Spirituality and the Arts
Summer Worship Services
(Sundays at 10 AM)

July 1—Reconnecting with Buttercup—Francois S. Clemmons reflects on a lifetime of singing and resilience in the face of oppression through the lens of a wise and compassionate letter he's written to his young self.

July 8—ARTificial Intelligence - Rev. Barnaby reflects on the role of art in the spiritual life of the science-oriented crowd that came to Star Island at the end of June for a week-long conference on artificial intelligence.

July 15—The Angel in the Marble & the Animism of Ideas —Join Caitlin Gildrien in an exploration of writing and spirituality.

July 22—On the Breath of Song—A service about the practice of singing for the dying led by members of Hospice Volunteer Services and Wellspring.

July 29—Singing My Heart Out—Singer and CVUUS Director of Religious Exploration, Poppy Rees, shares her experience with singing as a path to deeper connection and joy. A very musical worship service which will include singing by Poppy, as well as all who come.

August 5—The Art of Facing It: Mindfulness Meditation in My Writing Life—Doug Wilhelm of Weybridge has published 15 novels for young readers, including The Revealers, which has been read and discussed by over 1,000 middle schools. He’s surprised, actually, to realize that his fiction relates right back to his experience in 1975 in India with S.N. Goenka -- the man who brought mindfulness meditation out of Burmese monasteries.

August 12—Arts as Healing—Silas Conlon and Ann Webster invite congregants to share their experiences.

August 19—Ritual, Play and Performance—Middlebury Actors Workshop Artistic Director, Melissa Lourie will lead a service on the inherent spirituality in theatre practice. She will reflect on her work as the director of her company’s recent production of Lucas Hnath’s The Christians. The gospel choir that was an integral part of the production will make an encore appearance.

August 26—Spirituality & Theater: Some UU's --Rev. Barnaby leads an exploration of some of the great theater, both tragic and comic, embedded in UU history.
Words from Rev. Barnaby:

I'm currently basking in the after-glow of my mother's memorial service on June 16. My family is so grateful for the help of all of you who pitched in to make it a heart-warming gathering. And we appreciate that so many of you were able to be there with us to hear about her life, her art, her feminism, and her passion for justice.

Many of you especially liked the excerpts I shared from her sermon in 2005 on becoming an elder, which she called “the last chapter” of her life. Here are two bits of her advice: try not to ask “How are you?” (Mom: “In response I have to lie or relate a litany of woes you do not want to hear and I do not want to relate.”); smile at your elders and elder strangers, or wave or say hello when passing by on the street, and teach children to do the same. (Mom: “..when you are older, it is depressing to have people on the sidewalks, in line, everywhere look right through you as if you didn't exist.”).

Mom preached that elders do not need strategies for fighting to live longer as if old age was a battle that could be won. Instead, she said, they crave “the recognition, expressed in countless different ways, that they are still the same individuals they were before they got old.”

One thing I didn't share was a post-sermon note acknowledging that her text made no mention of spirituality. She said that was deliberate because she felt she had figured out her “relationship to the universe” and the meaning of life, particularly her life, before reaching “the last chapter.” She hoped others had too. She mused that was probably the topic for another service titled “When Did You Wake UP?”

I love how “UP” she was about this question. To be spiritually awake is a kind of heaven. May you have an “UP!” summer, whether or not we see you at CVUUS.....

Blessed be, Rev. Barnaby

Openings for Deeper Connections

"The highest priority is that people of all ages are opened to deeper connections with themselves, others, and the spirit of life.”

(CVUUS Purpose Statement)

**CVUUS Council of Ministries** is composed of some CVUUS committee chairs and others. Its focus is on communications and connections within the congregation and between the congregation and minister, and it serves as a supportive and creative sounding board. We leave each meeting filled with gratitude. We meet 2nd Sunday of each month 3:30-5:30 pm in Fenn. Contact Margy Young.

**Flower Co-op** The Flower Co-op shares flowers and seasonal pieces each Sunday as a spiritual practice and to support your worship experience. We love to do this, and we could use your help. There are several possibilities. You could create the entire bouquet. Or you could let someone visit your garden for discrete flower and shrub branch cutting. Contact our co-chairs: Marnie Wood & Dinah Smith.

**Hospitality** The after service coffee hour needs helping hands! Some of the jobs are: preparing coffee and tea water urns, setting out sweeteners, napkins, cups, silverware, and composting bin, filling dishes with coffee cakes and other offerings people bring in, circulating with the sign-up clipboard to find bakers for future weeks, and cleaning up afterwards. If you’d like to lend your helping hands just show up twenty minutes early to church or stick around afterwards to help clean up. You will get thanked by the smiles of those who appreciates this wonderful service, which is everyone!

**Ushers** Ushers are essential to making CVUUS an inviting and welcoming place. They distribute hymnals and orders of service, collect the offering, and do an attendance count. They arrive at 9:30. You may volunteer to usher a little or a lot, whatever best suits your schedule. Contact Mike Greenwood.

**Religious Exploration (RE) Council** supports RE Director Poppy Rees’ planning and implementation of programs and recruitment of teachers and assistants. Help with fall RE leaders/assistants orientation brunch, the Christmas Pageant, and May RE Appreciation. Rotate greeting and directing families at start of worship. Contact Tracey Harrington.
The Five Questions: Adult Religious Education

Next fall, Rev. Barnaby will be teaching an adult religious education class called The Five Questions online to incarcerated UU’s through the UU Church of the Larger Fellowship. The five questions are:

- What does it mean to be human?
- How do I know what I know?
- Who or what is in charge?
- What is my purpose in life?
- What is the meaning of death?

Rev. Barnaby is teaching a face-to-face version of the class this summer to figure out how to adapt it to make it work well for people in prison. The first class met in June and the next ones will meet the following Monday evenings from 7-9 pm in the Fenn House Chapel: July 9, 23, and 30; Aug. 13 and 27. You do not have to attend every class, but there is roughly one hour of homework to be done in advance of each so please let Rev. Barnaby know if you want to come so that he can get the assignments to you. The question for July 9 is “How do I know what I know?” (and its close relative, “How do I know what is true?”)

A Great Tradition, Rain or Shine --

Annual Picnic & Worship
Sunday Sept. 2, 11 AM
Stonewood Farm, Orwell

Are We Having Fun Yet? -- Paul and Frances Stone recall the hardest work they ever did and Rev. Barnaby explores what makes work fun as we gather for worship at 11 am at their farm. Weather permitting, Matilda the goat will be given another chance to eat the order of service as part of our call to worship.

The service is followed by a potluck meal, tours of the farm, music, and other fun activities for the entire family. To keep it simple, we ask everyone to bring their own plates, cups, and utensils if possible, as well as something to sit on under the tent. We’ll provide for those who may have trouble helping out in this way, and carpooling for those who need rides.

Watch our website and weekly emails for more information! Meanwhile, make plans to be there and tell all you CVUUS friends they won’t want to miss it either. Please contact Rev. Barnaby or the Stones if you have ideas.

Directions: From Middlebury, Rt. 30 south about 15 miles, Right on Rt. 73 west toward Orwell, proceed 2.5 miles to state travel sign “Stonewood Farm,” right on Griswold Lane, a dirt road one mile to farm. Look for Turkeys! Call Paul 770-9270 or Frances 989-1479.

Who do I talk to about my Annual Pledge?

Inquiries regarding your Pledge go to our bookkeeper Heather Seeley who is in the office on Mondays. Call 388-8080 when she’s in or email fm@cvuus.org to contact her anytime. Thank you so much for your pledges.

Rev. Barnaby will be away from Middlebury from July 10-18 and Aug. 1-8.
SUMMER RE PROGRAM for Children and Youth

SUBJECT TO CHANGE: check weekly email blast

Kids start in service, then leave for special all-age activity

JULY 1: ROCKETS with Gerry Loney and Laurie Borden, Priscilla Bremser, Donna LaRose – DRE Sub is Natali West
JULY 8: GLASS MAGNETS with Amy Mason and TBD – DRE Sub is Kas Singh
JULY 15: TIE-DYE with Shannon LaRose and Jess Rouse – DRE Sub is Brett Millier
JULY 22: WHIFFLE BALL with JP Rees and Jay Harrington. DRE Sub is Tracey Harrington
JULY 29: ORIGAMI with Mark Spritzer and Martha Alexander – DRE Sub is Natali West
AUG 5: TBD with Will Porter and Martha Alexander – DRE Sub is Tracey Harrington
AUG 12: GAMES & STORIES with Kas Singh and Natali West – DRE Sub is Heidi Sulis
AUG 19: WORDS COME ALIVE: Comedy Sketch with UU History with Rev. Barnaby and TBD – DRE Sub is Marth Alexander
AUG 26: SONGS & FUN with Paul Seward and Priscilla Bremser – DRE Sub is Brett Millier
SEPT 2: ** no RE ** ANNUAL PICNIC and WORSHIP SERVICE – Paul & Frances Stone’s Farm
SEPT 9: MULTI-GEN Ingathering/Water Communion

RE LEADER & ASSISTANT ORIENTATION LUNCH 11:45-1:45 Fenn Chapel. RE starts Sept 16.

RE Council runs the Summer RE program. Natali West (spritzerwest@yahoo.com) and Tracey Harrington (4.mt.mice@gmail.com) are the people to contact with any questions, even if you see Poppy at church. Thanks so much to all who are helping with Summer RE!

What UU do at home matters! Kids are at church and RE for such a short time. Yes, we matter hopefully, but YOU matter much, much more. This summer, see if you can find some ways to parent/grandparent/mentor/love in a way that supports UU values and beliefs! To help, here are some cool online family resources! Check them out! – Love, Poppy

UU Parenting - Pinterest Activities, book lists, traditions, quotes, link for all ages from Michelle Richards. I have one too > Poppy's UU Pinterest board
Growing Young Justice-Makers Resources and ideas to help parents and religious professionals engage children in living UU values through social justice
Call and Response blog - to dialogue and reflection on UU faith development, can subscribe to newsletter, by UUA Faith Development Office
Parents as Spiritual Guides 6-week UUA curriculum to support ideas for behaviors and rituals at home
UU Parenting Facebook group Facebook group
Family Quest YouTube channel - many videos, part of the Church of the Larger Fellowship (online international UU congregation), to help families think and talk about spirituality
UU A World Family pages pull-out section of UU World magazine, stories, activities, parent reflections
Parent Further website - resources for families, with research, articles, webinars, and more, not UU-specific
Rhubarb Festival Help Roses to…

Rhubarbians have a saying that the festival is about fun, fellowship, and of course, rhubarb! This year the festival raised over $4000 to be shared with HOPE and meeting our 2018 budget requirements. Great big rhubarb stalks of love to everyone who helped and participated before, during, and after this year’s festival including….

...Top Stock Emerita Ann Ross for “grand dame” leadership.
...2018 Pies, Sweets and Savories coordinator and "Queen Bee" Brett Millier along with Michele Lowy in a key support and baking role along with all the folks who donated time, energy, and laughs for the pie bees and provided items to sell baked at home as well as Marnie Wood and those who sold during the event.
...Top Stalk Mary Hadley and faithful right hand woman Sheila House for coordinating various volunteers and moving pieces.
...Café leaders Julie and Neil Chippendale for wonderful efforts with salad and sandwiches prep & serving.
...Senior High Youth Group members for setup, serving and cleanup (Heidi, Gail, Donna, Journey, Wren) along with Sheila and Bob House, Ted Scheu
...Bling shined again with Pat Schmitter, and other honorary Bling sisters (including B Porter and Sophie Mason) along with MaryAnn Deverell and others involved with prep.
....Communicators Nancy Wright, Sheila House, and Laura Asermily.
...Plants were expertly staffed by Martha Soderberg, Barbara Drapelick, and Dinah Smith.
...Cashiers and anything else requested: Ann Webster, Amy Mason, Allison Cutler, Mary Conlon, Will and Thea Porter
...Face painting was a hit again thanks to Sharon and Wren House.

My apologies for anyone I’ve missed to mention. Thanks to all who donated time, goods, tables, rhubarb, etc. and for everyone who came out for rhubarb fun! And to Susan Humphrey and Marnie Wood for photos of the day. Mary Hadley, RF 2018
Social Action Updates

Summer “Share the Plate” Donees

Addison County Transit Resources (ACTR)—July

ACTR was established in 1992 to create a network of community transportation alternatives that connect the people and places in Addison County. We provide services that are safe, reliable, accessible and affordable for everyone. ACTR is a division of Tri-Valley Transit, a 501(c)(3) non-profit organization. ACTR relies upon the generous support of individuals, businesses, towns and philanthropic organizations to provide the local match required to draw down these grants. Every $1 donated to ACTR, unlocks $4 of federal money. ACTR operates two parallel and complementary transportation systems:  
1) The Dial-a-Ride System takes elders and persons with disabilities, Medicaid-eligible residents and many other vulnerable populations to medical services, work, grocery stores and meal sites.  
2) The ACTR Bus System is made up of six different bus routes including connections to Rutland and Burlington. For more, visit actr-vt.org.

Rock the Vote—August

Rock the Vote is a nonpartisan nonprofit dedicated to building the political power of young people through pop culture, music, art, and technology. For over 25 years, Rock the Vote has been providing easy to use voter registration and supplies important election information throughout the United States. For more visit, rockthevote.org.

Please speak with anyone on Donation Ministry to suggest an organization you would like CVUUS to support: Jason Duquette-Hoffman (chair), Parker (Monty) Montgomery, Ashleigh Hickey, Barbara Karle, Chris Murphy, or Rev. Barnaby. June’s collection raised $775 for NOFA-VT Farm Share. Thank you for your generosity!

Kids for Kids made seed bombs to sell at Rhubarb Festival and collected $99! They met and made suggestions about where to send the money. We changed what they collected to one dollar bills and everyone had an equal share to distribute to non-profits: Heifer International, UVM Children's Hospital, Women-Safe, John Graham Shelter, UUSC to support refugees, Quarry Hill School, Homeward Bound, HOPE, and UCSF Helen Diller Family Comprehensive Cancer Center. All of these ideas came from the kids. Then we wrote supportive postcards in a "love brigade" to send to Our Children's Trust in Eugene, Oregon. This organization is suing the U.S. government to get constitutional protection of the environment on behalf of children. (See page 8 in UU World's summer edition.) We finished the year with frozen fruit bars! Thanks Martha and Kas! We missed you, Sydney! And thanks to all of the helpers throughout the year! We are very happy that Jess Danyow has said yes to heading Kids for Kids next year!!

Visit cvuus.org/justice for the many ways that CVUUS advances justice through action and monthly donations and cvuus.org/news for latest news.
FROM THE BOARD  Highlights from June 12 meeting

* We reviewed the outcome of the church’s annual meeting. It was generally agreed that the meeting went quite smoothly, particularly with regard to getting the budget reviewed and approved. There was also an overall positive and congratulatory tone for the meeting, which we should try to maintain in future years.

* There was a general review of what should be addressed for the Board retreat July 28. We will focus on revising the expectations for the minister’s reports as well as the church mission statement.

* Two monitoring reports from Barnaby were reviewed and discussed: Section 2.1 Treatment of Congregants and Section 2.2 Treatment of Staff. Discussion focused on Section 2.1 focused around maintaining church security as well as ensuring accessibility. Discussion of Section 2.2 revealed a need for an improved staff evaluation process, which will hopefully involve a Personnel Committee.

FROM THE GROUND FLOOR TEAM  Construction Begins in September!

Funds for Kitchen and A/V Still Needed

The congregation voted unanimously at its annual meeting on June 3rd to proceed to construction in September for the Ground Floor Project. This is the result of much good work over the past several years. THANK YOU for the many gifts of vision, time, energy, and funds that have made this possible. Thank you also for the questions and skepticisms that have made the project better.

The kitchen still needs our help. The project that will start in September has enough in the budget to build all the physical, plumbing, and electrical infrastructure for a kitchen, but not enough for equipment (stove, oven, refrigerator, dishwasher, etc.), cabinets, counters, and sinks. We have received $18,000 as a challenge match to the congregation to raise the $36,000 necessary to finish off the kitchen. Labor and expertise have been volunteered for build out and installation.

If more than $36,000 is raised or if less is needed for the kitchen, then we will set it aside until we have enough to purchase audio/visual equipment (estimated at $32,000) for the Ground Floor, which is also not currently in the budget for the project.

If you are interested in contributing to help raise these funds, please fill out a gift form, which is available here: http://www.cvuus.org/wp-content/uploads/2018/06/Pledge-Form-OWLL-final-push-final.pdf. As always, gifts of all shapes and sizes are welcomed. They can be new or one-time gifts, increases to previously pledged amounts, or extensions of current pledges (for a fourth year, for example). For more information about the kitchen, please contact Kate Gridley (kmgridley@gmail.com) or Alan Moore (alanmoore1947@gmail.com). For more information about the project generally, see our website at http://www.cvuus.org/connection/ground-floor/ or contact Steve Maier (sbmaier55@gmail.com) or 802-238-6699.

Have You Discovered CVUUS LIBRARY yet?

Our church library has two mini "branches"—the children’s collection in Fenn House chapel and the adult collection in the sanctuary meeting room—plus a library area on the ground floor. These collections feature materials on a wide range of UU-themed topics, including books published by UUA’s own Skinner House and Beacon Press, and books by UU authors. CVUUS Library resources are available for all CVUUSers to use. CVUUS Library Links! Library catalog. Search our catalog online! Library wish list. Book donations welcome. Library web page. More about our library. Support local stores but if you’re also an Amazon shopper, consider shopping via this Amazon Smile link to benefit CVUUS Library.

Need Help? If you have questions, suggestions, need help locating a book, or would like to volunteer, contact Artley Wolfson (awolfson@middlebury.edu, 989-7081).

Your summer reading options abound!
Fall Auction or Radical Love Giveaway Party?

Which kind of gathering to build fellowship and raise funds would you prefer for early November at CVUUS? An evening where everyone is invited to bid on donated items, services, and fellowship opportunities like unusual meals in peoples’ homes or group outings? Or an all-ages after-church event like we invented last year to give away such donations in random drawings by our children. With this approach, how much money you have is generally irrelevant, no matter how much you want what is being offered.

In the Giveaway Party case, we raised funds to replace the auction portion of our budget by asking everyone to give a donation equivalent to four percent of their annual pledge, whether or not they came to the Party. We learned a lot last year about what to do but no decision was made to do it again.

So,...now comes the big question: who wants to lead the organization and coordination of one or the other of these events? Contact Rev. Barnaby asap. The sooner we start planning, the more fun we can bake into the experience.

Green Sanctuary Ministry Holds Congregational Conversation

The Green Sanctuary Ministry held a Congregational Conversation on Sunday, June 17. After a brief review of our work to date, participants suggested and discussed a variety of great ideas for how our ministry could move forward.

We are planning a communitywide accreditation celebration, continuing our outreach to the CVUUS community and larger community, and researching a number of exciting, new, environmental justice projects. To make this possible, we are seeking volunteers to serve on the committee, and/or lead particular projects. Contact Elizabeth Golden at elizabeth-golden@shoreham.net or 802-598-2388 if you would like to get involved.

A bouquet of roses to:

...David Durgin for leveling the sidewalk.

...Lucy Tenenbaum for leading our wonderful Choir Favorites worship. Listen to her reflection “We’re all in this Together” under past worship services at cvuus.org.

...Jess Danyow for agreeing to lead Kids for Kids and Bobbi Loney for her devotion to Kids for Kids.

...Elizabeth Golden for leading our Green Sanctuary conversation and efforts.

...All who contributed special flowers, music and RE for June.

Ann Brousseau and Ann Ross were celebrated at the party at Tourterelle that celebrated the 50th anniversary of the United Way of Addison County last month. They were the founders and first directors of the United Way here in Addison County.
Summer Choir Notes
Greetings dear CVUUS folks. The choir is taking a well-earned rest for the summer, and will return with great music to share with you in the fall. I will be going to Portland, Oregon for the Unitarian Universalist Musician’s Network conference. So, be assured, there will be newly composed music and exciting ideas of presentation coming your way. After a summer of rest, relaxation, and Spirituality in the Arts, the choir will return after Labor Day. I can hardly wait! Blessings. Lucy

Summer Greetings from Membership Ministry
The worship planning for Spirituality and the Arts this summer provides added inspiration and learning, along with the comfort and joy of gathering together. You may connect some topics of these services with the interests of non-UU friends, who could appreciate an invitation to share a Sunday morning here with you.

As fall approaches, plans for the next "New UU" classes (for potential members and others with interest) will be available. This is another good way to connect with folks in our community.

Truly welcoming each other, and being welcomed-- Thank you, greeters, ushers, and hospitality teams!-- is part of what we treasure about our congregation, as well as the spiritual practice of Hospitality, which is an excellent way to express our values. In these very troubling, and heart-breaking, times in our nation, we can consider that our affirmation of "the inherent worth and dignity of every person," and "justice, equity and compassion in human relations" leads us to act, every day, as we are able, to express these values, in opposition to cruelty and injustice. We START with one another, and with whomever enters our doors.

Warm blessings, and safe journeys,
Marjorie Carsen, for Membership Ministry

FILLED WITH THE SOUND OF MUSIC & CELEBRATION OF LIFE!
Thanks to all who agreed to help with these upcoming events in our sanctuary.
Gatekeepers are in italics.

...MCMC Middlebury Chamber Music Festival String Quartet Concerts. Sat. June 30, and Sun, July 1, 7 pm, Sanctuary. Carol Harden, Pam Berenbaum

...Judith Lashof Celebration of Life, Sat July 22, Sanctuary. Need someone.

...Flamenco Classic Guitarist (Shelden), Fri Aug 17, 8 pm, Sanctuary, need 2 people.

...Tom Moser Celebration of Life, Sat Aug 18, 10 am, need someone.

...Point Counterpoint Chamber Faculty Performance, Fri. Aug. 31, 7:30 pm, Sanctuary. Need 2 people.

...Green Mountain Club Long Trail Hike Talk: Mike De Bonis. Rescheduled to Thur. Oct 18, 7 pm, Sanctuary. Alan Moore, Allison Cutler

...AND ROAD CONSTRUCTION!
Charles Ave Reconstruction Project continues to end of August and includes new water main, a small section of sanitary sewer, new storm sewer, new sidewalk, curbing on the high school side, a paved street and new lighting. It’s recommended to use Cross St to access CVUUS and the high school parking lot.
CVUUS Sangha & Meditation

We meet every Sunday evening at the CVUUS Fenn House at 7 PM. We sit silently for 20 minutes, walk in silence for 15 minutes, sit in silence for 15 minutes more, and then have a brief conversation about our meditation practices or discuss questions for the final 10 minutes.

All are welcome, regardless of level of experience (or lack of experience) with meditation and regardless of faith tradition. If you have any questions, call Colleen at 989-9974 or Van at 388-2142. The CVUUS webpage has good information also.

Donate items to Neat Repeats, Buy Again Alley, HOPE and WomenSafe!

Drop off used clothing to Neat Repeats and give them account #108 or Buy Again and give them #504. Look for HOPE shopping cart to donate food. Prefer smaller sizes to jumbo ones. See Mary Ann Deverell with questions. Also look for the WomenSafe heart-wrapped box in our sanctuary lobby near the welcome table. Always in need of self-care items! See Dottie Nelson with questions. Thanks!

Writers’ Group CVUUS Writers’ Group meets third Monday of the month. It doesn’t meet over the summer. Next one is Sept. 17, 3 PM, in the Fenn House chapel. All welcome. Bring something to read (with a few copies): fiction, nonfiction, poems. Questions? Contact Nancy Wright (nancymeanswright@gmail.com).

Night Sky Wonders for July

Wow. Four beautiful planets in our evening sky this July. And Mars is coming the closest to Earth since 2003. Then, to top it off, planet Earth reaches aphelion on the 6th of July (the point in our orbit where Earth is furthest from the Sun). What a month for astronomy.

Our Moon will visit all four evening planets in July, making them easy to spot. On July 15th the Moon will snuggle up to Venus 45 minutes after sunset. Look low in the west. On the 20th the Moon will visit Jupiter low in the southwest, then come close to Saturn on the 24th. On the 26th - 27th the Moon will be just above Mars low in the southeast.

The “star” of the evening sky (pun intended) will be Mars which reaches “opposition” on the night of the 26th - 27th (with the Moon above it). Then on the night of the 30th - 31st, the Earth will be closest to Mars since 2003. A reasonably sized telescope should reveal the disk of the planet and some major surface features. Mars will be only 36 million miles away at that point.

Here’s wishing you (and me) clear skies. If you have astronomy questions, or would like to visit the observatory, drop me an e-mail at astromanvt@gmavt.net

Thank you Flower Co-op for the beauty you create in and around our sanctuary
CVUUS Seasons of Life Fund

Our Seasons of Life Fund is a way to share your joy or concern with the CVUUS community. Members and friends can commemorate personal milestones and passages through financial gifts to CVUUS that provide extra money for us to fulfill our mission statement. The names of the donors and the occasions of the gifts are noted in our monthly newsletter. There is no minimum amount and the size of your donation will not be made public. Please consider the Seasons of Life Fund the next time you—or someone you know—want to honor a birthday, marriage, retirement, anniversary, death, or achievement of any sort. Thanks to Fran Tompakov of San Mateo, Calif., for a gift to our capital campaign in memory of Michal Feder.

Planned Giving: For help remembering us in your will or trust, contact John Berninghausen at 349-7080 berningh@middlebury.edu.

Pastoral Care

CVUUS is blessed with many wise and well-trained individuals providing support to members and friends in various kinds of distress. Sue Grigg, Laurie Borden and Marjorie Carsen lead our team. See Directory for contact info.

Our Caring Network provides support, such as calls, visits, meals, and rides, to those in need. We thank all the faithful folk who have participated in our efforts to support our members - providing lots of meals and myriad rides to doctor's offices, doing errands and paying visits. We encourage the congregation to call on us. We have an extensive network of willing helpers standing by that we can call or email on your behalf. You can also let us know if you’d like to join this network. Contact Ginny Moser (tvmoser117@gmail.com or 802-989-7586.)

Visit www.uua.org to learn about the wider work of UUA and our affiliates. Visit www.cvuus.org to explore our happenings and most current calendar.
Champlain Valley Unitarian Universalists

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FOR MORE INFORMATION:
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CVUUS Board of Trustees
Mike Greenwood – Co-President
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Pastoral Care — Sue Grigg and Laurie Borden
Religious Exploration Council – Tracey Harrington, Jess Rouse
Right Relations—John Barstow, Anne Christie, Joanna Colwell
Small Group Ministry — Doug Richards
Worship – Ann Webster

Staff
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Choir Director – Lucy Tenenbaum (lucytunes@me.com)
Dir of Religious Exploration – Poppy Rees (re@cvuus.org)
Nursery Care Provider: Jackie Derse
Office Manager– Laura Asermily (office@cvuus.org)
Sexton—Keith Rickerby