bringing lay and religious professionals together to overcome racism. It leads efforts to fulfill the *Journey Towards Wholeness Resolution* towards becoming an anti-racist, anti-oppressive, multicultural UUA, creating space for youth, young adult and our families of color to heal and work collectively, and steward an effective organization that develops new leadership and manages consistent communication with members. Visit druumm.org for more.

Future “Share the Plate” Donees Please speak with anyone on Donation Ministry to suggest an organization you would like CVUUS to support: Allison Cutler (chair), Barbara Karle, Ashleigh Hickey, Chris Murphy, Avi Freund or Rev. Barnaby. March’s donee will be Vermont Abenaki Artists Assn. *Thanks!*

Wish Lists **Charter House (for residents):** *Snacks* (knock on back door to drop off). **Community Supper (for take-out meals):** *Baked goods (no nuts)* delivered to Congo Church of Middlebury on Fridays 3-5 pm. **The Giving Fridge**, a new venture located at 24 Merchants Row Middlebury, gathers food donations and offers free meals. For more details on meal reservations and ways to give visit www.careofVT.com.

Charter House Dinner Prep Team We aim to do this **every second Monday of month from 10 am – 1 pm**. You can come for part of this time for a specific job if that works for you. Contact **Alan Moore** alanwmoore1947@gmail.com if you want to help with the Feb 8 meal.

Meals on Wheels provides so much more than a nutritious meal. Time commitment is based on your availability--it can vary from one day a week to two days a month (weekdays only). Delivery is typically from **10 to 11:30 am**. Talk with **Thurs UU Team** leaders Mary Conlon & Mike Greenwood. Contact emarks@agewellvt.org or 662-5249 or visit agewellvt.org/giving-back to volunteer.

Donate items to Neat Repeats, Buy Again Alley, JuneBug and WomenSafe! Drop off used clothing to Neat Repeats and give them account #108 or Buy Again and give them #504. **Women-Safe** needs mittens/gloves and will take toiletries (see Dottie Nelson with questions). Thanks!



RE THOUGHTS

UPCOMING EVENTS

REinvention. Hope. Joy. Fun. Community.

This is my sixth start to my newsletter piece this month. I have been sitting, trying to figure out what I have to offer you all in this piece. Ideas, information, hope, strategies? And none of that feels authentic to write about in this moment.

It's not that I'm really depressed and can't offer anything. But I'm...waiting, I guess. I feel greyish and not all shiny and full of ideas. Which is not unusual for this time of the year. It's cold. It's only January and I'm waiting for warmer weather. I have a stronger urge than normal to just watch movies and eat cookies. Add that to being on month - 11? 10? I lost track – of a pandemic and it's even tougher.

So, I'm not sure what I can offer to parents and others in this newsletter other than to say **I'm in this with you. This is hard.** Christmas had its own stressors but it gave me something to put lots of energy and time into and now it's January, with no major event that needs planning in sight. Maybe I need to go all in on Groundhog's Day this year? Callie wants to plan a summer vacation out of state, hopeful that we'll be able to do that by summer. And I think there's a good chance of that but I don't know, so we don't plan yet. We're not planning summer camps yet. There's not a timeline for vaccines for kids yet. A new coronavirus variant might be coming. And so....I'm waiting.

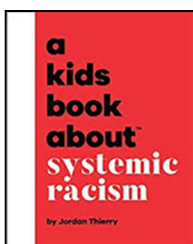
Waiting for information, for timelines, for COVID numbers, for warmer weather, for travel restriction information. Like many/most/all of you. And as I wait, I am very aware of how lucky I am to have a warm house, a great flexible job, a family, and good health. I'm aware – and it's still hard.

The only thing I guess I know (is it knowing if I use the word "guess"?) is that **JUST waiting when there is nothing specific to wait for is probably not the best way to go.**

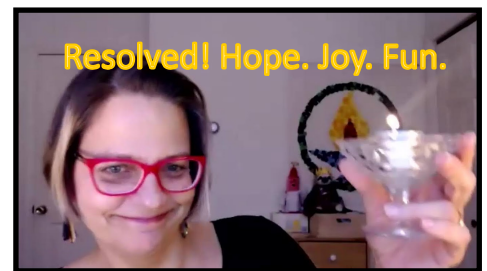
So there are 2 things I am going to do: 1) I am going to make a list of things that I am hoping for. Specific things like going to the ocean, summer camps for Callie, going to a movie in a theater, eating in a restaurant, hanging out in my parents' living room AND 2) I am going to find ONE thing, even if it's small, in the future, that I can work on. Hope is important, even if it hurts because it's scary. Yes, hope can lead to big disappointment. **But I need hope.** My kids need hope. We all need hope. And I am hopeful. So I'm going to be SUPER hopeful and go all in on it. I will hope for unrealistic timelines and summer trips. I'll hope for the next school year to be completely normal. And to do RE in Fenn House next year. And to have Festival on Green.

And if these hopes don't happen when I had hoped, then so be it. But I'm not going to let this pandemic take away one of the only things I can still do. Hope. **What are you hoping for?**

~ Love, Poppy - your Director of Religious Exploration



View Sunday Worship Time for All Ages with Poppy when she reads stories and shares lessons. Look for links in our Weekly Blast, like this one from Jan 17: [TFAA this week - I Am One - A Book of Action](#) and [here](#). She offered this **Bonus video** in her weekly message to families: ["A Kids Book About Systemic Racism" - read by Poppy](#)





NEW! CVUUS Library of Things

You sprain your ankle and need a pair of crutches for a few days. Your cousin is

coming for the weekend with her two small children and you could use a sassy seat, and maybe a portable crib. It's your uncle's 80th birthday and you could use a couple of hot plates to set up on the buffet table. Of course, you could go out and buy what you need and then store it in the garage for a few years until you need it again. Or you could call everyone you know to find out who has the needed item stored in their garage or basement. Or you could post on Front Porch Forum.

Or -- you could check the **CVUUS Library of Things**. You've never heard of the CVUUS Library of Things? That's because it's brand new. It's (or will be) a list of useful items owned by members of the congregation that are available for short term borrowing. Think medical needs (crutches, waterproof cast covers, shower seats), baby equipment (portacribs, sassy seats, baby gates), party equipment (hot plates, ice buckets, coolers, folding tables and chairs), or tools.

How will it work? If you need to borrow something, you'll call the librarian of things, they will check the spreadsheet, and contact the owner of said item to check if it's available. If it is, you'll get a call and will be able to pick up what you need.

How will we get it started? If you have something you are willing to lend, or can think of a useful category of items, contact Artley Wolfson, the keeper of the spreadsheet. She'll enter the information. If you have questions or suggestions about how this will work, contact Artley, Kathryn Schloff or Michele Lowy. Let the borrowing begin!



Roses to...

...**Artley Wolfson**, **Kathryn Schloff** and **Michele Lowy** for launching the new CVUUS Library of Things— the place to look for medical equipment and other things you can borrow for free for temporary use (see left).

...**Bobbi & Gerry Loney** for leading online RE Groups for younger ages and **Abi Sessions** for helping with Youth Group.

...**Allie Izzard**, a recent Middlebury College grad who participated in teaching RE and is now helping us remotely from Wilmington DE with Coming of Age RE Group.

...**Doug Richards** for leading our congregational conversation on adult exploration possibilities.

...**Larry Vanderburgh** for initiating our current work on a much more systematic way to store online elements of past services so they can be easily repurposed for future use.

...**Jordan Young** and **Julie and Neil Chippendale** for running the post worship zoom coffee hour.

...**Monty Montgomery** for tracking our Sunday worship attendance

...**Ashley Cadwell** for bringing Jason Cadwell, his younger brother, to us for a planned giving webinar.

...**Mary Conlon** for preparing staff W-2s.



Rev. Barnaby represented CVUUS in the **national candlelight vigil** on the Eve of the Inauguration to **remember and mourn pandemic victims**.



Explore Small Ministry Groups: A Different Way to Do Church

Small Ministry Groups deepen and broaden personal spiritual growth. A group usually consists of 8-10 members who meet via Zoom monthly. Each meeting is focused on a spiritual or religious topic. To join or form a group, contact Doug Richards (drichard@keuka.edu or 802-989-9387). **Or join one of our affinity or Adult RE groups.**



Writers Group meets the 2nd Monday of month from 7:30-9 pm via Zoom. This is for anyone who writes: for pleasure, hoping to publish, published. All are welcome to come and share, including people not part of CVUUS. You may ask for feedback or not. Questions? Email bobbiloney@gmail.com to get on the list for Zoom link.

UU Cingles gathers via Zoom [here](#) for those aged 60+ to provide company and conversation during these difficult times. We aim to meet on every other Saturday at 1 pm (Jan 5 & 19). Watch the blast for invites. For more, call or email Monty Montgomery, Revell Allen or Marjorie Carson.

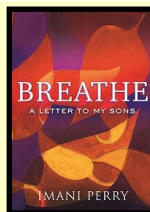


Native Moons Group led by Liam and Mike Greenwood celebrates the Abenaki and Iroquois lunar cycle and uses *Braiding Sweetgrass* by Robin Hall Kimmerer to guide reflective writing and sharings via monthly Zoom evening meetings aligned with celebrating the full moon. Contact Liam at liambattjes@gmail.com to get on his zoom list. Look for him leading our worship service often on last Sunday of the month.

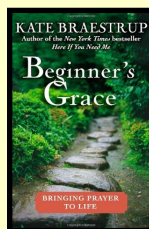
New Baby Bear Moon, Thur, Feb. 11, 7 pm
Blizzards and heavy snow. Branches failing under the weight. *Braiding SG*, *Windigo Footprints*, pg. 303 Exercising restraint and sensing when we over- load natural systems.



Full Baby Bear Moon, Sat, Feb. 27, 7 pm Bears give birth and quietly nurse new life. Much of life is hidden. *Braiding SG*, Witness to the Rain pg. 293 and M. Oliver poem How can we deliberately protect diversity and new life? Join us for Sunday worship Jan 28 with Chief Don Stevens.



Breathe Book Group led by Jean Terwilliger and Mike Greenwood continues on the **fourth Wed of the month at 7:30 pm** Jan through April online [here](#). Order your copy of this UUA Common Read from uuabookstore.org or vermontbookshop.com or borrow ours.



Exploring Prayer led by Rev. Barnaby continues on the **second and fourth Thursdays of the month at 7 PM** in Jan, Feb, and March. The class follows Rev. Kate Braestrup's *Beginner's Grace: Bringing Prayer into Your Life* and looks at the varieties of prayer including famous ones, writing our own versions of them, and sharing those personalized prayers. Join online [here](#).



CVUUS Sangha & Meditation

If you're interested in developing a meditation practice, you're warmly invited to join us **Sunday mornings 9:15 to 9:45 AM** with **Colleen Brown & Dinah Smith**. It's open to folks of all ages and all levels of experience with meditation. Each session includes instruction and three 5-minute guided meditations. It's aimed especially at those who are just beginning a meditation practice. During these trying times, it seems we all benefit from connecting with the place of silence and peace within, and this program is intended to help us locate and occupy that space with greater ease. Please feel free to contact either Colleen or Dinah with any questions. Zoom link [here](#)



Have You Discovered CVUUS LIBRARY yet?

Need UU-interest reading material? See our CVUUS Library reading lists at [https://www.cvuus.org/learning/library/reading-lists-](https://www.cvuus.org/learning/library/reading-lists-2/)

[2/](#). We're happy to locate books for you. Arrange pick up with office@cvuus.org or awolfson@middlebury.edu. **Don't miss our new CVUUS Library of Things. More on page 8.**



Choir Group

Hello! The choir singers have been hard at work on new music from Queer UU composer Amanda Udis-Kessler, including 3 rounds for Feb and March. We also have one round that Chuck Miller left us to work on before he set off for his well-deserved sabbatical in Florida. Talented pianist and Wellspring

choral leader Ronnie Romano is helping in his absence. It's so great to have talented musicians in the community to pick up the slack!

Now, the choir is busy making recordings of the rounds, and Eric Maier will again be helping make compilations for the choir. I will do my best to find the right images to bring the music to life. The texts to the rounds are pretty simple: **Justice and Joy** says "*the fruits of our labors are Justice and Joy. Justice, we'll build a land of Justice. Joy, sweet joy, we offer our thanks for the wonder of joy.*" Then a companion round, **Bound to Love and What Do We Bring** says, "*Bound to love, bound to each other, bound to serve, bound to give, bound to care, one for another, every day that we live...What do we bring to show our love, what are the gifts that are ours alone? Body and spirit, heart and mind, making a world where all are home!*" And, "**Spirit of Justice, Spirit of Kindness**, you have called and claimed us. We will follow in your way. Ours is the work of Justice, ours is the path of Kindness. Spirit of Justice, Spirit of Kindness, may we live your dream!" And finally, my text set to Chuck's round has become **Peace to all of us...for eternity**. Each of these rounds has simple but important words. The choir is making these compilations so that any service between now and April can use them if they fit. I love that well crafted UU compositions fit so many of our services.

I will remind you that all are welcome at our Virtual Choir meetings on Zoom on Wednesdays at 5:30-6:30. We check in, chat a bit, then turn off our mics and sing in our own spaces with music that I put up so you're not singing in a vacuum. The rounds are a lot of fun to learn, then very easy to record as one only has to sing it through 1x then the recording engineer takes it from there to make music. The choir members aren't as happy as when we met in person, but a core group is continuing to show up and make recordings so CVUUS still has a choir presence. We'd love to bring you on board.

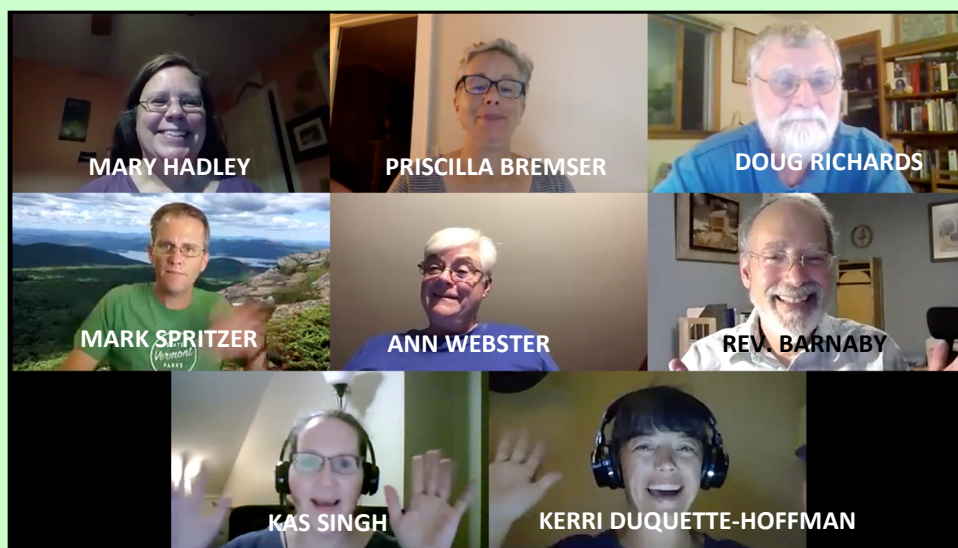
Sending lots of love and hope for COVID vaccines and eventual immunity, so we can gather in person again and sing! Blessings Lucy

Have you upgraded to a new laptop and are deciding what to do with the old one?

Donate it to CVUUS Music Ministry Team! We purchased some equipment to better record live music for CVUUS services. Now all that is needed is a dedicated laptop computer. It should have at least 16 GB ram and, if a mac, run OS 10.12 or above. Contact Shannon LaRose (newfivecents@gmail.com) if you can help.



Lucy offers walks to anyone who'd like them to check in and restore.



FROM CVUUS BOARD

A hearty thank you to everyone who contributed to our non-radical, non-auctionable, **fall fundraiser**. With your generous responses, over 25 people/families contributed around **\$11,000** which is tremendous! This goes a long way to fulfilling our budgeted amount for fundraising this year and paves the way for some type of Rhubarb Festival/pie event later in the spring where we can

again give a substantial portion of the proceeds to HOPE. From CVUUS Board Treasurer and Finance Team member Mary Hadley

When do I get my Tax Deduction Statement? All statements were sent in Jan and included all donations received by Dec 31, 2020. Let Kris know if you want a print copy. She's happy to do it but is also happy to save the postage and envelopes for those who don't! **Need an update on your pledge status?** Contact our bookkeeper Kris Butler at fm@cvuus.org or 989-7346 on Tues or Fri (10 am– 1 pm) when she works remotely.



Stock Transfer Giving: We recently converted one of the CVUUS investment funds to a brokerage account that allows transfer/donation of stock from member or friend non-Vanguard accounts to the CVUUS Vanguard account. This will simplify our financial processes and costs less than our previous process through Cetera. We have successfully received the first stock donation using the new Vanguard account, so if you are interested in giving to CVUUS in this way you can refer to Vanguard account 29559438 and DTC# 0062.

Planned Giving Strategies: Most of us have many more options than we realize for making financial gifts to family members, organizations they support like CVUUS, and charities. Did you miss our free workshop with guest advisor Jason Cadwell, Ashley Cadwell's younger brother--a money management expert based in Burlington? See more [here](#) including how to contact him. It was not recorded, but you can follow up with Rich Wolfson or John Berninghausen for guidance.

Online Giving <https://cvuus.breezechms.com/give/online> See how to choose options [here](#).

Congregational Conversation

Sunday Feb 21, 11 AM,
cvuus zoom

Topic TBD





CVUUS COVID Building Use and Meetings Policy

Anyone using CVUUS grounds or buildings MUST: **Get clearance and schedule ahead with Laura** DURING THESE HOURS: M-F 8-12 office@cvuus.org. In an emergency when Laura can't be reached, contact Rev. Barnaby 989-9303. *Take pre-screening health survey before attending (posted on entrance doors and below).* Adhere to "CVUUS COVID CHECKLIST" below and those for singing and playing instruments and recording inside. Sign in on clipboard. **NO GROUP MEETINGS INSIDE OR OUTSIDE. Worship will be online till April 2021.**

CVUUS COVID CHECKLIST

BEFORE ENTERING BUILDING: TAKE THIS PRE-SCREENING HEALTH SURVEY. IF YOU ANSWER YES TO ANY OF THESE QUESTIONS, YOU MAY NOT ENTER CVUUS BUILDINGS. In the past 14 days, have you had close contact with a person confirmed to have COVID-19 or traveled out-of-state for a reason that requires quarantining under current VDH orders YES NO

Today or in the past 24 hours have you had any of the following symptoms? Cough, shortness of Breath or Difficulty Breathing, Fever (above 100.4°F) or felt feverish, Chills, Muscle Pain, Sore Throat, New loss of taste or smell, fatigue, Headache, Nausea/vomiting,

Diarrhea YES NO Have you been at a multi-family gathering in the past 2 weeks? YES NO

AS SOON AS YOU ENTER BUILDING: use disinfectant wipes or spray to disinfect the doorknob behind you, the thermometer, and anything else you touch near the entry * use hand sanitizer or wash your hands for 20 seconds using soap & water at sink * sign in on clipboard

WHILE IN BUILDING: wear a face covering that covers your nose and mouth when in the presence of others, stay at least 6 feet away from others not in your household, use only the assigned meeting room and designated bathrooms, when possible, open doors and windows to promote air flow to the greatest extent possible, use fans, air exchanger when in sanctuary, air purifier when in Fenn Chapel

BEFORE YOU LEAVE BUILDING/

GROUND: Close and lock any open windows; turn off overhead fans and lights as needed., use disinfectant wipes or spray on **ANYTHING YOU TOUCHED** while you were here.

If you get COVID symptoms or a COVID diagnosis within 14 days of being at CVUUS, inside or outside, please let Laura know ASAP

Rules for Singing & Playing Instruments

Sing, play, practice, and record outside whenever possible.

Only those of the same household can be in the space at a time.

Musicians should come ready to record or perform – this is not a space for rehearsals or warm-ups. Minimize the number of takes of a recording.

The space used should have as much outside air circulation as possible (windows open, fans)

Everyone except singers and wind musicians must be masked. Singers and wind musicians may be unmasked only while actually singing or playing.

After unmasked singers and wind musicians have been in an indoor space, that space must be empty until the next day.

CVUUS ZOOM: Ask Laura how you can request a cvuus zoom meeting. **To "claim host" once you are in:** Click the Chat. In the bottom right corner of it, there are 3 dots. Click them. Click "claim host" in the box where it asks for the "host key", put in these 6 numbers: **364568**. Click claim or ok or whatever and you'll now be the host. **To allow everyone to share their screen:** Click on "Security" in your bottom toolbar. Click on "share screens" and you should be all set.



FEBRUARY BIRTHDAYS



Mars"Van" VanOrder 2/1
Margy Young 2/1
Molly Darrell 2/2
Kate Tilton 2/3
Ashleigh Hickey 2/7
Sylviane Acker 2/7
Amelie Trefethen 2/7
Bill Sessions 2/9

David Martin 2/10
Xavier Fuentes-George 2/13
Pam Billings 2/14
Brett Millier 2/14
Carrie Mol 2/15
Emmett Raishart 2/21
Janice Sabett 2/22
Barnaby Feder 2/24

Wheel of Life CVUUS commemorates births and deaths. Listen to **Milestones and Passages** each Sunday for these and share your own. See how on page 3. Also see the **Seasons of Life Fund** below.

CVUUS Directory: We send out a directory monthly by email to those listed in the directory. There are two versions: one with photos and one without photos. Contact Laura (office@cvuus.org) if you'd like to be added, need to report a change or want to add or change a photo.

Online Giving Options Submit a donation **by text** (dial 518255-8053) or **by code** to right or at <https://cvuus.breezechms.com/give/online> Enter the amount you want to give. It defaults to "Share the Plate 50/50," but remember you can use the drop down on the right of that field to choose another giving category. It also gives you an option to pay the service charge. Thanks for all you give.



for online giving



CVUUS Seasons of Life Fund

Our Seasons of Life Fund is a way to share your joy or concern with the CVUUS community. Members and friends can commemorate personal milestones and passages through financial gifts to CVUUS that provide extra money for us to fulfill our mission statement. The names of the donors and the occasions of the gifts are noted in our monthly newsletter. There is no minimum amount and the size of your donation will not be made public. Please consider the Seasons of Life Fund the next time you—or someone you know—want to honor a birthday, marriage, retirement, anniversary, death, or achievement of any sort.

Planned Giving: For help including CVUUS in your will or trust, contact **John Berninghausen** (349-7080 berningh@middlebury.edu).

Pastoral Care

CVUUS is blessed with many wise and well-trained individuals providing support to members and friends in various kinds of distress.

Laurie Borden, Jordan Young, Marjorie Carsen



Our Caring Network provides support, such as calls, visits, meals, and rides, to those in need.

We thank all the faithful folk who have participated in our efforts to support our members - providing lots of meals and myriad rides to doctor's offices, doing errands and paying visits. We encourage the congregation to call on us. We have a network of willing helpers standing by that we can call or email on your behalf. Let us know if you'd like to join this network by contacting **Kathryn Schloff** (kathrynschloff@gmail.com or 349-5264).

Visit www.uua.org to learn about the wider work of UUA and our affiliates.

Visit www.cvuus.org to explore our happenings and most current calendar.

Champlain Valley Unitarian Universalist Society



2 Duane Court, Middlebury, VT 05753
Located at Duane Court & Charles Avenue

FOR MORE INFORMATION:
(802) 388-8080; office@cvuus.org
Office Hours: M–F, mornings
Visit our web site at www.cvuus.org.
And Facebook page CVUUSVT

MINISTER
Rev. Barnaby Feder
388-8080 (office)
989-9303 (cell)
989-7197 (home)
Email: revbarnaby@cvuus.org

CVUUS Board of Trustees

Priscilla Bremser – President	Members At Large:
Doug Richards – Vice-President	Mark Spritzer
Mary Hadley – Treasurer	Kerri Duquette-Hoffman
Kas Singh – Clerk	Ann Webster

CVUUS Leaders

Caring Network – Kathryn Schloff 349-5264
Council of Ministries – Jean Terwilliger 377-1849, Lise Anderson
Donation Ministry – Allison Cutler 989-7792
Facilities – Bob House 989-5050
Fellowship—Mike Greenwood 349-5653
Finance—Mary Hadley 377-2270
Green Sanctuary – Elizabeth Golden 598-2388
Library & Information Resources – Artley Wolfson 989-7081
Membership Ministry – Marjorie Carsen 453-8457
Music Ministry Team – Carol Harden 989-8783
Pastoral Care – Laurie Borden, Jordan Young, Marjorie Carsen
Religious Exploration Council – Tracey Harrington, Jess Rouse
Safe Congregation—Alan Moore 865-335-2028
Small Group Ministry – Doug Richards 989-9387
Worship Team – Abi Sessions 349-8147

CVUUS Staff

Accompanists – Kate Gridley and Chuck Miller
Bookkeeper – Kris Butler (fm@cvuus.org, 989-7346)
Choir Director – Lucy Tenenbaum (lucytunes@me.com)
Dir. of Religious Exploration – Poppy Rees (re@cvuus.org)
Office Manager – Laura Asermily (office@cvuus.org)
Custodian— Keith Rickerby (989-6036)

Medical equipment and other things to lend &
borrow for free for temporary use (see p. 6)

New! CVUUS Library of Things

Worship Service Online 10 AM
Followed by Zoom Coffee Hour

Return Service Requested

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Middlebury, VT 05753

