



# Champlain Valley Unitarian Universalist Society

July-August 2020 - Volume 23, Issue 1

2 Duane Court, Middlebury, VT 05753

(802) 388-8080

## Our Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- \* The inherent worth and dignity of every person;
- \* Justice, equity, and compassion in human relations;
- \* Acceptance of one another and encouragement of spiritual growth in our congregations;
- \* A free and responsible search for truth and meaning;
- \* The right of conscience and the use of the democratic process within our congregations and in society at large;
- \* The goal of world community with peace, liberty, and justice for all;
- \* Respect for the interdependent web of all existence of which we are a part.

## Spirituality & the Arts Summer Worship Services Online

Sundays at 10 AM

<https://www.cvuus.org/worship/watch-online/>

OR <https://zoom.us/my/cvuusservice/>

**July 5—One Painter's Practice during the Pandemic** — Kate Gridley shares thoughts about working in isolation and staying engaged with community.

**July 12—This Land Is Your Land?—Festival on the Screen—** Shannon LaRose, Liam Greenwood and Jason Duquette-Hoffman compile music and art by several congregants for our reflection.

**July 19—Magic and Spirituality**—With Zac Young and Jax Ridd

**July 26—Journaling as Self-Care**—Led by Esther Thomas

**Aug 2—Overlooked Spirituality of Bread Making**—Led by Joanna Colwell & other CVUUS breadmakers

**Aug 9—Writing as Spiritual Practice**—Led by Karl L

**Aug 16—Seeking Perspective** —Led by Jason Duquette-Hoffman and videographer Kameran Stroud.

**Aug 23—Theatre in this Time**—Led by Becky Strum

**Aug 30—The Art of Children's Stories**—Ashley Wolff, a nationally recognized illustrator, focuses on how art can change over time, with Karl Lindholm.

**Sept 6—Labor Day Weekend**





## Words from Rev. Barnaby: Summer Prayer

May those of you who need relief from the pressures of pandemic life  
find it this summer;

May those who need help in this search find that help.

(Hint: it could come from anywhere)

May those of you grieving all you have lost or indefinitely postponed this year  
know nothing is wrong with you;

May those alienated from your grief find help in locating and embracing it;

(Hint: it could come at any time)

May those of you who have cause for gratitude take joy in that blessing;

May those who need help locating gratitude find that help;

(Hint: it could come from anywhere at any time)

May those of you fearing the future find the courage to bring your gifts to making it brighter for all;

May those who need help believing their gifts are needed find it among us  
and in the emerging Spirit of Love-Giving Life of which we are a part.

(Hint: Have faith – you are needed!)

## Quick Reference 2020-21

**General Questions:** Contact Office Manager Laura Asermily at [office@cvuus.org](mailto:office@cvuus.org) or 388-8080 when she works mornings Mon-Fri in the office. You can reach our Bookkeeper Kris Butler at [fm@cvuus.org](mailto:fm@cvuus.org) or call her Tue and Fri (10-2) when she works remotely from home 989-7346. **Office will be closed July 4-20 for staff vacation.**



Laura



Kris

**Pastoral Questions/Concerns:** Contact Rev. Barnaby [revbarnaby@cvuus.org](mailto:revbarnaby@cvuus.org) or 388-8080. In his absence, contact Pastoral Care (see page 11). If you or someone you know in the congregation needs support such as calls, visits, meals or rides, contact Caring Network (see page 11).

**Web Site:** [cvuus.org](http://cvuus.org) **WIFI Password:** 1BamaDiva! **Librarian:** Artley Wolfson ([awolfson@middlebury.edu](mailto:awolfson@middlebury.edu))

**Webmaster:** Margy Young ([margy@gurus.org](mailto:margy@gurus.org)). **Tech help:** Jordan Young and Brian Mason

**Calendar of Events:** Under News at [cvuus.org](http://cvuus.org). Check with Laura ([office@cvuus.org](mailto:office@cvuus.org)) about **scheduling an online meeting using our CVUUS Zoom account.**

**Building Use Schedule, Policy & Rates:** Contact [office@cvuus.org](mailto:office@cvuus.org) or refer to our website. *Please sign in on the clipboards at our entrances so we can track who is entering.* See page 10 for policy & procedures.

**Email Blast:** The office sends out weekly email notices listing current CVUUS events. Contact Laura to get on the email list.

**Directory:** We send out a directory monthly by email to those listed in the directory. There are two versions: one with photos and one without photos. Contact Laura if you'd like to be added, need to report a change or add or change a photo.

**Religious Exploration:** See page 4. Contact Director of RE Poppy Rees for more (349-8508).

**Membership:** Contact Marjorie Carsen to learn what it means to become a member. See page 5.

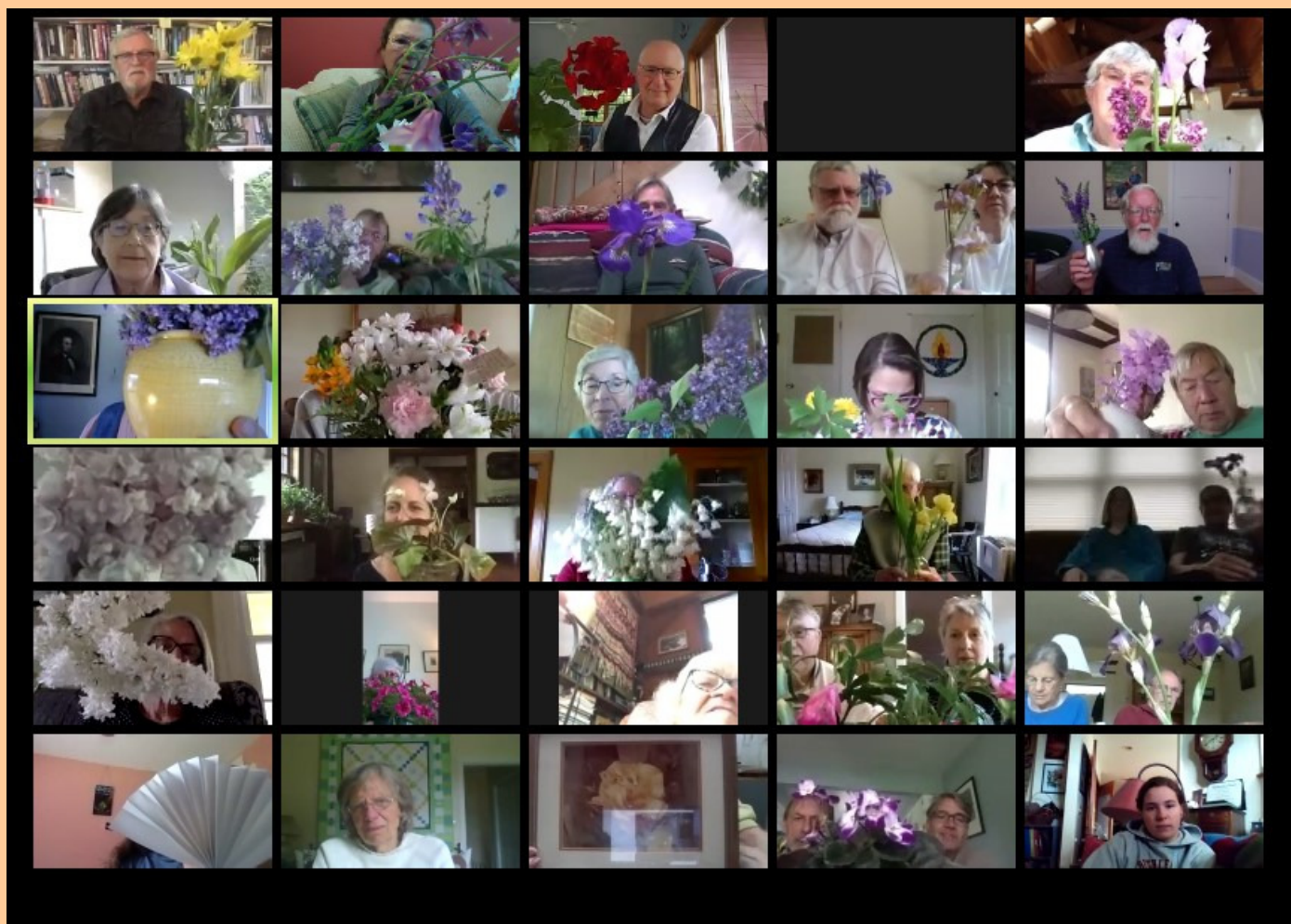
## Gather Your Summer Waters!



Spring brings our Flower Communion (see p. 3) and Fall brings our Ingathering **Water**

**Communion** where we bring water from our summer travels or favorite watering hole to fill our virtual communal bowl. We look forward to receiving your water for our **Ingathering Worship Service in September.**





## Staying in Touch...Virtually

**Sunday Morning Social Hour (~11:15 am):** Jordan leads exchanges on how we're doing. Login <https://zoom.us/my/cvuuservice/>

**Daily CommUUion:** Rev. Barnaby shares inspirational thoughts, music and readings in a regular email. Look for an email titled *Daily CommUUion* from [revbarnaby@cvuus.org](mailto:revbarnaby@cvuus.org) email. Not getting these? Email [office@cvuus.org](mailto:office@cvuus.org). These will be reduced to Mondays and Fridays over the summer.

**Yellow Card Milestones & Passages:** Submit your info at <https://cvuus.breezechms.com/form/YellowCard>

**Virtual Visit:** Request one with Rev. Barnaby at <https://cvuus.breezechms.com/form/VirtualVisit>

**Caring Circles:** Our Caring Network formed circles of 6-8 congregants, organized largely by neighborhood, as a means of staying in touch with one another through phone call and Zoom check ins. Did we miss you? Contact Michele Lowy ([mclowy@gmail.com](mailto:mclowy@gmail.com) or 989-7197).

**Our Ministries & Affinity Groups:** Several are taking a break until the Fall and some are arranging to meet remotely or distanced over summer. A new *Native Moons and Natural Mindfulness* small group ministry started last month and continues through the summer. Others can be formed. See page 9.



# CVUUS July-Aug Newsletter



## RE THOUGHTS

## THIS SUMMER & NEXT YEAR?



**Summer Care Packages** have mostly all been delivered to 29 families, from Westport NY to Hinesburg to Brandon. Besides containing our end-of-OWL gift book for the OWL youth, they also had some home-made treats, summer fun things, coloring pages, small chalices, and our RE Chalice Lighting: ***We are Unitarian Universalists. We are a church of open minds, loving hearts, and helping hands.***

Our normal Summer RE program was cancelled due to COVID restrictions but we have been **considering some socially-distanced August get-togethers**, if we can find a way to do them safely. We are also

looking at delivery method questions for RE in the Fall. Maybe we could start with some outside meetings while it's still warm enough and then move to other methods (Zoom, mail, videos, carrier pigeon, other)?

Normally, by now, we have shared our whole upcoming year's RE offerings but we can't yet this year because too many things are still up in the air, like how much kids will need to do remote learning using screens this Fall and what the state restrictions and our comfort levels will be in September. We DO know that there will be **Coming of Age for grades 7-8 and Youth Group for grades 9-12** but that's it. And we know that we will still have a **creative, justice-oriented, loving RE program for all ages!**

In the meantime, check out a few **ONLINE RESOURCES FOR YOU AND YOUR KIDS:**

[Revolutionary Humans](#) A Black-run organization supporting social justice efforts in parenthood for all families.

[A Handy Guide to the 7 Principles of Unitarian Universalism](#) 3.5-minute creative video for kids (and parents who need help remembering the Principles!). Fun to watch.

[How To Deal With Parent Burnout Going Into Summer During COVID-19](#) 2-minute read



~ Poppy, your Director of Religious Exploration



Our buildings are closed for public use this summer, but we're "open" virtually and standing for justice. Follow us at [cvuus.org](http://cvuus.org).





## Social Action Updates



### Food Projects for Homeless in Rutland & Addison County with Breadloaf Mountain Zen Center

We'll continue **bag lunch distribution** by dropping off bags in the coolers by the shed late afternoon (3:30-5) for **pick up Thursday evenings**. A bag might include: any mix of fresh fruit that is easy to handle and chew (grapes, clementines); individual apple sauce servings; small boxes of raisins; small packages of small carrots; string cheese (two per bag if possible); packaged trail mix; granola or protein bars; and bags of chips. Hand sanitizer and wipes are precious additions. Individual tissue packets and cans of seltzer water are also appreciated. Last but certainly not least, the best bags include an kind saying or expression. The Zen Center also aims to **prep dinners in our new kitchen on Monday nights** beginning mid to late July. Stay posted for more.

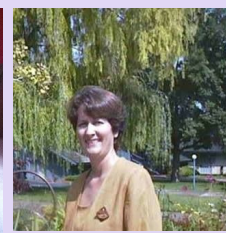
### Charter House Community Lunch Team

Join our call list for making a dish occasionally, or help make sandwiches on site for take-out lunches, or serve, or help with cleanup. We do this **every third Tuesday from 10 am – 1 pm**. Contact **Alan Moore** alanwmoore1947@gmail.com, Barbara Merz, Revell Allen. Charter House community meals have continued every day as carry-outs. They now provide 24/7 staff support and **3 meals a day for the 100 people** who are sheltering at Charter House and hotels.

**Meals on Wheels** provides so much more than a nutritious meal. Time commitment is based on your availability--it can vary from one day a week to two days a month (weekdays only). Delivery is typically from **10 to 11:30 am**. Talk with **Thurs UU Team** leaders Mary Conlon & Mike Greenwood. Contact [emarks@agewellvt.org](mailto:emarks@agewellvt.org) or 662-5249 or visit [agewellvt.org/giving-back](http://agewellvt.org/giving-back).

## Welcome!

So much is changed in the past year! Thanks to Zoom, we were able to hold the New UU classes, led by Rev. Barnaby Feder, in May, and several friends and old members attended in order to expand their knowledge of our faith, along with prospective new members. So along with our Annual Meeting on June 7th, also on Zoom, we were delighted to **welcome 3 new members--**



**Pam Billings, Julia Chant, and Janice Sabett**

If you see them on Zoom, or out in the fresh air of our county, please greet them, introduce yourself, and thank them for joining our community in such challenging times. There are a few token gifts for new members that we convey.

There is so much uncertainty now about what lies ahead for CVUUS, as to how we can maintain and expand our connections during this pandemic, but we can hope there will gradually be more opportunities for getting together for support and spiritual enrichment. Our virtual services and other communications from Rev. Barnaby, and others, continue to provide for some of these needs.

Please do not hesitate to invite anyone you know, or meet, to check out these services and even get on our mailing list. I will try to get in touch with any such "visitors" who may be feeling a bit of spiritual homelessness, with an opportunity to feel more connected. Formal membership is not on this agenda, of course. One of these days, or months, we will resume the joyful blessing of re-entering our lovely sanctuary and greeting each other in person again. For now, there is a fine video-- thank you, John Barstow!-- of entering our building, which I hope will be played often. May you be safe and healthy this summer, with chances to enjoy the beauty of Nature, as an important source of spiritual sustenance.

Warm summer blessings,  
Marjorie Carsen for the Membership Ministry



## Social Action Updates



### Summer “Share the Plate” Donees

**July 5 & 12: Black Freedom Fund.** Christal Brown (choreographer, educator, performer, writer and activist) is an Associate Professor of Dance at Middlebury College. In response to people asking how they can help during these turbulent times, she decided to start a fundraiser, The Black Freedom Fund using her non-profit

organization, INSPIRIT - a Dance Company. The Black Freedom Fund will offer assistance to black artists, families, and entrepreneurs, who due to Covid-19, a lack of resources, canceled work engagements or nominal exposure have been under-resourced. For more, see: [https://www.gofundme.com/f/the-black-arts-fund?utm\\_source=customer&utm\\_campaign=p\\_cp+share-sheet&utm\\_medium=copy\\_link-tip](https://www.gofundme.com/f/the-black-arts-fund?utm_source=customer&utm_campaign=p_cp+share-sheet&utm_medium=copy_link-tip)  
<https://www.facebook.com/1049076247/videos/10220634542107352/>



**July 19 & 26: Clemmons Family Farm & Black Artists.** The Clemmons Family Farm, <http://www.clemmonsfamilyfarm.org>, in Charlotte VT is one of the largest African-American owned historic farms in Vermont today. The farm celebrates African American heritage and multiculturalism through arts, culture and science programs in a working landscape (currently closed due to COVID-19) and is one of the 22 landmark sites on the VT African American

Heritage Trail. They work with and support a network of 162 artists of African descent that live in VT. CVUUS will support one of 2 programs: relief grants for one or 2 of the artists hardest hit by COVID-19 (demonstrated need must be presented by artists); and/or paid opportunities for artists in the CFF collective to develop online COVID-19 arts engagements for African-Americans/people of African descent: the engagements will either be public health information (based on information and messages provided by the VT Agency of Health or by World Health Org) that are integrated into the artists' creative work-- or art-and-healing creative works designed to help Black Vermonters find physical, emotional, spiritual or social healing and wellness within the context of the stresses of the double pandemics of COVID and racism.



**August 2, 9, 16 & 23: NAACP Legal Defense Fund** is America's premier legal organization fighting for racial justice. Through litigation, advocacy, and public education, LDF seeks structural changes to expand democracy, eliminate disparities, and achieve racial justice in a society that fulfills the promise of equality for all Americans. LDF also defends the gains and protections won over the past 75 years of civil rights struggle and works to improve the quality and diversity of judicial and executive appointments. Founded in 1940 under the leadership of Thurgood Marshall,

who subsequently became the first African-American U.S. Supreme Court Justice, LDF was launched at a time when the nation's aspirations for equality and due process of law were stifled by widespread state-sponsored racial inequality. From that era to the present, LDF's mission has always been transformative: to achieve racial justice, equality, and an inclusive society.

### August 30 “5th Sunday” Donee: TBD

Please speak with anyone on Donation Ministry to suggest an organization you would like CVUUS to support: Allison Cutler (chair), Barbara Karle, Ashleigh Hickey, Chris Murphy, or Rev. Barnaby.

June's collection raised ~\$731 for **World Central Kitchen**.

**Rhubarb Drive By Pies (134 pies sold)** raised \$3000 with \$1000 of this shared with **HOPE**. Thanks!



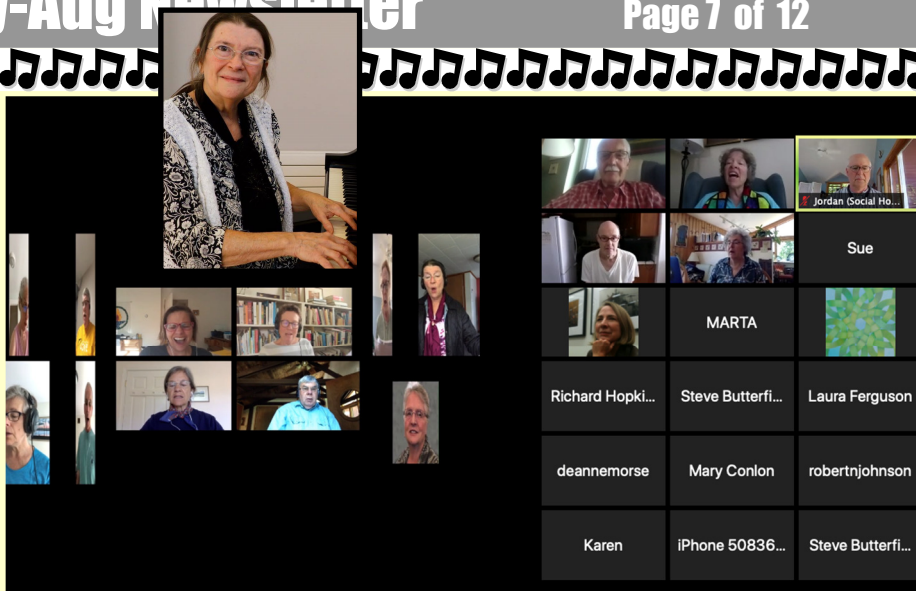
## Choir Notes

The choir is taking the month of July off, but expects to return to ZOOM choir "gatherings" in August. I have plans to teach some new music, especially music by composers who aren't male and white, but look for more diversity in musical choices. Mark Miller's music that was included in June 21's choir service is one of the kinds of service music I want to find for us at CVUUS.

**August would be a great time to start coming to check out the ZOOM Choir Small Ministry.** All are welcome, and no one hears you sing, which has its good and bad sides! Just write to Laura at the CVUUS office and ask to be put on the choir mailing list so you get the invites.

I just want to thank the congregation for following the Board's recommendation to keep me on, even in a reduced capacity. I will do my best to provide the choir with support, as well as helping support the Worship Ministry during this strange year of COVID.

Blessings, and love, Lucy Tenenbaum



## Have You Discovered CVUUS LIBRARY yet?

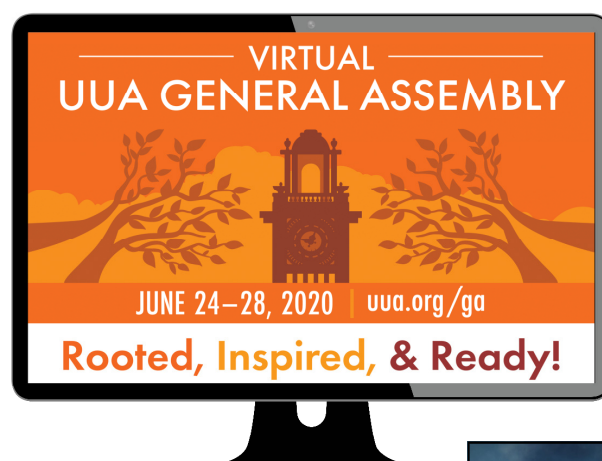


We offer a good **children's book collection** in Fenn House chapel and an **adult library collection** in the sanctuary meeting room and lower level Blue Room which is being outfitted with new shelves this summer. For information about our library and **to remotely browse our shelves and reserve books**, see CVUUS web site's library page under the Learning tab: <http://www.cvuus.org/learning/library/>. We can arrange for you to safely pick up and return items. Contact Artley Wolfson, [awolfson@middlebury.edu](mailto:awolfson@middlebury.edu), 989-7081.

If you're an **Amazon shopper**, click on <https://smile.amazon.com/ch/03-0312369>, to designate CVUUS as the beneficiary of donations from the Amazon Smile program. These gifts support our library.



## Are you Rooted, Inspired & Ready?



Review UUA General Assembly  
<https://www.uua.org/ga/off-site/2020>







## FROM THE BOARD Welcome to Ann Webster!



### Your CVUUS Board:

**Priscilla Bremser (President),**  
**Doug Richards (Vice President),**  
**Mary Hadley (Treasurer),**  
**Kas Singh (Clerk),**  
**Mark Spritzer (at-large)**  
**Kerri Duquette-Hoffman (at-large),**  
**Ann Webster (at-large, pictured above**  
**and replacing Bobbi pictured left).**

CVUUS Board looks forward to reflecting on its goals at a summer retreat at DAR State Park Pavilion on Sat July 18, 11 am—3 pm. It resumes meeting on the second Tuesday of the month at 6:30 pm in Sept.

## Roses to...



- ...**Gordon Gibson** for helping Mary Hadley and the Office review the 2020-21 staff contracts.
- ...**Rich and Artley Wolfson** for arranging for new library shelves in the Blue Room.
- ...**Bobbi Loney** for serving on the Board (see her love letter to us in last month's newsletter).
- ...**Margy Young** for connecting us with UUA General Assembly. See the *At the Water's Edge* worship service June 28 with Rev. Joan Javier-Duvall at <https://www.uua.org/ga/off-site/2020/sunday-worship>
- ...**Steve Butterfield, Chuck Miller** and others who assisted **Lucy Tenenbaum** and the **choir** in lifting their voices for our special choir favorites worship, dedicated to beloved choir member Roger Comstock who died June 16. And our **two Riches (Wolfson and Hopkins)** for streaming help.
- ...**Dale Birdsall, Elizabeth Golden** and **Mike Greenwood** for serving as our UUA GA delegates along with ubiquitous **Alan Moore** who keeps a careful eye on our safety and new kitchen.
- ...**Allison Cutler** for stepping in to lead Donation Ministry for Barbara Karle as she continues to serve on this team and assist in other ministries.
- ...**Bob House** for coordinating the repair of our Blue Room sliding doors and edging our sidewalk in preparation for resurfacing with **Scott Barkdoll's** help and **Colleen Brown** for reviewing elevator contracts.
- ...**Sue Rasmussen** for tending our gardens with **Dinah Smith** and **Sheila House**.
- ...**Ollie Cultrara** for heading hospitality this past year as they plan for transition toward new endeavors.
- ...**Tracey Harrington** and **Mary Hadley** for wrapping up the pledge drive so successfully, getting all data to Kris on time.







## SMALL GROUP MINISTRY PREMISE & ELEMENTS

**Premise:** To develop further at CVUUS, small group ministry needs to: **1)** Strive to include all congregants and friends in some way; **2)** Not be bound to traditional concepts of what constitutes small group ministry; **3)** Look and feel much more like a form of worship, drawing on Rev. Jacob Trapp's broad definition of what constitutes worship:

*To worship is to stand in awe under a heaven of stars, before a flower, a leaf in the sunlight, or a grain of sand.*

*To worship is to be silent, receptive, before a tree astir with the wind, or the passing shadow of a cloud.*

*To worship is to work with dedication and with skill; it is to pause from work and listen to a strain of music.*

*To worship is to sing with the singing beauty of the earth; it is to listen through a storm to the still small voice within.*

*Worship is a loneliness seeking communion; it is a thirsty land crying out for rain.*

*Worship is kindred fire within our hearts; it moves through deeds of kindness and through acts of love.*

*Worship is the mystery within us reaching out to the mystery beyond.*

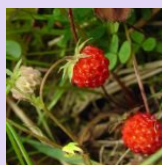
*It is an inarticulate silence yearning to speak; it is the window of the moment open to the sky of the eternal.*

**Elements of Worship adaptable to SGM:** Readings, chant \* Music (live or recorded, instrumental or singing); drumming \* Dance; other forms of movement; yoga \* Meditation; prayer; silence \* Testimonials, reflections, memoir \* Visual arts \* Rituals with food, including preparation, in nature, with natural elements, for milestones \* Journey and pilgrimage, hiking \* Sewing, weaving and other domestic arts \* Covenanting \* Benediction \* Expressions of Gratitude, Compassion or other explicit values. **See more at [cvuus.org/connection/small-group-ministry/](http://cvuus.org/connection/small-group-ministry/)**

*New Small Group Ministry begins!*

## Native Moons and Natural Mindfulness

This new small group ministry led by Liam and Mike Greenwood celebrates the Abenaki and Iroquois lunar cycle and uses *Braiding Sweetgrass* by Robin Hall Kimmerer to guide reflections and sharings. The idea is to have an outdoor event followed by enjoying related food and then an online discussion.



### Strawberry Moon, Sunday June 21

Philo means love. Strawberries are associated with generous love. What fruit or plant reminds you of love and why? **Hike:** Some took their own hikes

or walks at 3 pm or joined the Greenwoods for a hike up Mt. Philo in Charlotte, VT and gathered to share a bit of mindfulness with masks donned and keeping some safe distance between non-household members. When hiking they looked for signs of generosity and love. What plant or aspect of nature do you receive as a generous gift? How does that invite you into a relationship? **Eat:** After hiking, people were encouraged to return home to eat, enjoying strawberries in some fashion! **Reflect:** Later that night by zoom they shared responses to the natural mindfulness questions offered for the hike.

### Full Blueberry Moon Sunday, July 5

Go berry picking around 3 pm — invite friends to join you. What fruits and nuts remind you of home? *Braiding Sweetgrass*, The Council of Pecans, p. 11 and *Blueberries for Sal* or *Jamerry*. Things Happening in the Natural World: Finding fruit in nature and plants reseeding. Migrant workers leaving home to follow the harvest seasons. Enjoy sundaes then reflect online at 7 pm.



### New Haymaking Moon, Monday, July 20, TAM or farmland hiking on Sunday at 3 pm with Zoom reflection and sharing Monday at 7 pm.

How can we apply Science and Native Wisdom as we reflecting upon the Real World (Nature) or Commercial World? *Braiding SG*, The Teaching of Grass pg. 156, and *Mad Farmer Manifesto* by W. Berry. **See more at [cvuus.org/news](http://cvuus.org/news)**



## CVUUS COVID Building Use and Meetings Policy

Made by Safe Congregation Ministry on 6.24.20, in agreement with COVID Team

- 1) Anyone using CVUUS grounds or buildings **MUST: Get clearance and schedule ahead of time with Laura** DURING THESE HOURS: M-F 8-12 [office@cvuus.org](mailto:office@cvuus.org). In an emergency when Laura can't be reached, contact Rev. Barnaby 989-9303. Take pre-screening health survey before attending. Fill out "CVUUS COVID CHECKLIST and adhere to the safety policies therein.
- 2) **GROUP MEETINGS - 10 people maximum, are permitted IF:** there is a compelling reason for them to meet onsite in-person AND they make reasonable efforts to accommodate those who wish to attend virtually
- 3) Onsite public Sunday morning worship won't resume before January 1, 2021 at the earliest

## CVUUS COVID CHECKLIST

**BEFORE ENTERING BUILDING/ HAVING MEETING: TAKE THIS PRE-SCREENING HEALTH SURVEY. IF YOU ANSWER YES TO ANY OF THESE QUESTIONS, YOU MAY NOT ENTER CVUUS BUILDINGS OR MEET.**

In the past 14 days, have you had close contact with a person confirmed to have COVID-19?

Yes No

Today or in the past 24 hours have you had any of the following symptoms?

Cough	Yes	No
Shortness of Breath or Difficulty Breathing	Yes	No
Fever (above 100.4°F ) or felt feverish	Yes	No
Chills	Yes	No
Muscle Pain	Yes	No
Sore Throat	Yes	No
New loss of taste or smell	Yes	No

### AS SOON AS YOU ENTER BUILDING:

- take temperature if you haven't taken it before coming > **if over 100.4, YOU MAY NOT ENTER**
- use disinfectant wipes or spray to disinfect the doorknob behind you, the thermometer, and anything else you touch near the entry \* wash your hands for 20 seconds using soap & water at sink (or hand sanitizer) \* sign in on clipboard

### WHILE IN BUILDING:

- wear a face covering that covers your nose and mouth when in the presence of others
- stay at least 6 feet away from others not in your household
- use only the assigned meeting room and designated bathrooms
- when possible, open doors and windows to promote air flow to the greatest extent possible

### WHILE MEETING OUTSIDE:

- wear a face covering that covers your nose and mouth when in the presence of others
- stay at least 6 feet away from others not in your household
- use only the designated bathrooms \* we recommend bringing your own chair

### BEFORE YOU LEAVE BUILDING/GROUNDS:

- Close and lock any open windows; turn off overhead fans and lights as needed.
- use disinfectant wipes or spray on **ANYTHING YOU TOUCHED** while you were here: doorknobs, window latches, light switches, chairs, tables, toilet handles, faucets, counters, handrails, hand sanitizer, etc. **If you get COVID symptoms or a COVID diagnosis within 14 days of being at CVUUS, inside or outside, please let Laura know ASAP!**





## SUMMER BIRTHDAYS



Rory Timmons 7/2  
John Barstow 7/4  
Jean Terwilliger 7/4  
Asa Baker-Rouse 7/7  
Mary Hadley 7/15  
Laura Asermily 7/15  
Mazie Merrill 7/15

Gail Lyall 7/16  
Dottie Nelson 7/20  
Sue Rasmussen 7/24  
Abi Sessions 7/25  
Mary Conlon 7/27  
Viviana Hammond 7/28  
James Sanchez 7/30  
Paul Vaczy 7/31  
Dorothy Mammen 8/1  
Meredith Anderson 8/2  
Neil Chippendale 8/5  
Rosalie Cryan 8/5  
Joyce Ross 8/9  
Allison Cutler 8/12  
Julia Tarbell 8/14  
Jordan Young 8/14  
Judy (Sperry) Gibbs 8/14

Elaine Orozco-Hammond 8/15  
Kiki Singh 8/16  
Kimberly Waterman 8/16  
Callie Rees 8/17  
Colleen Smith 8/18  
Marty Kulczyk 8/19  
Heidi Sulis 8/24  
Richard O'Donohue 8/25  
Johanna Vaczy 8/25  
Valerie Lebensohn 8/25  
Theodora Porter 8/27  
Scott Smith 8/28  
Penny Stein 8/29  
Ian Singh 8/31  
Paul Stone 8/31  
Micah Stewart 8/31

**Online Giving Options** Submit a donation **by text** (dial 518255-8053) or **by code** to right or at <https://cvuus.breezechms.com/give/online> Enter the amount you want to give. It defaults to Gifts Non-pledge but remember you can use the drop down on the right of that field to choose another giving category. Thanks for all you give.



for online giving



## CVUUS Seasons of Life Fund

Our Seasons of Life Fund is a way to share your joy or concern with the CVUUS community. Members and friends can commemorate personal milestones and passages through financial gifts to CVUUS that provide extra money for us to fulfill our mission statement. The names of the donors and the occasions of the gifts are noted in our monthly newsletter. There is no minimum amount and the size of your donation will not be made public. Please consider the Seasons of Life Fund the next time you—or someone you know—want to honor a birthday, marriage, retirement, anniversary, death, or achievement of any sort.

**Planned Giving:** For help including CVUUS in your will or trust, contact **John Berninghausen** (349-7080 [berningh@middlebury.edu](mailto:berningh@middlebury.edu)).

## Pastoral Care

CVUUS is blessed with many wise and well-trained individuals providing support to members and friends in various kinds of distress.

**Laurie Borden, Jordan Young, Marjorie Carsen**



**Our Caring Network provides support, such as calls, visits, meals, and rides, to those in need.** We thank all the faithful folk who have participated in our efforts to support our members - providing lots of meals and myriad rides to doctor's offices, doing errands and paying visits.

We encourage the congregation to call on us. We have a network of willing helpers standing by that we can call or email on your behalf. Let us know if you'd like to join this network by contacting **Kathryn Schloff** ([kathrynschloff@gmail.com](mailto:kathrynschloff@gmail.com) or 352-4246).

Visit [www.uua.org](http://www.uua.org) to learn about the wider work of UUA and our affiliates.  
Visit [www.cvuus.org](http://www.cvuus.org) to explore our happenings and most current calendar.

## Champlain Valley Unitarian Universalist Society



2 Duane Court, Middlebury, VT 05753  
Located at Duane Court & Charles Avenue

FOR MORE INFORMATION:  
(802) 388-8080; [office@cvuus.org](mailto:office@cvuus.org)  
Office Hours: M–F, mornings  
Visit our web site at [www.cvuus.org](http://www.cvuus.org).

MINISTER  
Rev. Barnaby Feder  
388-8080 (office)  
989-9303 (cell)  
989-7197 (home)  
Email: [revbarnaby@cvuus.org](mailto:revbarnaby@cvuus.org)

### CVUUS Board of Trustees

Priscilla Bremser – President	Members At Large:
Doug Richards – Vice-President	Mark Spritzer
Mary Hadley – Treasurer	Kerri Duquette-Hoffman
Kas Singh – Clerk	Ann Webster

### CVUUS Leaders

Caring Network – Kathryn Schloff  
Council of Ministries – Jean Terwilliger, Lise Anderson  
Donation Ministry – Allison Cutler  
Facilities – Bob House  
Fellowship—Mike Greenwood  
Finance—Mary Hadley  
Green Sanctuary – Elizabeth Golden  
Hospitality – TBD  
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Pastoral Care – Laurie Borden, Jordan Young, Marjorie Carsen  
Religious Exploration Council – Tracey Harrington, Jess Rouse  
Small Group Ministry – Doug Richards  
Worship Team – Liam Battjes Greenwood

### CVUUS Staff

Accompanists – Kate Gridley and Chuck Miller  
Bookkeeper – Kris Butler ([fm@cvuus.org](mailto:fm@cvuus.org))  
Choir Director – Lucy Tenenbaum ([lucytunes@me.com](mailto:lucytunes@me.com))  
Dir. of Religious Exploration – Poppy Rees ([re@cvuus.org](mailto:re@cvuus.org))  
Nursery Head – TBD  
Office Manager – Laura Asermily ([office@cvuus.org](mailto:office@cvuus.org))  
Sexton— Keith Rickerby

***Stay Connected...Virtually!***  
Worship Services, 10 am  
Spirituality & the Arts

Champlain Valley Unitarian Universalist Society  
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Middlebury, VT 05753  
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